

livfun

Fairwinds - Desert Point

AUGUST 2020 · TOP OF THE CLASS

Fresh Flower Garlands



A Groovy Look at Tie-Dye

It's a fun craft with a history as an art form and a symbol of self-expression. Tie-dye's bright colors and intricate patterns remain an enduring fashion.

Tie-dye is a form of resist dyeing, an age-old technique used by cultures all over the world, from South America to Africa to Asia. The method involves tying or sewing together sections of fabric, so that they will be blocked when dipped into dye. When the fabric is untied, it reveals a pattern, created by the bound sections that "resisted" the dye.

In the U.S., tie-dye first emerged in the 1920s and gained popularity as a thrifty way to design home décor and clothing during the Depression. But the craft really blossomed during the cultural revolution of the 1960s. Since no two hand-dyed garments were alike, wearing tie-dye was a way to express individualism and creativity. The groovy designs and rainbow hues became a symbol of peace and love.

An easy and inexpensive craft project, tie-dyeing T-shirts and other textiles is a popular activity for all ages.

At the Beach

The combination of sand and surf creates scenic coastlines across the world. Relax, unwind and find out what makes some beaches fascinating and fantastic.

- Beaches became popular destinations during the 1700s. Doctors often prescribed a visit to the seashore to improve a person's health.
- Most beach sand is tan or white in color, but there are beaches with sand that's black, green, pink, purple and red.
- Brazil is home to the world's longest beach, Casino Beach, which stretches 150 miles long.
- You'll find the "shark tooth capital of the world" at Venice Beach in Florida. Every year, hundreds of fossilized teeth from prehistoric sharks wash ashore there.
- At 58 feet high, the world's tallest sandcastle was built on a German beach in 2019.
- Tides have turned California's Glass Beach from trash to treasure. Its shore is covered with polished pebbles of colorful sea glass, made from garbage tossed into the ocean long ago.
- A day at the beach or the spa? You can have both at New Zealand's Hot Water Beach, where the water underneath the beach heats up to 150 degrees. Beachgoers dig holes in the sand to soak in their own hot tubs.

A Message From Leisure Care

As you know, due to the continuing situation brought on by COVID-19, we have modified our schedule of activities in order to keep our residents and staff safe and healthy. Instead of the monthly calendar, we are using this space to provide additional activities you can do at your leisure. Again, we thank you for your support and cooperation as we settle into new routines.

For updates, visit www.leisurecare.com/communication-plan. Please contact your management team if you have any questions.

Brain Bender: At the Beach

Leo, Sabrina and Vicky went to the beach. Each of them saw a sea creature—starfish, crab and jellyfish—and enjoyed a treat from the concession stand—ice cream, snow cone and hot dog. They also met new friends by joining in an activity—Frisbee, volleyball and flying a kite.

Using the clues, can you figure out how each person spent the day?

- Sabrina did not play volleyball, see a crab, or eat a snow cone.
- The person who flew a kite also saw a jellyfish.
- Leo did not fly a kite, but he did eat a hot dog.
- Vicky either saw a jellyfish or ate ice cream.

Crossword Puzzle

1	2	3	4	5	6	7	8	9	10	11	12	13	
14				15					16				
17				18					19				
20				21				22					
			23					24	25				
26	27	28						29	30				
31							32			33	34	35	36
37					38	39				40			
41				42						43			
			44					45	46				
47	48	49	50			51	52						
53					54		55				56	57	58
59						60					61		
62					63						64		
65					66						67		

