

livfun

The Carillon at Boulder Creek

MAY 2012 • ENJOY THE JOURNEY

Mother's Day: From a Mother's Heart

Juliana Dahl: As Mother's Day approaches, I feel the full circle I have come in the celebration of this special holiday honoring mothers. For many years I was the one looking toward my mother to celebrate, honor and love her for the selfless, ever-giving path she walked as my mother. As I matured, married and had children of my own, the holiday was shared with my mother as my children began to honor me. On a recent visit to San Diego to visit my 99-year-old mother, I had the realization that this might be the last Mother's Day I have to fully honor and appreciate her in person. I felt saddened and at the same time rejoiced that I could be in her presence one more time. So the purpose of this article was birthed. What does it mean to be a mother? What are the memorable and precious moments of motherhood, and what are the challenges and hardships we encounter as mothers?

Some of the mothers who live at The Carillon at Boulder Creek offered to share their deep, heartfelt thoughts, feelings and experiences as mothers and how they encountered both memorable events and challenges. The pictures included with this article feature some of these mothers with their children or relatives.

Pat Sajor: One of the important aspects of being a mother is that now I have this amazing son to support me in what is meaningful for me at this time.

Muriel Harris: Being a mother brings to mind many important landmarks. Hearing the first cries of my children as they were born was unforgettable. Watching my two girls grow into the various stages of life (babies, young children, teenagers, mature adults and now parents themselves) has been awe inspiring. Now, in retrospect, I can see the entire family history reflected through the stages of their growth.

Jean Bilstrom: The love that I have received from my children during my lifetime has been so unconditional and nurturing.



Pat and her daughter, Eileen



Jean and her daughter, Susan



Barbara and her son-in-law, Tom



A Little Comic Relief

You can say any foolish thing to a dog, and the dog will give you a look that says, "My God, you're right! I never would have thought of that!"

– Dave Barry

While diving in Pennsylvania, a family caught up to an Amish carriage. The owner of the carriage obviously had a sense of humor. Attached to the back of the carriage was a hand printed sign: "Energy efficient vehicle. Runs on oats and grass. Caution: Do not step on exhaust."

Just because you're not paranoid doesn't mean they're not out to get you.

– Colin Sautar

If an article is attractive, or useful, or inexpensive, they'll stop making it tomorrow; if it's all three, they stopped making it yesterday.

