

livfun

The Reserve at Thousand Oaks

MAY 2012 • ENJOY THE JOURNEY

The NEW Reserve by Kelly East



Club Room for Billiards and Cards



The Castle Restaurant



Fitness Center

The Reserve is proud to show off its newly completed RENOVATION! This expansive project moved far beyond a simple “re-decoration.” As a matter of fact, the construction corrected many challenges uncovered during the re-configuring of the complex.

New construction included framing, electrical and plumbing work. Structurally, it is as though we have new bones. We received new heating and air conditioning systems, boiler systems and ventilation control systems. Mechanically it’s as though we have new organs. I think most residents would agree, replacing every roof on each building was money well spent.

New flooring, new walls, new lighting, new window treatments and all-new furnishings are met with awe by visitors who haven’t seen our community since pre-remodel.

What did we gain? For starters, the fitness center and an array of new fitness programs have surpassed everyone’s expectations. I have to bite my tongue when I think of what we had prior, and as one wise resident told me, “Be polite.”

We added a coffee bar in the lobby and a cool lounge on the top floor that opens out onto the tastefully designed, spacious outdoor terrace. We added a theater, a salon and spa and a conference room. Did you know there

are nine different locations to play a game of cards? I counted!

A stroll outside unveils the new parking lot, a new front façade and the beginnings of our landscaping work. Again, I won’t remind anyone of the pre-renovation conditions in my effort to “be polite.”

What really makes a community shine are its people. And now we have a building that mirrors the caliber of our residents and staff.

Thank you to everyone for enduring this huge project. We’ll never have to look at a dozen buckets catching rain water dripping from the ceiling again. OK, I did it – I spoke of the less-than-flattering circumstances of the past. But, they are memories I will hold dear.



Hop in, We’re Driving Thru May

May 4 – Brain Games Happy Hour

May 5 – Cinco de Mayo on the Terrace with the Camarillo Mariachis

May 9 – Santa Barbara Courthouse Tour and Lunch with Donal

May 11 – Journey of Aces Blackjack Happy Hour

May 12 – Mother’s Day Tea

May 12 – Grand Finale Symphony

May 13 – Mother’s Day Champagne Brunch

May 18 – Mystery Happy Hour

May 19 – Grand Opening Celebration

May 23 – Chumash Casino

May 25 – Bean Bag Baseball Happy Hour

WEEKLY SCHEDULE

SUNDAYS	MONDAYS	TUESDAYS	WEDNESDAYS	THURSDAYS	FRIDAYS	SATURDAYS
11:00 <i>Early Movie, T</i> 2:30 Nondenominational Chapel Service, T 3:30 <i>Wii Bowling, T</i>	10:00 Joints in Motion-Arthritis Exercise, AR 1:15 Resident Bridge, GR 2:00 Aqua Fit, P 3:00 Nickel Poker, Club 7:15 Pan, GR	10:00 Yoga for the Mind & Body, AR 11:30 <i>Wii Bowling, T</i> 3:15 Think and Drink Happy Hour: Brain Games with Donal, Club 2:00 Aquatic Arthritis + Tai Chi, P	9:15 Strong, Flexible & Sit Tall Chair Exercises, AR 11:00 Rummikub, GR 1:30 Resident Bridge, GR 2:00 Aqua Fit, P 7:00 <i>Pinochle, GR</i>	8:30 Walking Club With Donal, LB 10:00 Yoga for the Mind & Body, AR 1:30 Canasta, GR 2:00 Aquatic Arthritis + Tai Chi, P 4:00 <i>Wii Bowling, T</i> 7:00 Pan, GR	9:30 Catholic Services, T 10:00 Joints in Motion-Arthritis Exercise, AR 11:00 <i>Wii Bowling, T</i>	10:30 <i>Knit, Stitch and Bitch Club, LB</i> 10:30 <i>Latte Cafe, LB</i>

