

# livfun

Fairwinds - Ivey Ranch

JUNE 2020 • FUN IN THE SUN

## Sharing the Joy of Chuao Chocolate

Residents each received a chunk of Rocky Road Chocolate, compliments of Chuao Chocolate Company in Carlsbad. Thank you to Chuao for giving each of us a "much needed" chocolate break!



*Chocolate makes Quarantine just a little bit easier!*



*Chocolate and wine for Happy Hour, what more could a girl ask for?!*



Happy Father's Day to All the Men in Our Community!

## Cinco de Mayo Memories

Hats off to everyone who helped make this year's Cinco De Mayo a big success! All residents received a goodie bag and a delicious authentic Mexican dinner delivered to their rooms. We even enjoyed a Mariachi band strolling around the building.



*Staff delivers Cinco de Mayo on wheels!*



*Senora Jessica says "muchas gracias" to all our wonderful residents for their love and support during this time!*



*Mariachi Band sings their heart out, as seen on the front lawn!*



*Residents seen enjoying the dancing and shaking their maracas on their patios!*

## June Birthdays

- Lorna Wilson, 5th
- Wendy Lopez, 6th (Employee)
- Shelly Rose, 6th
- Lynn Cook, 8th
- Martha Grant, 10th (Employee)
- Samuel Martinez, 16th (Employee)
- Ruth Osborn, 17th
- Ann Webster, 18th (Employee)
- Kaleb Mays-Smith, 21st (Employee)
- Elaine Nielsen, 21st
- Mickey Streeter, 21st
- Edith Rossi, 23rd
- Juanita Cortez, 24th (Employee)
- Nancy Kukawka, 25th
- Billy Tames, 30th (Employee)
- Marjorie Swailes, 30th

## June Anniversaries

- Ned & Nancy Kohn, 6/12/1955
- Robert & Julia Salley, 6/29/1957

## A Message From Leisure Care

As we continue to navigate the situation brought on by COVID-19, we remain vigilant about social distancing and infection control protocols, based on guidelines from the CDC and state health agencies. Instead of our monthly calendar, we are using this space to provide some additional puzzles and activities that you can enjoy at your leisure.

Thank you for your commitment to doing your part in keeping other residents and team members safe. For our most recent updates, visit [www.leisurecare.com/communication-plan](http://www.leisurecare.com/communication-plan). Please speak with your management team if you have any questions.

## Summertime Snicker

**Q:** What holds the sun up in the sky?  
**A:** Sunbeams!

## Brain Bender: What a Catch!

Four buddies—Calvin, Gary, Nate and Stan—went fishing. They each caught a different kind of fish: bass, walleye, perch and trout. From the clues below, can you determine the first and last names of each fisherman, what kind of fish he caught, and how much the fish weighed (3, 6, 8 or 10 pounds)?

- Stan's last name isn't Hall.
- Calvin, whose last name isn't Reynolds, didn't catch the smallest fish.
- The man who caught the 8-pound fish didn't catch the walleye.
- Mr. White didn't catch the 6-pound trout.
- Nate caught the perch.
- The fish were caught in the following order, from smallest to largest: Mr. Hall, Gary Benson, bass, and Calvin.

## TV Dads

Match the father figure character to the TV show he appeared in.

### Fictional Father

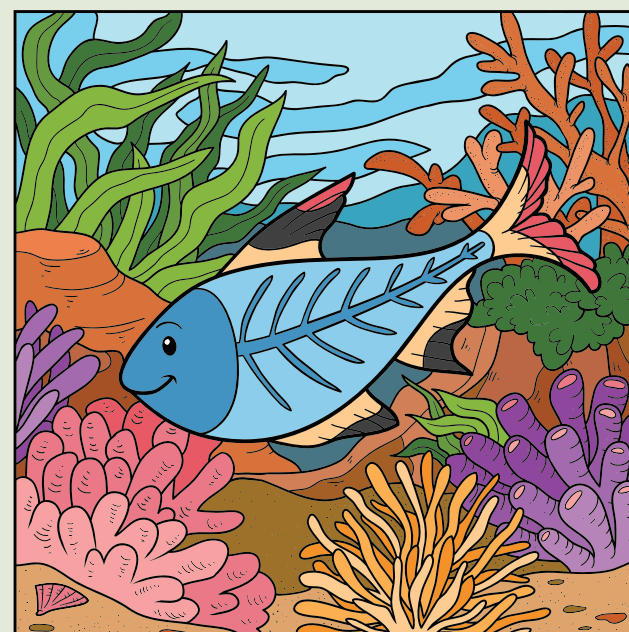
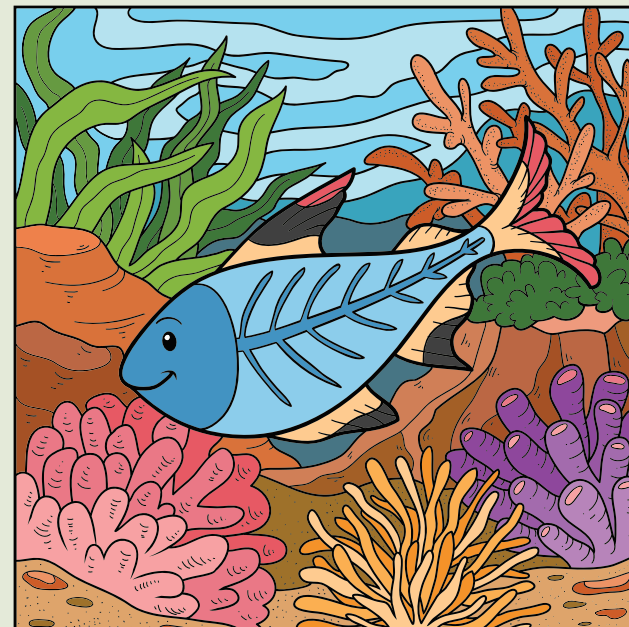
- Tim Taylor
- James Evans Sr.
- Tom Corbett
- Steve Douglas
- Carl Winslow
- Howard Cunningham
- Jim Anderson

