

liv fun

Fairwinds - Sand Creek

MARCH 2020 · MARCH MADNESS

February Fitness Frenzy

Our February Fitness Frenzy Kickoff was a hit! We spent the month getting fit for philanthropy! We spent time walking, biking, dancing and exercising our way from our Home Office in Seattle, Wash., to our most Southeast Community, The Landing of Lake Worth in Lake Worth, Fla. By accumulating our time in the exercise zone, we inched our way across the United States for charity.

The One Eighty Foundation Mission is to provide grants to non-profit organizations that immediately impact the lives of children and families in our local communities.

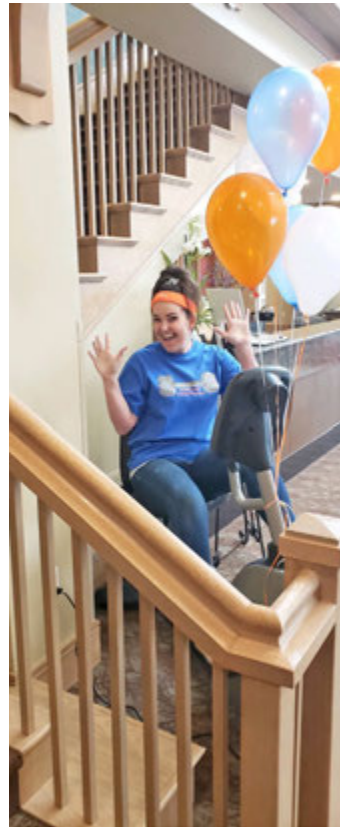
We are excited to be a part of this worthwhile cause every February.



The Kickoff Team!



From Seattle



Biking our way there



Exercise ready!



(Pictures continued on back.)



Best of 2020 Awards

We are thrilled to be chosen as one of three Idaho Communities and the only Eastern Idaho Community, as the Best of 2020 through SeniorAdvisor.com, as rated by families.

In it's 7th year, the SeniorAdvisor.com Best of 2020 Awards recognizes senior living and home care providers who receive consistently high ratings and positive reviews from their residents, families and visitors. This exclusive designation is awarded to the top one percent of providers in the United States and Canada. Thank you to our residents, families and visitors for your kind reviews.



SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<p>9:30 Church of Jesus Christ Sunday School, CA</p> <p>10:30 Church of Jesus Christ Sacrament Meeting, CA</p> <p>1:00 Billiards, B</p> <p>2:00 Protestant Services, CA</p> <p>2:30 Movie & Popcorn, TR</p> <p>3:00 Hand & Foot Cards, FL</p> <p>5:15 Pinochle, FL</p> <p>6:00 Popcorn & a Movie, TR</p>	<p>9:00 Bingo, CA</p> <p>10:00 Wii Bowling</p> <p>12:30 DUP Meeting, TR</p> <p>1:00 Billiards, B</p> <p>1:30 Adult Coloring, FL</p> <p>2:00 Yogachi Exercises, CA</p> <p>3:00 Ice Cream Social, CA</p> <p>6:30 Family Home Evening, CA</p>	<p>9:45 Wii Bowling, CA</p> <p>10:00 Catholic Communion, TR</p> <p>10:30 Games of Your Choice, FL</p> <p>1:00 Billiards, B</p> <p>1:30 Happy Hookers Crochet, Embroidery & Knitting Club, FL</p> <p>2:30 Noodle Ball, CA</p> <p>3:30 Movie & Popcorn</p>	<p>9:00 Bingo, CA</p> <p>10:00 Wii Bowling, CA</p> <p>1:00 Billiards, B</p> <p>1:00 Women's Christian Bible Study with Virginia Berg</p> <p>1:30 Adult Coloring, FL</p> <p>2:00 An Hour at the Horse Races, CA</p> <p>3:15 Putters' Club Contest, CA</p> <p>6:30 Movie & Popcorn, TR</p> <p>6:30 Pinochle, FL</p>	<p>10:00 Bunco, FL</p> <p>11:30 Book & Salad Club, CA</p> <p>1:00 Billiards, B</p> <p>1:30 Happy Hookers Crochet, Embroidery & Knitting Club, FL</p> <p>2:00 Yogachi Exercise, CA</p> <p>3:00 Hand & Foot or Dominoes, FL</p> <p>3:30 Women's Christian Bible Study with Maggie, TR</p> <p>7:00 Poker, FL</p>	<p>NATIONAL EMPLOYEE APPRECIATION DAY</p> <p>9:00 Bingo, CA</p> <p>10:15 Scenic Drive, OOB</p> <p>10:30 Shuffleboard, B</p> <p>1:00 Billiards, B</p> <p>1:30 Adult Coloring, FL</p> <p>3:00 Fireside Social, FL</p> <p>6:00 Popcorn & a Movie, TR</p>	<p>9:00 Bingo, CA</p> <p>10:15 Putters' Club Contest, CA</p> <p>11:00 Shuffleboard, B</p> <p>1:00 Billiards, B</p> <p>2:00 Popcorn & Movie, TR</p> <p>2:00 Horse Races, CA</p> <p>6:00 Popcorn & a Movie, TR</p>
<p>DAYLIGHT SAVING TIME BEGINS 8</p> <p>DAYLIGHT SAVING TIME (SPRING AHEAD)</p> <p>9:30 Church of Jesus Christ Priesthood Meeting/Relief Society, TR</p> <p>10:30 Church of Jesus Christ Sacrament Meeting, CA</p> <p>1:00 Billiards, B</p> <p>2:00 Protestant Services, CA</p> <p>2:30 Movie & Popcorn, TR</p> <p>3:00 Hand & Foot Cards, FL</p> <p>5:15 Pinochle, FL</p> <p>6:00 Popcorn & a Movie, TR</p>	<p>NATIONAL MEATBALL DAY 9</p> <p>9:00 Bingo, CA</p> <p>10:00 Wii Bowling</p> <p>10:00 Catholic Mass with Father Hippo, TR</p> <p>11:30 Juliet Luncheon Garcia's, OOB</p> <p>1:00 Billiards, B</p> <p>1:30 Adult Coloring, FL</p> <p>2:00 Yogachi Exercises, CA</p> <p>3:00 Ice Cream Social, CA</p> <p>6:30 Family Home Evening, CA</p>	<p>9:45 Wii Bowling, CA</p> <p>10:00 Catholic Communion, TR</p> <p>10:00 Painting with Cathryn Pankau, CA</p> <p>10:30 Games of Your Choice, FL</p> <p>1:00 Billiards, B</p> <p>1:30 Happy Hookers