

livfun

Fairwinds - Ivey Ranch

AUGUST 2020 · TOP OF THE CLASS

Mickey Turns 100!

Resident Mickey Streeter joined the "Centennial Club" on June 21 with a "socially distant" family celebration on the back patio! Keeping with tradition, she was given a 100th birthday proclamation from the Oceanside



Sirens and bells for Mickey's 100th!



Thank you Oceanside Mayor for making Mickey's day so special!

Mayor, Peter Weiss, along with a visit from the Oceanside Fire Department who stood by to help her blow out the birthday candles! We also had one of the Fairwinds' favorite bands, the Sophisticats, perform. All residents received a mini bottle of Mickey's favorite pink wine, White Zinfandel, along with a birthday cupcake. It was a great day of celebration!



Mickey's family peeks through the window while she blows out her candles!



Mickey is all smiles as she blows out her candles!

Fairwinds Ivey Ranch Moments



Mel's daughters share lunch with him on the patio for Father's Day!

(Photos continued on back.)



Focus Your Thoughts and Renew Your Mind!

The greatest form of knowledge is knowing yourself. Knowing yourself starts with knowing your thoughts. Your mindset is nothing more than a compilation of your thoughts. Your thoughts have incredible power to shape your life and the lives of others, because your thoughts and interpretations of circumstances directly influence your beliefs, and ultimately, your actions. Henry Ford said, "Whether you think you can or think you cannot, you're right." In other words, what you think is what you get. That is why it is critical that you be aware of your thoughts. Read the words below and pay attention to your thoughts while you focus and ponder each word. Does reading them shift your mood or attitude?

- T** – thankful
- H** – helpful
- O** – optimistic
- U** – unique
- G** – grateful
- H** – honorable
- T** – trust
- S** – steady

A Message From Leisure Care

As you know, due to the continuing situation brought on by COVID-19, we have modified our schedule of activities in order to keep our residents and staff safe and healthy. Instead of the monthly calendar, we are using this space to provide additional activities you can do at your leisure. Again, we thank you for your support and cooperation as we settle into new routines.

For updates, visit www.leisurecare.com/communication-plan. Please contact your management team if you have any questions.