### TV Show

- "Father Knows Best"
- "Home Improvement"
- "Good Times"
- "Family Matters"
- "My Three Sons"
- "Happy Days"
- "The Courtship of Eddie's Father"

## Double Take

Fish around and find 10 differences in these two pictures.



## Crossword Puzzle

1	2	3	4	5	6	7	8	9	10	11	12	13
14				15				16				
17				18				19				
20			21					22				
		23				24			25	26	27	
	28	29			30	31	32		33			
34				35		36		37				
38				39				40				
41				42				43				
44			45		46	47						
48			49		50		51					
		52			53	54			55	56	57	
58	59	60			61				62			
63					64				65			
66					67				68			

### ACROSS

- Use a dagger
- Dull sound
- Upper right-hand corner item
- One not to be trusted
- 1967 Montreal event
- Comic strip Viking
- Prefix for nautical or ballistics
- "...had a farm, \_\_\_"
- Pay homage to
- Job holders
- Rolled cube
- Naples three
- 7 Down sponsor, for short
- Ordains
- Befuddles
- Leader assassinated in 1981
- Forest creatures
- German one
- Work units
- A la \_\_\_
- \_\_\_ accompli
- Dill herb
- Laic response
- Food lists
- More to the point
- Learned people
- Grads-to-be: abbr.
- Bulgaria's currency
- Mich.'s neighbor
- Besides
- Informed
- Circus performer
- Church section
- Boatman
- Olympian Korbut
- Lose one's footing
- Beverages
- Classic cars
- Downhill conveyors

### DOWN

- Chunk
- Row
- Bern waterway
- Shows to the public
- Shrimp
- Five dozen old Romans, plus two
- Sports event
- Gist
- Distributed
- Tiny amounts
- In the past
- Ruin the surface of
- Prefix for shrunk or suppose
- Laundrer's concern
- Rub away
- Adaptable
- Brilliant one
- Those who help: abbr.
- Sewer
- Gardeners' machines
- Cheese variety
- Blisters
- Pleaders
- Theater necessities
- Explosive peak
- Gave a hoot
- Educator Horace \_\_\_
- Forefathers
- Musical instruments
- Projecting brim
- Square footage
- Far: pref.
- Fictional villain
- Merry prank
- 57
- Slangy responses
- Band of electrical sparks
- Court
- Hole maker

## Virtual Visits

You can get a free ticket to visit world-famous museums and attractions and use it without leaving the comfort of your chair. A wide range of virtual tours and online exhibits are available at your fingertips. Here are just a few you can explore.

- The Louvre, Paris.  
[Louvre.fr/en/visites-en-ligne](http://Louvre.fr/en/visites-en-ligne)
- National Gallery of Art, Washington, D.C.  
[NGA.gov](http://NGA.gov)
- Smithsonian National Museum of Natural History, Washington, D.C.  
[NaturalHistory.SI.edu](http://NaturalHistory.SI.edu)
- San Diego Zoo, San Diego.  
[Zoo.SanDiegoZoo.org](http://Zoo.SanDiegoZoo.org)
- Monterey Bay Aquarium, Monterey, Calif.  
[MontereyBayAquarium.org/animals/live-cams](http://MontereyBayAquarium.org/animals/live-cams)

## Word Ladders

In each set below, use the clues to change the first word, one letter at a time, to get the last word.