Crochet, Embroidery & Knitting Club, FL</p> <p>2:00 Hearing Specialist, TR</p> <p>2:30 Noodle Ball, CA</p> <p>3:00 Resident Council Meeting, CA</p> <p>3:30 Movie & Popcorn</p>	<p>9:00 Bingo, CA</p> <p>10:00 Wii Bowling, CA</p> <p>1:00 Billiards, B</p> <p>1:00 Women's Christian Bible Study with Virginia Berg</p> <p>1:30 Adult Coloring, FL</p> <p>2:00 An Hour at the Horse Races, CA</p> <p>3:15 Putters' Club Contest, CA</p> <p>6:30 Movie & Popcorn, TR</p> <p>6:30 Pinochle, FL</p>	<p>10:00 Bunco, FL</p> <p>11:30 Book & Salad Club, CA</p> <p>1:00 Billiards, B</p> <p>1:30 Happy Hookers Crochet, Embroidery & Knitting Club, FL</p> <p>2:00 Yogachi Exercise, CA</p> <p>3:00 Hand & Foot or Dominoes, FL</p> <p>3:30 Women's Christian Bible Study with Maggie, TR</p> <p>4:30 Candlelight Dinner with Lyle Albertson, FD</p> <p>7:00 Poker, FL</p>	<p>9:00 Bingo, CA</p> <p>10:15 Scenic Drive, OOB</p> <p>10:30 Shuffleboard, B</p> <p>1:00 Billiards, B</p> <p>1:30 Adult Coloring, FL</p> <p>3:00 Fireside Social, FL</p> <p>6:00 Popcorn & a Movie, TR</p>	<p>9:00 Bingo, CA</p> <p>10:15 Putters' Club Contest, CA</p> <p>11:00 Shuffleboard, B</p> <p>1:00 Billiards, B</p> <p>2:00 How It's Made with Pastry Chef Christa, FL</p> <p>2:00 Popcorn & Movie, TR</p> <p>2:30 Cards of Your Choice, FL</p> <p>3:00 The Lone Rascal Singer</p> <p>6:00 Popcorn & a Movie, TR</p> <p>6:45 Idaho Falls Symphony, OOB</p>
<p>9:30 Church of Jesus Christ Sunday School, CA</p> <p>10:30 Church of Jesus Christ Sacrament Meeting, CA</p> <p>1:00 Billiards, B</p> <p>2:00 Protestant Services, CA</p> <p>2:30 Movie & Popcorn, TR</p> <p>3:00 Hand & Foot Cards, FL</p> <p>5:15 Pinochle, FL</p> <p>6:00 Popcorn & a Movie, TR</p>	<p>9:00 Bingo, CA</p> <p>10:00 Wii Bowling</p> <p>12:00 Welcome New Resident Luncheon</p> <p>1:00 Billiards, B</p> <p>1:30 Adult Coloring, FL</p> <p>2:00 Yogachi Exercises, CA</p> <p>3:00 Ice Cream Social, CA</p> <p>7:00 Old-Time Fiddlers, CA</p>	<p>ST. PATRICK'S DAY</p> <p>DRESS UP IN GREEN DAY</p> <p>9:45 Wii Bowling, CA</p> <p>10:00 Catholic Communion, TR</p> <p>10:00 Painting with Cathryn Pankau, CA</p> <p>10:30 Games of Your Choice, FL</p> <p>1:00 Billiards, B</p> <p>1:30 Happy Hookers Crochet, Embroidery & Knitting Club, FL</p> <p>2:30 Noodle Ball, CA</p> <p>3:30 Movie & Popcorn</p>	<p>9:00 Bingo, CA</p> <p>10:00 Wii Bowling, CA</p> <p>1:00 Billiards, B</p> <p>1:00 Women's Christian Bible Study with Virginia Berg</p> <p>1:30 Adult Coloring, FL</p> <p>2:00 An Hour at the Horse Races, CA</p> <p>3:15 Putters' Club Contest, CA</p> <p>6:30 Movie & Popcorn, TR</p> <p>6:30 Pinochle, FL</p>	<p>SPRING BEGINS</p> <p>10:00 Bunco, FL</p> <p>11:30 Book & Salad Club, CA</p> <p>1:00 Billiards, B</p> <p>1:30 Happy Hookers Crochet, Embroidery & Knitting Club, FL</p> <p>2:00 Yogachi Exercise, CA</p> <p>3:00 Pinochle with