ACROSS

- | | |
|---|---|
| 1. Airport-to-hotel transports | 4. Seated bath |
| 5. Wash | 5. Attack with gunfire |
| 10. Incline | 6. Boxes |
| 14. Make ___: sit | 7. Flush type |
| 15. Misshapen folklore man | 8. Univ. of Louisiana at Lafayette, for short |
| 16. Hip sections | 9. ___ cheese dressing |
| 17. Welterweight champ, once | 10. Hair solution |
| 20. Morns, for short | 11. Like a bird |
| 21. "I'm so hungry, I could ___ horse!" | 12. Muddy spots |
| 22. Northern part of Ireland | 13. Man of the cloth |
| 23. In a risk-free manner | 18. Hole-enlarging tool |
| 25. Waterbirds | 19. Olympian Korbut |
| 26. Job applicant papers | 23. Enjoys a water sport |
| 29. Tumor's suffix | 24. Name for a cartoon bear |
| 31. Love, in Livorno | 26. Scrape |
| 32. Representative: abbr. | 27. Muslim leader |
| 33. Word with horn or drum | 28. Teed off |
| 37. First Englishman to sail around the world | 30. Rainier & McKinley: abbr. |
| 41. Elected official: abbr. | 32. ___ up: misbehave |
| 42. Kennel boarder | 33. British machine guns |
| 43. Eagle's home | 34. River in Switzerland |
| 44. "___ got the whole world in His..." | 35. Short theatrical sketch |
| 45. Items for baby | 36. Uses one of the senses |
| 47. Dwelling | 38. Gorilla |
| 51. i.e. | 39. Fit snugly together |
| 53. Warp | 40. Breakfast request |
| 55. Years in Mexico | 44. Thyme or basil |
| 56. Prefix for center or gram | 45. Musical instruments |
| 59. Pat Nixon's predecessor | 46. Peter ___ |
| 62. Late coming back? | 47. Philosopher/educator Mortimer |
| 63. Foot support | 48. Blessed: Lat. |
| 64. Dill herb | 49. See the light ___; come into existence |
| 65. Comedienne Martha | 50. Author whose monogram was ACD |
| 66. Grammar book chapter | 52. Wore |
| 67. Rule out | 54. Water vapor |

DOWN

- | | |
|------------------------------|-----------------------------|
| 1. Hombre's home | 58. One ___ one is one |
| 2. Former student, for short | 60. Traveler's way: abbr. |
| 3. Works in a market | 61. Of a branch of the mil. |

Paws-itively Famous

Match the famous canine character to their movie role.

Dog Character

- Copper
- Fly
- Pongo
- Old Dan
- Buck
- Slinky
- Petey
- Dug

Movie

- "Up"
- "The Call of the Wild"
- "Toy Story"
- "The Little Rascals"
- "The Fox and the Hound"
- "Babe"
- "Where the Red Fern Grows"
- "101 Dalmatians"

Tongue-Tied

Try these tongue-twisting combinations without getting tripped up!

- She sees cheese.
- He threw three free throws.
- How can a clam cram in a clean cream can?
- Imagine an imaginary menagerie manager managing an imaginary menagerie.
- Thirty-three thirsty, thundering thoroughbreds thumped Mr. Thurber on Thursday.
- If you must cross a coarse cross cow across a crowded cow crossing, cross the cross coarse cow across the crowded cow crossing carefully.
- Researchers say this phrase is the world's most difficult tongue twister: Pad kid poured curd pulled cord.

Word Challenge

Create three different words using the letters A, E, I, M, N and R. You must use all the letters for each word.

Sudoku

The object of the game is to fill all the blank squares with the correct numbers.

- Each row of 9 numbers must include all digits 1 through 9 in any order.
- Each column of 9 numbers must include all digits 1 through 9 in any order.
- Each 3 by 3 subsection of the 9 by 9 square must include all digits 1 through 9.

3				6		2	8	
		4				5		
6	1							3
9		3						
	8		7		5		6	
						9		2
5				7			4	1
		9				7		
	3	6		4				9

Just for Laughs

Q: How do you fix a broken tomato?

A: With tomato paste!

Puzzle Solutions

Brain Bender: At the Beach

Leo saw a crab, ate a hot dog, and played volleyball. Sabrina saw a starfish, ate ice cream, and played Frisbee. Vicky saw a jellyfish, ate a snow cone, and flew a kite.

Paws-itively Famous

1. E; 2. F; 3. H; 4. G; 5. B; 6. C; 7. D; 8. A

Word Challenge

airmen, marine, remain

9	2	8	1	4	5	7	3	6	7
6	3	5	8	2	7	3	5	1	4
4	7	1	8	3	6	7	3	6	4
5	6	8	1	3	6	7	3	6	4
4	6	3	5	6	7	3	6	7	3
3	6	4	7	9	2	6	7	3	6
6	1	2	8	5	8	5	8	5	8
3	6	4	7	9	2	6	7	3	6
7	2	8	4	2	6	4	2	8	7

Taste of the Tropics

Grown in warm, lush locales around the world, tropical fruits are famous for their bright colors and refreshingly sweet flavors. Be on the lookout for these varieties you may find on summer menus.