### DAD

- \_\_\_ Took action
- \_\_\_ A cube with dots

### TIE

- \_\_\_ Wide chasm
- \_\_\_ Sea-loving bird
- \_\_\_ Bovine patriarch

### BALL

### FISH

- \_\_\_ A tightly closed hand
- \_\_\_ Tiny water droplets
- \_\_\_ Chewing gum flavor
- \_\_\_ Two cups
- \_\_\_ Sewing accessories

### FINS

# Apartment Scavenger Hunt

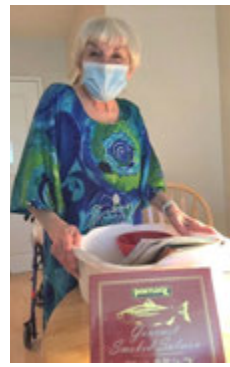
During the first weekend in May, residents were challenged to look around their apartments for a list of random items. The list included items such as: something from the 1920s or older; something made of glass; a sock with a hole in it; something gold; something that floats, etc., for 20 items in all! It was a fun way to give an otherwise hum-drum afternoon a little pizzazz. It was also fun to hear the residents reminisce and tell stories about the items collected in their apartments!



Always a participant!



"I found a sock with a hole in it!"



Louise shares her treasures!

# Fairwinds Ivey Ranch Moments



"Sheriff Nolan" came to Town!



"Donut" worry, be happy!



Staff Delivers Yum Yum Donuts and mimosas to the residents in their PJs!



Tootsie Pop flowers for May Day!



Brightening Marjorie's day!

# April Showers Brought May Flowers!

# Fitness Spotlight – Hydration

Our Fitness Spotlight for June will be on hydration! The adult human body is about 60 percent water and our blood, about 90 percent water. Every time we end doorway exercise, you are encouraged to take deep breaths in your apartment without your mask and to drink a glass of water. It is helpful to know why water is so important and why there is no substitute. The role of water in the body cannot be denied. Here are some important attributes of water:

- Protects your tissues, and cushions spinal cord, brain and joints
- Helps body remove waste
- Aids in digestion
- Contributes to blood volume and helps regulate blood pressure
- Transports minerals and nutrients to the various parts of the body
- Hydrates your cells, organs and tissues
- Helps transport oxygen in the cells
- Helps balance blood sugar
- Helps regulate body temperature
- Boosts performance during exercise
- Assists with weight loss

# Puzzle Solutions

## Brain Bender: What a Catch!

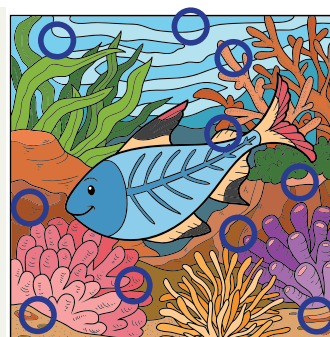
Nate Hall caught the 3-pound perch. Gary Benson caught the 6-pound trout. Stan Reynolds caught the 8-pound bass. Calvin White caught the 10-pound walleye.

## TV Dads

1. B; 2. C; 3. G; 4. E; 5. D; 6. F; 7. A

## Word Ladders

1. dad, did, die, tie; 2. golf, gulf, gull, bull, ball; 3. fish, fist, mist, mint, pint, pins, fins



It's More Than Retirement. It's Five-Star Fun.

4490 Mesa Drive  
Oceanside, CA 92056  
760.439.8090

## Staff

- |   |   |
|---|---|
| <b>General Manager</b><br>Jessica Sommer            | <b>Health and Wellness Coordinator</b><br>Ana Garcia              |
| <b>Guest Services Manager</b><br>Billy Tames        | <b>Bookkeeper</b><br>Robin Sanchez                                |
| <b>Sales Manager</b><br>Paula Richards              | <b>Program Supervisor</b><br>Kathi Keene                          |
| <b>Move-In Coordinator</b><br>Deb Dala              | <b>PrimeFit Instructor</b><br>Lucia Poffinbarger                  |
| <b>Chef</b><br>Ricardo Rea                          | <b>Concierge</b><br>Diane Ackerman                                |
| <b>Bakery-Pastry Cook</b><br>Sue Magners            | <b>Receptionist</b><br>Lulu Faraimo                               |
| <b>Restaurant Manager</b><br>Thomas Fraser          | <b>Drivers</b><br>Donna Peters<br>Keith Wright<br>Lawrence Bungay |
| <b>Restaurant Supervisor</b><br>Debra San Filippo   | <b>Housekeeping Supervisor</b><br>Gaby Garcia                     |
| <b>Health and Wellness Director</b><br>Julie Cottam | <b>Plant Operations Supervisor</b><br>Derek LaBlanc               |
| <b>Health and Wellness Manager</b><br>Martha Grant  |   |

**All transportation postponed until further notice**