– Mignon McLaughlin

A bargain is something you can't use at a price you can't resist

– Franklin P. Jones

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SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<p>Locations Flat Iron Pub, Pub Atrium, AT Billiards Room, B Brookfield's Restaurant, BR Creekside Bistro, CB Gym, G • Off Site, OS Pool, P • The Chautauqua, TCH The Theater, TT</p>	<p>Birthdays Ed Hall, 19th Alice Jean Gurmatakis, 23rd Ken Hostelley, 29th</p>	<p>10:00 News & Coffee, CB 10:20 Yoga, Meditation & Balance Class With Juliana, G 10:30 Bocce Ball, OS 11:00 Sing Along/Dream Makers, CB 11:30 Techno Time, AT 12:10 Lunch/Dream Makers, CB 1:30 Activity Meeting (Open to All Residents), BR 1:30 Cinema Screen, TT 3:00 Tea Time & Talk, OS 4:00 Suds & Duds Men's Group, Pub 4:00 Don Cassidy: How to Invest for Income Now, AT 7:00 Cinema Screen, TT</p>	<p>10:00 News & Coffee, CB 10:00 Cruise Co. & Cuisine, OS 10:45 Heart Beat Cardio Circuit Class With Cydney, G 11:00 Ping-Pong, AT 1:00 Party Bridge, AT 1:30 Cinema Screen, TT 2:00 Happy Joint Class With Cydney, G 2:00 Happy Hookers, CB 3:00 Getting to Know You, CB 4:00 Resident Council Meeting (Closed), TCH 7:00 Cinema Screen, TT</p>	<p>10:00 News & Coffee, CB 10:20 Yoga, Meditation & Balance Class With Juliana, G 10:30 Bocce Ball, OS 11:00 Wheel of Fortune, CB 1:30 Cinema Screen, TT 2:00 Mah-Jongg, TCH 2:15 Happy Joints Class in Pool With Cydney, P 3:00 Getting to Know You, CB 4:00 Happy Hour/Rick Pruitt, AT 7:00 Cinema Screen, TT</p>	<p>10:00 News & Coffee, CB 10:00 Boulder Potter's Guild Spring Sale, OS 10:00 Strength and Stretch With Cydney, G 10:30 Bocce Ball, OS 1:30 Cinema Screen, TT 2:00 Happy Joint Class With Cydney, G 3:00 Crafts With Angela, TCH 3:00 Getting to Know You, CB 4:00 Tai Chi Class With Ann, G 7:00 Cinema Screen, TT</p>	<p>CINCO DE MAYO 10:00 News & Coffee, CB 10:00 Breakfast Bunch, OS 1:00 Wii Too Much Fun, AT 1:30 Cinema Screen, TT 1:30 Quarter Card Bingo With Angela, CB 3:00 Kentucky Derby Party, Pub 3:00 Poker With the Gang, CB 3:00 Getting to Know You, CB 7:00 Cinema Screen, TT</p>
<p>10:00 News & Coffee, CB 1:00 Wii Too Much Fun, AT 1:30 Cinema Screen, TT 3:00 Getting to Know You, CB 7:00 Cinema Screen, TT</p>	<p>10:00 News & Coffee, CB 10:00 Strength & Stretch Class With Cydney, G 10:30 Bocce Ball, OS 1:00 Words of Wisdom Writing Group, TCH 1:30 Cinema Screen, TT 2:00 Heart Beat Cardio Circuit Class With Cydney, G 3:00 Bible Study, TCH 3:00 Getting to Know You, CB 4:00 Beverage Club, Pub 6:00 Duplicate Bridge, AT 7:00 Cinema Screen, TT</p>	<p>9:00 Hearing Aid Clinic, TCH 10:00 News & Coffee, CB 10:20 Yoga, Meditation & Balance Class With Juliana, G 10:30 Bocce Ball, OS 11:00 Crafts w/Dream Makers, CB 11:30 Techno Time, AT 12:10 Lunch/Dream Makers, CB 1:30 Cinema Screen, TT 2:00 Bookworms Book Club, TCH 3:00 Tea Time & Talk, OS 3:00 Getting to Know You, CB 4:00 Suds & Duds Men's Group, Pub 4:00 Rosemary Williams: Aging Well, AT 7:00 Cinema Screen, TT</p>	<p>10:00 News & Coffee, CB 10:00 Cruise Co. & Cuisine, OS 10:45 Heart Beat Cardio Circuit Class With Cydney, G 11:00 Ping-Pong, AT 1:00 Party Bridge, AT 2:00 Happy Hookers, CB 2:00 Happy Joint Class With Cydney, G 3:00 Origami With Ken, CB 3:00 Hospice Care: Animals & People of Tanzania, AT 5:00 Boulder Dinner Theatre: "The