Potter, FL</p> <p>3:30 Women's Christian Bible Study with Maggie, TR</p> <p>7:00 Poker, FL</p>	<p>9:00 Bingo, CA</p> <p>10:15 Scenic Drive, OOB</p> <p>10:30 Shuffleboard, B</p> <p>1:00 Billiards, B</p> <p>1:00 Paparazzi Jewelry Sale 1-3pm, BI</p> <p>1:30 Adult Coloring, FL</p> <p>3:00 Fireside Social, FL</p> <p>6:00 Popcorn & a Movie, TR</p>	<p>9:00 Bingo, CA</p> <p>10:15 Putters' Club Contest, CA</p> <p>11:00 Shuffleboard, B</p> <p>1:00 Billiards, B</p> <p>2:00 Popcorn & Movie, TR</p> <p>2:00 Horse Races, CA</p> <p>6:00 Popcorn & a Movie, TR</p>
<p>9:30 Church of Jesus Christ Priesthood Meeting/Relief Society, TR</p> <p>10:30 Church of Jesus Christ Sacrament Meeting, CA</p> <p>1:00 Billiards, B</p> <p>2:00 Protestant Services, CA</p> <p>2:30 Movie & Popcorn, TR</p> <p>3:00 Hand & Foot Cards, FL</p> <p>5:15 Pinochle, FL</p> <p>6:00 Popcorn & a Movie, TR</p>	<p>9:00 Bingo, CA</p> <p>10:00 Wii Bowling</p> <p>1:00 Billiards, B</p> <p>1:30 Adult Coloring, FL</p> <p>2:00 Yogachi Exercises, CA</p> <p>3:00 Ice Cream Social, CA</p> <p>6:30 Family Home Evening, CA</p>	<p>9:45 Wii Bowling, CA</p> <p>10:00 Catholic Communion, TR</p> <p>10:00 Idaho Falls Zoo with Penguin & Other Animals, CA</p> <p>10:30 Games of Your Choice, FL</p> <p>1:00 Billiards, B</p> <p>1:30 Happy Hookers Crochet, Embroidery & Knitting Club, FL</p> <p>2:30 Noodle Ball, CA</p> <p>3:30 Movie & Popcorn</p>	<p>9:00 Bingo, CA</p> <p>10:00 Wii Bowling, CA</p> <p>1:00 Billiards, B</p> <p>1:00 Women's Christian Bible Study with Virginia Berg</p> <p>1:30 Adult Coloring, FL</p> <p>2:00 An Hour at the Horse Races, CA</p> <p>3:15 Putters' Club Contest, CA</p> <p>6:30 Movie & Popcorn, TR</p> <p>6:30 Pinochle, FL</p>	<p>10:00 Bunco, FL</p> <p>11:30 Book & Salad Club, CA</p> <p>1:00 Billiards, B</p> <p>1:30 Happy Hookers Crochet, Embroidery & Knitting Club, FL</p> <p>2:00 Yogachi Exercise, CA</p> <p>3:00 Hand & Foot or Dominoes, FL</p> <p>3:30 Women's Christian Bible Study with Maggie, TR</p> <p>5:00 February Residents Birthday Dinner Party, CA</p> <p>7:00 Poker, FL</p>	<p>9:00 Bingo, CA</p> <p>10:15 Scenic Drive, OOB</p> <p>10:30 Shuffleboard, B</p> <p>1:00 Billiards, B</p> <p>1:30 Adult Coloring, FL</p> <p>3:00 Fireside Social, FL</p> <p>3:00 Drinks with Don Fireside Social, FL</p> <p>6:00 Popcorn & a Movie, TR</p>	<p>9:00 Bingo, CA</p> <p>10:15 Putters' Club Contest, CA</p> <p>11:00 Shuffleboard, B</p> <p>1:00 Billiards, B</p> <p>2:00 Leslie's Jewelry Sale, BI</p> <p>2:00 Food Feedback Meeting, CA</p> <p>2:00 Popcorn & Movie, TR</p> <p>2:30 Cards of Your Choice, FL</p> <p>3:00 Music From Somewhere Lost in Time, CA</p> <p>6:00 Popcorn & a Movie, TR</p>