Mango – This fruit’s thick skin, often a rosy blend of red, yellow and green, is peeled away to reveal tender yellow-orange flesh. Sweet and versatile, mangoes are delightful as a snack or dessert ingredient, but also shine in savory dishes such as salads, stir-fries and salsas.

Papaya – The pear-shaped papaya’s soft, orange interior is rich in antioxidants. It’s often enjoyed fresh, like melons, or roasted, like squash, and its black seeds can be dried and used as peppercorns.

Guava – Varieties of this fruit have green or yellow skin with pink, yellow or white flesh. Guava is entirely edible, from the rind to the seeds, and featured in jams, candies and thirst-quenching Latin American fruit drinks called aguas frescas.

Passion fruit – The common types of passion fruit are about the size and shape of a plum, and purple or yellow in color. Beyond the tough outer peel is a yellow, pulpy center filled with tart seeds, which can be eaten with a spoon or added to recipes.

Lychee – Round and bumpy like a golf ball, this unique fruit is also known as the alligator strawberry. Peeling away its red husk exposes translucent white flesh that covers an inedible brown seed. The lychee’s flavor is described as light and floral, with hints of strawberry, watermelon and grape.

Unfolding the History of Road Maps

These days, a road trip usually involves using a GPS device or smartphone. But before such technology existed, travelers in need of directions relied on paper road maps.

Some of the first road maps are scrolls from A.D. 350 that depict the network of Roman roads. America’s first road atlas came centuries later, when the “The Survey of the Roads of the United States of America” was printed in 1789.

Throughout the 1800s, most people who traveled long distances did so by train, so the next major road map didn’t arrive until 1901, with the “Official Automobile Blue Book.” Along with showing notable landmarks, the guide also included locations of service stations. Spurred by the success of the Ford Model T, other publishers soon began producing maps for automobile travelers.

The Federal Highway Act of 1921, which created the country’s interstate road system, as well as the post-World War II baby boom years led to an increase in driving, and therefore, road maps. Many were giveaways from businesses such as oil companies, hotels and auto clubs, wanting to advertise their services. These early guides often featured original artwork that offered sightseeing tips, encouraging travelers to discover America.

Most paper road maps are now distributed by state tourism departments.

August Birthdays

- | | | |
|------------------------|----------------------|---------------------|
| Donna Bailey, 5th | Barry Emeson, 12th | Helen Luther, 21st |
| Bel Booz, 6th | Winnie Dunford, 15th | Huan Campbell, 26th |
| Dave Hendrickson, 8th | Carma Smith, 16th | Margie Moody, 27th |
| Thomas Vickerman, 10th | Loy Phelps, 20th | Richard Ross, 28th |
| | Art Riggins, 20th | |

Remembering V-J Day

The happy news came on Aug. 14, 1945. Calling it “the day we have been waiting for since Pearl Harbor,” U.S. President Harry S. Truman announced to crowds gathered outside the White House that Japan had surrendered unconditionally to the Allies. World War II was finally over.

Three months earlier, fighting had ended in Europe with Germany’s surrender. Now relief and jubilation erupted at word that the battle in the Pacific had been won. In the U.S., millions of people flooded city streets to hold impromptu parades, complete with marching bands, confetti and fireworks.

In New York City’s Times Square, sailors climbed lampposts and waved American flags, while strangers cheered and embraced. One celebratory moment, of a sailor excitedly kissing a woman in a white dress, was captured by photographer Alfred Eisenstaedt and printed a week later in Life magazine. The iconic image is an enduring symbol of Victory Over Japan Day, or V-J Day.

Allied nations also broke out in festivities, which continued through Aug. 15, the date the United Kingdom declared as V-J Day. Japan’s formal surrender took place a few weeks later on Sept. 2.

August Anniversaries

- Mr. & Mrs. Grillo, 8/4/1951
- Mr. & Mrs. Lackow, 8/26/1950
- Mr. & Mrs. Ehlert, 8/27/1954
- Mr. & Mrs. Riggins, 8/27/1950



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