Drowsy Chaperone", OS 7:00 Cinema Screen, TT</p>	<p>10:00 News & Coffee, CB 10:20 Yoga, Meditation & Balance Class With Juliana, G 10:30 Bocce Ball, OS 11:00 Wheel of Fortune, CB 1:30 Cinema Screen, TT 2:00 Mah-Jongg, TCH 2:15 Happy Joints Class in Pool With Cydney, P 3:00 Getting to Know You, CB 4:00 Happy Hour/Mike Righi, AT 7:00 Cinema Screen, TT</p>	<p>10:00 News & Coffee, CB 10:00 Denver Aquarium, OS 10:00 Strength and Stretch With Cydney, G 10:30 Bocce Ball, OS 1:30 Cinema Screen, TT 2:00 Happy Joint Class With Cydney, G 3:00 Hand Painted Silk Scarf Class, TCH 3:00 Getting to Know You, CB 4:00 Tai Chi Class With Ann, G 7:00 Cinema Screen, TT</p>	<p>10:00 News & Coffee, CB 10:00 Breakfast Bunch, OS 1:00 Wii Too Much Fun, AT 1:30 Cinema Screen, TT 1:30 Quarter Card Bingo With Angela, CB 3:00 Poker With the Gang, CB 3:00 Getting to Know You, CB 5:00 Generations Spring Concert & Dinner, OS 7:00 Cinema Screen, TT</p>
<p>MOTHER'S DAY 10:00 News & Coffee, CB 1:00 Wii Too Much Fun, AT 1:30 Cinema Screen, TT 3:00 Getting to Know You, CB 7:00 Cinema Screen, TT</p>	<p>10:00 News & Coffee, CB 10:00 Strength & Stretch Class With Cydney, G 10:30 Bocce Ball, OS 11:00 Low Vision Support Group, TCH 1:00 Words of Wisdom Writing Group, TCH 1:30 Cinema Screen, TT 2:00 Heart Beat Cardio Circuit Class With Cydney, G 3:00 Getting to Know You, CB 4:00 Beverage Club, Pub 6:00 Duplicate Bridge, AT 7:00 Cinema Screen, TT</p>	<p>10:00 News & Coffee, CB 10:20 Yoga, Meditation & Balance Class With Juliana, G 10:30 Bocce Ball, OS 11:00 Sing-Along/Dream Makers, CB 11:30 Techno Time, AT 12:10 Picnic/Dream Makers, OS 1:30 Cinema Screen, TT 3:00 Tea Time & Talk, OS 3:00 Getting to Know You, CB 3:30 Denver Zoo: Zoo Babies, AT 4:00 Suds & Duds Men's Group, Pub 7:00 Cinema Screen, TT</p>	<p>10:00 News & Coffee, CB 10:00 Cruise Co. & Cuisine, OS 10:45 Heart Beat Cardio Circuit Class With Cydney, G 11:00 Ping-Pong, AT 1:00 Party Bridge, AT 1:30 Cinema Screen, TT 2:00 Happy Joint Class With Cydney, G 2:00 Happy Hookers, CB 3:00 Getting to Know You, CB 7:00 Cinema Screen, TT</p>	<p>10:00 News & Coffee, CB 10:20 Yoga, Meditation & Balance Class With Juliana, G 10:30 Bocce Ball, OS 11:00 Wheel of Fortune, CB 1:30 Cinema Screen, TT 2:00 Mah-Jongg, TCH 2:15 Happy Joints Class in Pool With Cydney, P 3:00 Resident Monthly Meeting, BR 3:00 Getting to Know You, CB 3:30 Everybody Has a Story, AT 4:00 Welcome Happy Hour/Cliff Spratt, AT 7:00 Cinema Screen, TT</p>	<p>10:00 News & Coffee, CB 10:00 Casino Trip, OS 10:00 Strength and Stretch With Cydney, G 10:30 Bocce Ball, OS 1:30 Cinema Screen, TT 2:00 Happy Joint Class With Cydney, G 3:00 Crafts With Angela, TCH 3:00 Food Service Meeting, BR 3:00 Getting to Know You, CB 4:00 Tai Chi Class With Ann, G 7:00 Cinema Screen, TT</p>	<p>ARMED FORCES DAY 10:00 News & Coffee, CB 10:00 Breakfast Bunch, OS 1:00 Wii Too Much Fun, AT 1:30 Cinema Screen, TT 1:30 Quarter Card Bingo With Angela, CB 3:00 Victorian Tea Lady, "Tea Tasting & Therapy," BR 3:00 Poker With the Gang, CB 3:00 Getting to Know You, CB 7:00 Cinema Screen, TT</p>