<p>10:30 Church of Jesus Christ Sacrament Meeting, CA</p> <p>1:00 Billiards, B</p> <p>2:00 Protestant Services, CA</p> <p>2:30 Movie & Popcorn, TR</p> <p>3:00 Hand & Foot Cards, FL</p> <p>5:15 Pinochle, FL</p> <p>6:00 Popcorn & a Movie, TR</p>	<p>National Virtual Vacation Day</p> <p>9:00 Bingo, CA</p> <p>10:00 Wii Bowling</p> <p>1:00 Billiards, B</p> <p>1:30 Adult Coloring, FL</p> <p>2:00 Yogachi Exercises, CA</p> <p>2:00 Virtual Tour of Countries 2-4pm</p> <p>3:00 Ice Cream Social, CA</p>	<p>9:45 Wii Bowling, CA</p> <p>10:00 Catholic Communion, TR</p> <p>10:30 Games of Your Choice, FL</p> <p>1:00 Billiards, B</p> <p>1:00 Ceramics at Possibly Picasso, OOB</p> <p>1:30 Happy Hookers Crochet, Embroidery & Knitting Club, FL</p> <p>2:30 Noodle Ball, CA</p> <p>3:30 Movie & Popcorn</p>	<p>Birthdays</p> <p>Steven Fisher, 1st (Employee)</p> <p>LeVaun Mickelsen, 3rd</p> <p>Marvetta Soderquist, 4th</p> <p>Nadine Warner, 5th</p> <p>Kyrstie Mecham, 5th (Employee)</p> <p>Farice Thompson, 8th</p> <p>Kaitlyn Harper, 11th (Employee)</p> <p>Dayna Staples, 12th</p> <p>Dennis Michaelson, 13th</p> <p>Tally Petersen, 17th</p> <p>Kelsey Wilding, 20th (Employee)</p> <p>Stuart Carpenter, 22nd</p> <p>Shirley Peterson, 22nd</p> <p>Jody Anderson, 24th</p> <p>June Bills, 24th</p> <p>Mildred Young, 28th</p> <p>Jordyn John, 28th (Employee)</p>	<p>Anniversary</p> <p>Elmer & Vicki Raduechel, 3/25/2018</p> <p>Locations</p> <p>Balcony, B</p> <p>Bistro, BI</p> <p>Brain Aerobics Room, BA</p> <p>Creekside Activity Room, CA</p> <p>Dining Room Patio, DP</p> <p>Fireside Dining Room, FD</p> <p>Fireside Living Room, FL</p> <p>Lobby, L</p> <p>Out-of-Building, OOB</p> <p>PrimeFit Gym, PR</p> <p>Side Lawn, SL</p> <p>Theatre Room, TR</p>	<p>Transportation</p> <p>Monday, 10 a.m.: Banking</p> <p>Monday, 2 p.m.: Winco/Smiths/Family Dollar</p> <p>Tuesday, 10 a.m.: Walk & Shop The Mall/Broulims</p> <p>Tuesday, 2 p.m.: Walmart/Albertsons</p> <p>Wednesday, 12:15 p.m.: LDS Temple/Library/Humanitarian Center</p>	

February Fitness Frenzy (Continued)



3310 Valencia Drive
Idaho Falls, ID 83404
208.542.6200

Staff

General Manager
Jon Potter

Guest Services Manager
Machelle Bergeman

Sales Advisors
Don Williams
Katie Bicandi

Executive Chef
Jorge Mendoza

Sous Chef
T.J. Bruderer

Health and Wellness Director
Kathy Babb, RN

Health and Wellness Assistant Director
Diana Remsburg, LPN

Office Manager
Debbie Henscheid

Administrative Assistant
Carmen Ramos

Program Supervisor
Renell Hunter

Driver
Alex Place

Housekeeping Supervisor
Melanie Sherry

Plant Operations Supervisor
John Scafe



Yogachi by Mark Osadchey



Pound Class with Banesa



Ballroom Dancing with Samantha Luthy



Volunteer partner,
Elmer Raduechel



Ina Snell

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"someday"
today.

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For more information,
or to book your getaway, contact:
Carol Dennis at 1-888-468-2010



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