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
Locations Activity Room, AR Cafe, C Castle Restaurant, CR Club Room, Club Computer Room, Comp. Rm Conference Room, Conf	Game Room, GR Library, LI Lobby, LB Off Property, OP Pool, P PrimeFit, PF	South Foyer, SF Terrace, Terr Theater, T Yoga/Dance Studio, YDStudio				
6 7:00 <i>Late Night Movie:, T</i>	7 1:45 Money Bingo, AR	8 2:00 Resident Council Meeting, AR 3:00 <i>Canasta, GR</i> 7:00 Bingo for Bucks, AR	9 10:30 Painting With Renelle, AR 1:00 Bus Excursion: Santa Paula & Fillmore, LB	10 11:00 <i>News and Views With Annette, GR</i> 2:00 Bingo \$\$, AR	11 3:00 Brain Games Happy Hour Meet Our New Residents, Club 4:30 <i>Shabbat Services, Club</i>	12 CINCO DE MAYO 1:00 Computer 101, Comp. Rm 1:30 Movie Review Club:, T 2:00 <i>Bingo, AR</i> 3:00 Cinco de Mayo: Happy Hour With the Mariachi Camarillo Musicians, Terr 7:00 Resident Bridge, Club 7:00 <i>Movie, T</i>
13 MOTHER'S DAY 7:00 <i>Late Night Movie:, T</i>	14 11:00 Dancin' With Ashley, YDStudio 1:45 Bingo \$\$, AR	15 2:00 Town Hall Meeting, AR 3:00 <i>Canasta, GR</i> 6:00 Girls Night Out CAbi Fashion Show (Sip Wine & Nibble on Dessert) While Looking at the Latest Trends With Friends, AR 7:00 Bingo for Bucks, AR	16 10:30 Painting With Renelle, AR 1:00 Bus Excursion - Honey Farm	17 11:00 <i>News and Views With Annette, GR</i> 2:00 Bingo \$\$, AR	18 1:00 Golden Sneakers Hike With Donal Meet in Lobby, OP 3:00 Mystery Happy Hour, Club 4:30 <i>Shabbat Services, Club</i>	19 ARMED FORCES DAY 3:00 Grand Opening Celebration (Open to the Public) 7:00 <i>Movie, T</i>
20 7:00 <i>Late Night Movie:, T</i>	21 1:45 <i>Bingo \$\$, AR</i>	22 1:30 Canasta, AR 2:30 <i>Music With Angelo, YDStudio</i> 7:00 Bingo for Bucks, AR	23 8:30 Chumash Casino & Lunch \$\$ Meet in Lobby at 8:15am Join Us on This Journey to Santa Ynez, LB	24 2:00 Nickel Blackjack With Linda, SF 3:00 Concerts in the Theater	25 1:30 <i>Sing-Along With Alma and Birthday's of the Month Celebration, AR</i> 3:00 Bean Bag Baseball Happy Hour, Build Your Team (Staff vs Residents), AR	26 11:00 Memorial Day BBQ, Terr 1:00 Computer 101, Comp. Rm 1:30 Movie Review Club, T 2:00 <i>Bingo, AR</i> 7:00 Resident Bridge, Club 7:00 <i>Movie, T</i>
27 4:00 <i>Book Club With Elizabeth</i> 7:00 <i>Late Night Movie, T</i>	28 MEMORIAL DAY 11:00 Dancin' With Ashley, YDStudio 1:45 Bingo \$\$, AR	29 7:00 Bonus Bingo, AR	30 1:00 Bus Excursion Santa Paula & Fillmore, LB	31 	Birthdays Elaine Bleiweiss, 2nd Henry Glover, 4th June Firestein, 9th Jean Goldberg, 13th Pete Pearson, 17th	Bonnie Thompson, 24th Virginia Vencill, 26th Frank Flanagan, 27th Thelma Moore, 28th John Mitchell, 31st



The Reserve Team

Paul Selleck: Employee of the Quarter, December 2011

Born and raised in Baton Rouge, Louisiana, Paul is one of eight children. He falls at number six. Growing up, he thought he was named after Pope Paul VI. His dad called him "Pope" and he was the sixth kid in the line-up. When his mom heard that, she laughed and said, "No way, you were named after Paul Newman," her favorite actor. Paul's handsome face does rank up there between Paul Newman and Tom Selleck. He has been married 22 years and takes residence now in Ventura with his wife and four beautiful children.