<p>10:00 News & Coffee, CB 10:30 Rockies Game & Lunch, OS 1:00 Wii Too Much Fun, AT 1:30 Cinema Screen, TT 3:00 Getting to Know You, CB 7:00 Cinema Screen, TT</p>	<p>10:00 News & Coffee, CB 10:00 Strength & Stretch Class With Cydney, G 10:30 Bocce Ball, OS 1:00 Words of Wisdom Writing Group, TCH 1:30 Cinema Screen, TT 2:00 Heart Beat Cardio Circuit Class With Cydney, G 3:00 Bible Study, TCH 3:00 Getting to Know You, CB 4:00 Beverage Club, Pub 6:00 Duplicate Bridge, AT 7:00 Cinema Screen, TT</p>	<p>10:00 News & Coffee, CB 10:20 Yoga, Meditation & Balance Class With Juliana, G 10:30 Bocce Ball, OS 11:30 Techno Time, AT 1:30 Cinema Screen, TT 2:00 Bookworms Book Club, TCH 3:00 Getting to Know You, CB 3:00 Resident Council Meeting (Open to All Residents), BR 3:00 Tea Time & Talk, OS 4:00 Suds & Duds Men's Group, Pub 4:00 Greenwood Wildlife, AT 7:00 Cinema Screen, TT</p>	<p>10:00 News & Coffee, CB 10:00 Cruise Co. & Cuisine, OS 10:45 Heart Beat Cardio Circuit Class With Cydney, G 11:00 Ping-Pong, AT 1:00 Party Bridge, AT 1:30 Cinema Screen, TT 2:00 Happy Joint Class With Cydney, G 2:00 Happy Hookers, CB 3:00 Getting to Know You, CB 7:00 Cinema Screen, TT</p>	<p>10:00 News & Coffee, CB 10:20 Yoga, Meditation & Balance Class With Juliana, G 10:30 Bocce Ball, OS 11:00 Wheel of Fortune, CB 1:30 Cinema Screen, TT 2:00 Mah-Jongg, TCH 2:15 Happy Joints Class in Pool With Cydney, P 3:00 Getting to Know You, CB 4:00 Happy Hour/Albert Galli, AT 7:00 Cinema Screen, TT</p>	<p>10:00 News & Coffee, CB 10:00 Strength and Stretch With Cydney, G 10:30 Bocce Ball, OS 1:30 Cinema Screen, TT 2:00 Happy Joint Class With Cydney, G 3:00 Crafts With Angela, TCH 3:00 Getting to Know You, CB 4:00 Tai Chi Class With Ann, G 5:00 Dinner Theatre, TT 7:00 Cinema Screen, TT</p>	<p>10:00 News & Coffee, CB 11:00 Kahlua From Sunset Ranch Alpacas, CB 1:00 Wii Too Much Fun, AT 1:30 Cinema Screen, TT 1:30 Quarter Card Bingo With Angela, CB 3:00 Poker With the Gang, CB 3:00 Getting to Know You, CB 4:00 Birthday Party, AT 7:00 Cinema Screen, TT</p>
<p>10:00 News & Coffee, CB 1:00 Wii Too Much Fun, AT 1:30 Cinema Screen, TT 3:00 Getting to Know You, CB 7:00 Cinema Screen, TT</p>	<p>MEMORIAL DAY 10:00 News & Coffee, CB 10:00 Strength & Stretch Class With Cydney, G 10:30 Bocce Ball, OS 11:00 Memorial Day BBQ, BR 1:00 Words of Wisdom Writing Group, TCH 1:30 Cinema Screen, TT 2:00 Heart Beat Cardio Circuit Class With Cydney, G 3:00 Getting to Know You, CB 4:00 Beverage Club, Pub 6:00 Duplicate Bridge, AT 7:00 Cinema Screen, TT</p>	<p>10:00 News & Coffee, CB 10:20 Yoga, Meditation & Balance Class With Juliana, G 10:30 Bocce Ball, OS 11:30 Techno Time, AT 1:30 Cinema Screen, TT 3:00 Getting to Know You, CB 3:00 Briar Gate Farm: Cheesemaking, BR 4:00 Suds & Duds Men's Group, Pub 4:00 Tea Time & Talk, BR 7:00 Cinema Screen, TT</p>	<p>10:00 News & Coffee, CB 10:00 Cruise Co. & Cuisine, OS 10:45 Heart Beat Cardio Circuit Class With Cydney, G 11:00 Ping-Pong, AT 1:00 Party Bridge, AT 1:30 Cinema Screen, TT 2:00 Happy Joint Class With Cydney, G 2:00 Happy Hookers, CB 3:00 Getting to Know You, CB 7:00 Cinema Screen, TT</p>	<p>10:00 News & Coffee, CB 10:20 Yoga, Meditation & Balance Class With Juliana, G 10:30 Bocce Ball, OS 11:00 Wheel of Fortune, CB 1:30 Cinema Screen, TT 2:00 Mah-Jongg, TCH 2:15 Happy Joints Class in Pool With Cydney, P 3:00 Getting to Know You, CB 4:00 Happy Hour/Jacqueline Rock Duo, AT 7:00 Cinema Screen, TT</p>	<p>Transportation Monday 9 a.m.-3 p.m. North Boulder Tuesday 9 a.m.-3 p.m. Central Boulder Thursday 9 a.m.-3 p.m. South Boulder</p>	