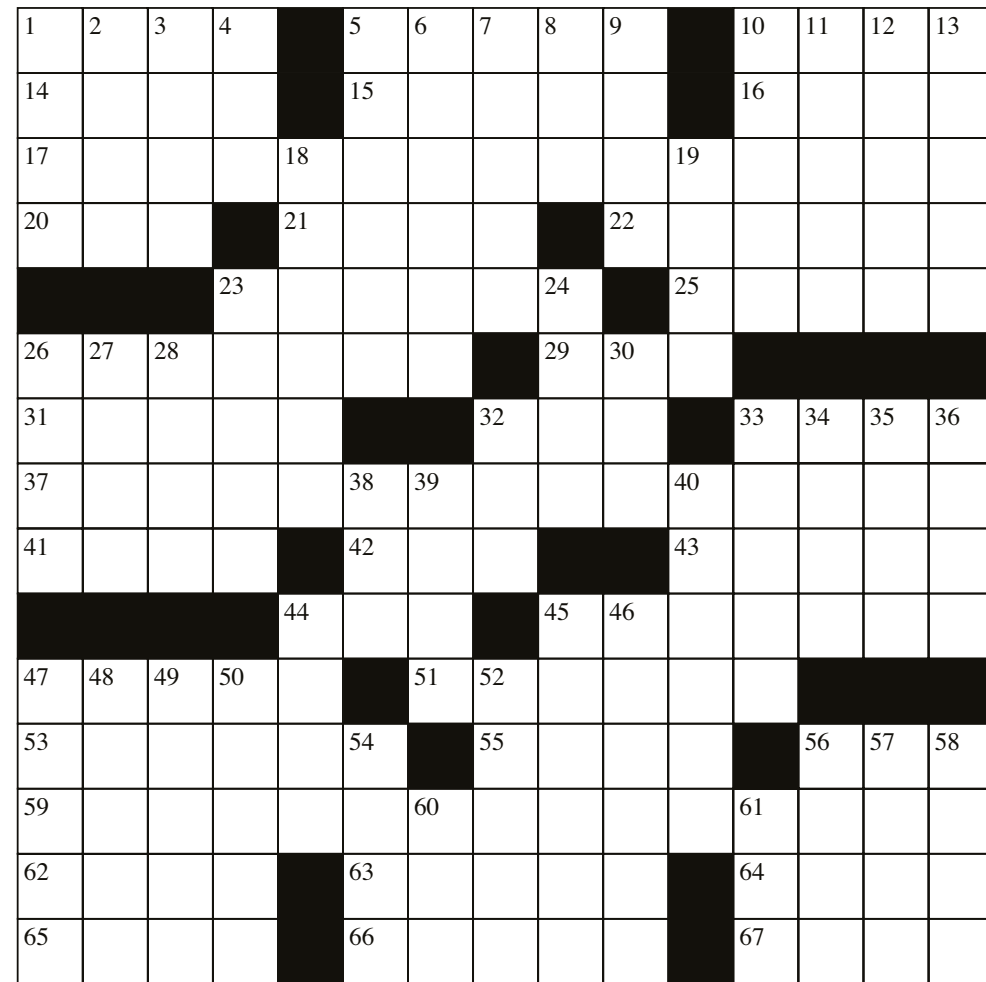
Brain Bender: At the Beach

Leo, Sabrina and Vicky went to the beach. Each of them saw a sea creature—starfish, crab and jellyfish—and enjoyed a treat from the concession stand—ice cream, snow cone and hot dog. They also met new friends by joining in an activity—Frisbee, volleyball and flying a kite.

Using the clues, can you figure out how each person spent the day?

- Sabrina did not play volleyball, see a crab, or eat a snow cone.
- The person who flew a kite also saw a jellyfish.
- Leo did not fly a kite, but he did eat a hot dog.
- Vicky either saw a jellyfish or ate ice cream.

Crossword Puzzle



ACROSS

- | | |
|---|---|
| 1. Airport-to-hotel transports | 4. Seated bath |
| 5. Wash | 5. Attack with gunfire |
| 10. Incline | 6. Boxes |
| 14. Make ___: sit | 7. Flush type |
| 15. Misshapen folklore man | 8. Univ. of Louisiana at Lafayette, for short |
| 16. Hip sections | 9. ___ cheese dressing |
| 17. Welterweight champ, once | 10. Hair solution |
| 20. Morns, for short | 11. Like a bird |
| 21. "I'm so hungry, I could ___ horse!" | 12. Muddy spots |
| 22. Northern part of Ireland | 13. Man of the cloth |
| 23. In a risk-free manner | 18. Hole-enlarging tool |
| 25. Waterbirds | 19. Olympian Korbust |
| 26. Job applicant papers | 23. Enjoys a water sport |
| 29. Tumor's suffix | 24. Name for a cartoon bear |
| 31. Love, in Livorno | 26. Scrape |
| 32. Representative: abbr. | 27. Muslim leader |
| 33. Word with horn or drum | 28. Teed off |
| 37. First Englishman to sail around the world | 30. Rainier & McKinley: abbr. |
| 41. Elected official: abbr. | 32. ___ up: misbehave |
| 42. Kennel boarder | 33. British machine guns |
| 43. Eagle's home | 34. River in Switzerland |
| 44. "___ got the whole world in His..." | 35. Short theatrical sketch |
| 45. Items for baby | 36. Uses one of the senses |
| 47. Dwelling | 38. Gorilla |
| 51. i.e. | 39. Fit snugly together |
| 53. Warp | 40. Breakfast request |
| 55. Years in Mexico | 44. Thyme or basil |
| 56. Prefix for center or gram | 45. Musical instruments |
| 59. Pat Nixon's predecessor | 46. Peter ___ |
| 62. Late coming back? | 47. Philosopher/educator Mortimer |
| 63. Foot support | 48. Blessed: Lat. |
| 64. Dill herb | 49. See the light ___; come into existence |
| 65. Comedienne Martha | 50. Author whose monogram was ACD |
| 66. Grammar book chapter | 52. Wore |
| 67. Rule out | 54. Water vapor |
- ### DOWN
- | | |
|------------------------------|-----------------------------|
| 1. Hombre's home | 58. One ___ one is one |
| 2. Former student, for short | 60. Traveler's way: abbr. |
| 3. Works in a market | 61. Of a branch of the mil. |

Paws-itively Famous

Match the famous canine character to their movie role.

Dog Character

- Copper
- Fly
- Pongo
- Old Dan
- Buck
- Slinky
- Petey
- Dug

Movie

- "Up"
- "The Call of the Wild"
- "Toy Story"
- "The Little Rascals"
- "The Fox and the Hound"
- "Babe"
- "Where the Red Fern Grows"
- "101 Dalmatians"

Tongue-Tied

Try these tongue-twisting combinations without getting tripped up!