Paul's passions include travel, sailing and flying, which he doesn't find much time for; however, another is cooking. Every Sunday, Paul and his daughter cook their way through Thomas Keller's "Ad Hoc" recipe book. This culminates in a gourmet meal served to the whole family. It's become a tradition.

Everyone here at The Reserve relies on Paul, Plant Operations Manager, to take care of maintenance issues that arise. His kind voice and gentle mannerisms put our residents at ease. Paul was very instrumental in supervising our renovations this past year. We are very lucky to have him as part of The Reserve Team.



Elizabeth Spencer and Paul Selleck

Elizabeth Spencer: Employee of the Year 2011

Raised at the beach in Malibu, Elizabeth now resides in the Conejo Valley. "What a great place to live," says Elizabeth, and she feels very fortunate to have found her calling as Sales Advisor at The Reserve. In her spare time, Elizabeth volunteers at a non-profit Ventura-based ballet company, handling their marketing and advertising. She loved the idea of working in the non-profit sector, so she set her sights on finding a job where she felt she could really make a difference in people's lives. With her background in the hospitality industry and her non-profit work with the ballet company, she felt like it might be a good fit. Within a month of being hired, Elizabeth knew that this was where she was meant to be.

"I love the fact that we've got multiple generations living and working under one roof. The young adults in the restaurant, the baby boomer staff, and the elders who live here all benefit from the experience of spending time together. My life has been so enriched by the people I've met and the stories I've heard from our residents about their life experiences," she says. Her four children, ages 21-13, benefit as well. "Our dinner hour always starts with, 'So who did you meet today, Mom?'" I guess that's four generations whose lives are enriched by The Reserve! We are fortunate that Elizabeth found us and she does make a difference every day.



Sy, Letizia, Sue (back), Sara and Claire (front)

Welcome to the Neighborhood

Sy and Sara Berger: Sy (Seymour) and Sara came across the country from Amherst, Massachusetts. Their hopes were to head into good weather and be near their daughter in Oak Park. Sara is interested in reading, travel and photography. She enjoys discussions and crossword puzzles. Sy is also interested in the news and dining out. He likes the theater, museums and fine art exhibitions. Sy has a strong interest in model building. Sy supports the Red Sox, Patriots and Oklahoma State football. Sara likes classical music and mystery movies. They have been married over 59 years – Mazal Tov!

Claire Mc Auliffe: Claire is eager to be with other people and participate in all of our activities – particularly cards and outings. A vibrant and active woman, she is an avid walker and committed to daily exercise. She has two sons in the nearby area, and is happy to be closer to more family members. Claire spent many years as a piano teacher, she would love to get a small piano in her apartment to continue to learn new music and challenge herself.

Sue Shirk: Sue is a fun lady with a great sense of humor. Interested in using all our exercise options, Sue would love to join someone for a walk or a hike and is looking forward to the pool opening. An avid reader and sports fan, she's happy to quietly read or cheer on our local LA teams: the Lakers and the Dodgers. Sue moves to us from Ventura to be closer to her daughter in Thousand Oaks.

Edith Davidson (not pictured): Edith is a fiercely independent woman who has moved to The Reserve from Brentwood. Edith is a fashionista who ran a woman's clothing store. She is looking forward to joining us on outings to the theater and the symphony and plans on attending the Goebel Senior Center. She likes to walk for exercise and reads in her spare time.

Letizia (Lisa) Ventresca : Lisa has recently moved to the U.S. from Italy to be closer to her daughter after the recent death of her husband. You'll recognize Lisa with her beautiful red hair, great fashion sense and a flair for conversation. She is interested in everything and is eager to join in on the fun. Some of her interests include languages, movies, reading, discussions, theater, cards, billiards and exercise.