A Little Comic Relief (Continued)

How is it that one match can start a forest fire, but it takes a whole box of matches to start a campfire?

– Christy Whitehead

Interchangeable parts don't, leak-proof seals aren't and self-starters won't.

– Author Unknown

Mother's Day: From a Mother's Heart (Continued)

Pat McCann: To witness the beautiful development of my own children into caring and nurturing parents and then be present for the birth of 17 grandchildren was a delight beyond words.

The most challenging thing for me as a mother, in spite of the financial challenges confronting us while raising six children, was to provide a parochial education so that each child would evolve into a good person willing to serve and contribute to culture and society through their gifts.

Irma Leake: Seeing my three girls together is one of my favorite things about being a mother. They are each so different and developed in their own individual ways. They have ended up as such amazing women. One of the challenges of being a mother is that you learn that you are never done being a mother. To be always there and present for them while allowing enough space so they could make their own decisions, mistakes and choices as they grew and evolved into adults was important. I wanted them to learn to have an active, fun life while caring for themselves and others. Also, modeling for them how to be a woman in the world was very important to me. My challenge was to teach them how to live a good life and grow old with grace.

Mary Lockett: The best part of being a mother was nursing my babies. The love and closeness I felt in those moments was amazing. The most challenging part of being a mother was dealing with injury and illness with my children. My husband was a doctor and sometimes he overreacted, which made me uncomfortable and worried.

Laura Bowe: My favorite part of being a mother was going on picnics. City Park in Denver was our favorite place. The challenge for me as a mother was when my daughter got married very young, right out of high school. She immediately left to be with her husband in the Philippines. I had never been separated from my daughter, so there was quite an adjustment in getting used to the separation. My daughter expected a huge, romantic honeymoon. My challenge, as her mother, was to help her adjust to living in a foreign country in a small village.

Florence Nielson: Our family trips to the North Shore of Lake Superior were very special family events. Sisters, brothers, uncles, aunts, nephews, nieces and grandparents would gather there every year. The big activity of the weekend was sitting on the big rocks as waves crashed upon the rocks, spraying us as we ate watermelon.

Vivien Carter: Being a mother has brought out the amazing capacity of learning to give and receive unconditional love. Each child I had presented me with a different aspect of loving. I learned to put someone else first. The needs of my children and their interests came before mine. Even the ache and helplessness I felt when they were hurting and I couldn't do anything about it were welcome emotions. Motherhood is the best gift I have ever been given.

Helena Long: Being the mother of three exciting sons and being a part of the fabulous adventures they have created for themselves has been very rewarding. Jeff, my eldest, has climbed Mount Everest and written books about his treks. As an author he has written many great books. His "Revisionist History of the Alamo" was one of his best. Steve, my son, is in the computer business and has had a 20-year career in Saudi Arabia. As a world citizen he travels extensively and, when at home, enjoys playing music with the band he created. Kenneth, my youngest son, has retired from a 30-year career with Saudi Aramco. His hobby is sailing in regattas in Half Moon Bay, Saudi Arabia.

The challenge of my motherhood has been my concern for their safety and welfare since they have lived out of the country for so much of their lives.

Barbara Neiman: I have wonderful children and I learn from them everyday. They are bright and fun. I feel fortunate. My biggest challenge has been leaving the home I was in for 50 years and all my friends and the lifestyle I was used to there.

There are many in this old world of ours who hold that things break about even for all of us. I have observed, for example, that we all get the same amount of ice. The rich get it in the summertime and the poor get it in the winter.

– Bat Masterson

Keep a thing seven years and it's bound to come in handy.

– Russian Proverb



Florence and her daughter, Suzanne



Vivien and her children

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