

Sample Activity Calendar

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
		1 9:00 am: Tai Chi 10:00 am: Past & Present – World Events 11:00 am: MyLeisure Care Training Session 1:00 pm: Mahjong 2:00 pm: New Release – Top Gun 4:00 pm: Gin & Rummy Happy Hour 7:00 pm: Game Night – Music Trivia	2 8:00 am: Early Risers Walking Club 9:00 am: Lattes & Laughs – Laugh Yoga 10:00 am: Bible Study 11:00 am: Out on the Town – Lunch 1:00 pm: Music Therapy 3:00 pm: LC Arts – Corks & Canvas 4:00 pm: Wine Down Wednesday with the GM 6:00 pm: Dessert Demonstration: Baked Alaska	3 9:00 am: Sit & Be Fit 10:00 am: Shopping Trip 11:00 am: Tech Support 1:00 pm: Virtual World Traveler – Brazil 2:00 pm: Throwback Thursday Movie: Forest Gump 4:00 pm: Bingo and Beer 7:00 pm: Broadway at Home: Newsies	4 8:00 am: Birdwatchers Club 9:00 am: Pilates 10:00 am: Bowling League (Wii) 11:00 am: Book Club Meeting 1:00 pm: Language Learning (Spanish) 2:00 pm: Community Choir Practice 3:00 pm: Bridge 5:00 pm: Friyay – French Fry testing & Dinner	5 8:00 am: Early Risers Walking Club 9:00 am: Transportation to Temple Available 11:00 am: TED Talk 1:00 pm: Craft Connection – Knit & Crochet 2:00 pm: Dominoes 4:30 pm: Early Birds Dinner 6:00 pm: New Release Replay: Top Gun
6 9:00 am: Transportation to Church Services Available 11:00 am: Craft Connection – Quilting & Needlework 1:00 pm: Pinochle 2:00 pm: Sports & Snacks 6:00 pm: Throwback Movie Replay – Forest Gump	7 8:00 am: Smooth Starts – Smoothies 9:00 am: Strength Training 10:00 am: Great Minds Lecture Series 11:00 am: Heart to Heart – Grief Discussion 1:00 pm: Crime Time – Mystery Lovers Club 2:00 pm: Big Time Bingo 4:00 pm: Mocktail Monday 8:00 pm: Night Owls: Reality TV Watch Party	8 9:00 am: Yoga 10:00 am: Past & Present – Transportation 11:00 am: MyLeisure Care Training Session 1:00 pm: Mahjong 2:00 pm: New Release – Emma 4:00 pm: Raising Spirits Happy Hour 7:00 pm: Game Night – Team Jeopardy	9 8:00 am: Early Risers Walking Club 9:00 am: Lattes & Laughs – Jokes of the Month 10:00 am: Bible Study 11:00 am: Out on the Town – Lunch 1:00 pm: Aromatherapy 2:00 pm: LC Arts – Watercolor Still Life 6:00 pm: Dessert Demonstration: Baked Alaska	10 9:00 am: Sit & Be Fit 10:00 am: Shopping Trip 10:00 am: Travel by Leisure Care – Botanical Gardens 11:00 am: Tech Support 1:00 pm: Virtual World Traveler – Mt. Rushmore 2:00 pm: Throwback Thursday Movie: Back to the Future 4:00 pm: Bingo and Beer 6:00 pm: Thursday Night Football	11 9:00 am: Boxing 10:00 am: Cornhole League 11:00 am: Garden Club Meeting 1:00 pm: Language Learning (Spanish) 2:00 pm: Cooking Class – Crepes 3:00 pm: Bridge 5:00 pm: Family Dinner & Live Music	12 8:00 am: Early Risers Walking Club 9:00 am: Transportation to Temple Available 11:00 am: TED Talk 1:00 pm: Craft Connection – Knit & Crochet 2:00 pm: Dominoes 4:30 pm: Early Birds Dinner 6:00 pm: New Release Replay: Emma
13 9:00 am: Transportation to Church Services Available 11:00 am: Craft Connection – Quilting & Needlework 2:00 pm: Ice Cream Social 3:30 pm: Pinochle 6:00 pm: Throwback Movie Replay – Back to the Future	14 8:00 am: Smooth Starts – Smoothies 9:00 am: Strength Training 10:00 am: Philanthropy Club Meeting 11:00 am: Heart to Heart – Depression/Anxiety Support 1:00 pm: Musical Performance – Middle School Choir 2:00 pm: Big Time Bingo 3:00 pm: Just Another Mani Monday – Manicures with Mary 4:00 pm: Mocktail Monday 8:00 pm: Night Owls: Reality TV Watch Party	15 9:00 am: Tai Chi 10:00 am: Past & Present – Communication 11:00 am: Take Me Out to the Ballgame 1:00 pm: Mahjong 2:00 pm: New Release – Death on the Nile 4:00 pm: Gin & Rummy Happy Hour 7:00 pm: Game Night – Movie Trivia	16 8:00 am: Early Risers Walking Club 9:00 am: Lattes & Laughs – Hilarious Internet Animals 10:00 am: Bible Study 11:00 am: Out on the Town – Lunch 1:00 pm: Pet Therapy 2:00 pm: LC Arts – Watercolor Still Life 2 4:00 pm: Wine Down Wednesday with the GM	17 9:00 am: Sit & Be Fit 10:00 am: Shopping Trip 11:00 am: Tech Support 1:00 pm: Virtual World Traveler – Paris 2:00 pm: Throwback Thursday Movie: Rear Window 4:00 pm: Bingo and Beer 7:00 pm: Broadway at Home: Into the Woods	18 8:00 am: Birdwatchers Club 9:00 am: Pilates 10:00 am: Bowling League (Wii) 11:00 am: Book Club Meeting 1:00 pm: Language Learning (Spanish) 2:00 pm: Community Choir Practice 3:00 pm: Bridge 5:00 pm: BYO Dinner – Build Your Own... Baked Potato	19 8:00 am: Early Risers Walking Club 9:00 am: Transportation to Temple Available 11:00 am: TED Talk 1:00 pm: Craft Connection – Knit & Crochet 2:00 pm: Dominoes 4:30 pm: Early Birds Dinner 6:00 pm: New Release Replay: Death on the Nile
20 9:00 am: Transportation to Church Services Available 11:00 am: Craft Connection – Quilting & Needlework 1:00 pm: Pinochle 2:00 pm: Sports & Snacks 6:00 pm: Throwback Movie Replay – Rear Window	21 8:00 am: Smooth Starts – Smoothies 9:00 am: Strength Training 10:00 am: Visiting Physicians Blood Pressure Clinic 11:00 am: Heart to Heart – Coping with Change 1:00 pm: Crafting Club – Beaded Jewelry 2:00 pm: Big Time Bingo 4:00 pm: Mocktail Monday 8:00 pm: Night Owls: Reality TV Watch Party	22 9:00 am: Yoga 10:00 am: Past & Present – Sports 11:00 am: Take Me Out to the Ballgame 1:00 pm: Mahjong 2:00 pm: New Release – Jungle Cruise 4:00 pm: Raising Spirits Happy Hour 7:00 pm: Game Night – Scattergories	23 8:00 am: Early Risers Walking Club 9:00 am: Lattes & Laughs – Laugh Yoga 10:00 am: Bible Study 11:00 am: Art Museum Trip & Lunch 1:00 pm: Music Therapy 3:00 pm: LC Arts – Watercolor Still Life 3 6:00 pm: Dessert Demonstration: Apple Pie Bites	24 8:00 am: Monthly Men's Breakfast 9:00 am: Sit & Be Fit 10:00 am: Shopping Trip 11:00 am: Tech Support 1:00 pm: Virtual World Traveler – Yosemite 2:00 pm: Throwback Thursday Movie: Citizen Kane 4:00 pm: Bingo and Beer	25 9:00 am: Boxing 10:00 am: Cornhole League 11:00 am: Garden Club Meeting 1:00 pm: Language Learning (Spanish) 2:00 pm: Monthly Birthday Celebration 3:00 pm: Bridge 6:00 pm: Puzzles Galore	26 8:00 am: Early Risers Walking Club 9:00 am: Transportation to Temple Available 11:00 am: TED Talk 1:00 pm: Craft Connection – Knit & Crochet 2:00 pm: Dominoes 4:30 pm: Early Birds Dinner 6:00 pm: New Release Replay: Jungle Cruise
27 9:00 am: Transportation to Church Services Available 11:00 am: Craft Connection – Quilting & Needlework 2:00 pm: Ice Cream Social 3:30 pm: Pinochle 6:00 pm: Throwback Movie Replay – Citizen Kane	28 8:00 am: Smooth Starts – Smoothies 9:00 am: Strength Training 10:00 am: Monthly All Resident Meeting 11:00 am: Heart to Heart – Meditation 1:00 pm: Poetry Club 2:00 pm: Big Time Bingo 3:00 pm: Just Another Mani Monday – Manicures with Mary 4:00 pm: Mocktail Monday 8:00 pm: Night Owls: Reality TV Watch Party	29 9:00 am: Tai Chi 10:00 am: Past & Present – Technology 11:00 am: MyLeisure Care Training Session 1:00 pm: Mahjong 2:00 pm: New Release – Elvis 4:00 pm: Gin & Rummy Happy Hour 7:00 pm: Game Night – History Trivia	30 8:00 am: Early Risers Walking Club 9:00 am: Lattes & Laughs – Madlibs 10:00 am: Bible Study 11:00 am: Out on the Town – Lunch 1:00 pm: Aromatherapy 2:00 pm: LC Arts – Succulent Garden 4:00 pm: Wine Down Wednesday with the GM			