- She sees cheese.
- He threw three free throws.
- How can a clam cram in a clean cream can?
- Imagine an imaginary menagerie manager managing an imaginary menagerie.
- Thirty-three thirsty, thundering thoroughbreds thumped Mr. Thurber on Thursday.
- If you must cross a coarse cross cow across a crowded cow crossing, cross the cross coarse cow across the crowded cow crossing carefully.
- Researchers say this phrase is the world's most difficult tongue twister: Pad kid poured curd pulled cord.

Word Challenge

Create three different words using the letters A, E, I, M, N and R. You must use all the letters for each word.

Sudoku

The object of the game is to fill all the blank squares with the correct numbers.

- Each row of 9 numbers must include all digits 1 through 9 in any order.
- Each column of 9 numbers must include all digits 1 through 9 in any order.
- Each 3 by 3 subsection of the 9 by 9 square must include all digits 1 through 9.

3				6		2	8	
		4				5		
6	1							3
9		3						
	8		7		5		6	
						9		2
5				7			4	1
		9				7		
	3	6		4				9

Just for Laughs

Q: How do you fix a broken tomato?

A: With tomato paste!

Puzzle Solutions

Brain Bender: At the Beach

Leo saw a crab, ate a hot dog, and played volleyball. Sabrina saw a starfish, ate ice cream, and played Frisbee. Vicky saw a jellyfish, ate a snow cone, and flew a kite.

Paws-Itively Famous

1. E; 2. F; 3. H; 4. G; 5. B; 6. C; 7. D; 8. A

Word Challenge

airmen, marine, remain



Fairwinds Ivey Ranch Moments (Continued)



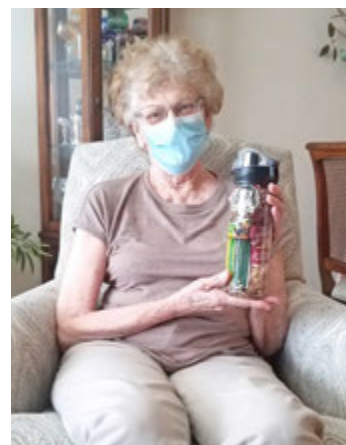
Jean is awarded a water bottle filled with healthy snacks for taking on the "Healthy Mind and Body Challenge!"



Norma receives a letter from her pen pal!



Lydia Bueno is showered with orchids for her birthday!



Evelyn is awarded with a participation prize for her commitment to the hall exercise each week! Way to go!

Fourth of July Memories

Using toilet paper rolls, pom pom balls and a bit of imagination, residents created flags and their own version of a night's sky of sparkling fireworks! In addition, they each made a patriotic flower using different designs of scrapbooking paper cut into circles. It was a fun way to celebrate the Fourth, done outside their apartments in the hallway.



Mickey shows off her patriotic flower!



Julia and Mildred wave their Fourth of July flowers!



Mary is busy creating her Fourth of July masterpiece!



Jann receives her Fourth of July in a Jar!



Using her art skills, Jane added additional touches to her flag to make it look weathered.

August Birthdays

Pam Graven, 1st

Alfonso Perez Soriano, 2nd (Employee)

Joan McCall, 2nd

Mary Ann Kennedy, 3rd

Marilyn Garber, 6th

Marlene Phillipi, 6th
Milton Boe, 6th

Isaac Arellano, 8th (Employee)

Elaine Weiler, 10th

Lucia Poffinbarger, 12th (Employee)

Carol Berg, 13th

Rusty Waldman, 14th

Bob Vanderhagen, 20th
Shirley Brown, 21st

Kathryn Mullaney, 21st

Jeannette Shields, 22nd

Gloria Fry, 31st



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Staff

General Manager
Jessica Sommer

Guest Services Manager
Billy Tames

Sales Manager
Paula Richards

Move-In Coordinator
Deb Dala

Chef
Ricardo Rea

Bakery-Pastry Cook
Sue Magners

Restaurant Manager
Thomas Fraser

Restaurant Supervisor
Debra San Filippo

Health and Wellness Manager
Martha Grant

Health and Wellness Coordinator
Ana Garcia

Bookkeeper
Robin Sanchez

Program Supervisor
Kathi Keene

PrimeFit Instructor
Lucia Poffinbarger

Concierge
Diane Ackerman

Receptionist
Lulu Faraimo

Drivers
Donna Peters
Keith Wright
Lawrence Bungay

Housekeeping Supervisor
Gaby Garcia