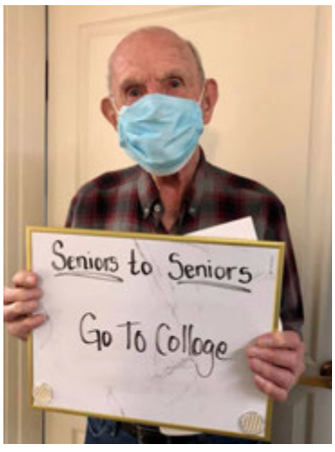
livfun

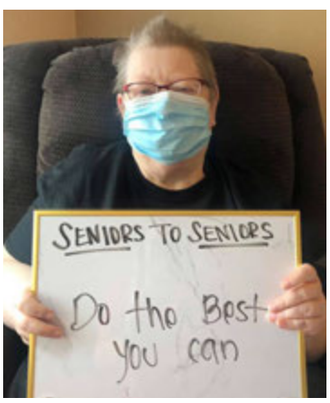
Fairwinds – Spokane

JULY 2020 • STARS, STRIPES, SMILES

Seniors to Seniors

We have some really good advice to give to the graduating class of 2020! Congratulations on all of your outstanding achievements. We wish you all the best in your future endeavors! Fairwinds Spokane loves its seniors!





July Birthdays

Terri Harrison, 1st (Employee)

Joan Fairchild, 4th

Patty Bender, 5th (Employee)

Robert Adolfson, 11th

Meghan Cummings, 11th (Employee)

Mabel Horrocks, 18th

Joyce Scoll, 20th

Dave Hicks, 20th

Bill Akers, 22nd

Jennifer Neeley, 22nd (Employee)

Avdo Meric, 24th (Employee)

Don Foster, 25th

Mary Grace Praxedes, 27th (Employee)

Shirley LaComte, 30th

Roberta Bryan, 31st (Employee)

Francene Bennett, 31st

A Message From Leisure Care

While managing the changes brought on by the coronavirus, we continue to adjust our daily routines to keep our residents and staff happy and healthy. Thank you for doing your part in making a positive difference. As you know, we are following ongoing social distancing directives, based on guidelines from state and local jurisdictions as well as the Centers for Disease Control and Prevention. Due to our modified schedule of activities, we are using this space to provide you with additional activities.

For updates, visit www.leisurecare.com/communication-plan. Please contact your management team if you have any questions.

Patriotic Pillow Craft

Make a festive throw pillow in just a few minutes!

Materials:

- 1 red 20-inch bandana
- 1 blue 20-inch bandana
- 18-inch pillow insert
- Four rubber bands
- Scissors
- Red, white or blue ribbon

Directions:

Spread out one bandana and lay the pillow insert on top of it. Place the second bandana on top of the pillow. Use the rubber bands to bind the bandanas together at each of the four corners so that the pillow is secure inside the cover. Cut four pieces of ribbon several inches long and tie bows around the corners to hide the rubber bands.

Logic Problem: And the Winner Is ...

Five people ran a footrace: Mitch, Kyle, Joy, Leslie and Gwen. Based on the following clues, can you figure out what order the runners finished?

- Mitch was neither first nor last.
- Joy beat Mitch, and Mitch beat Gwen.
- Kyle was neither first nor last.
- Kyle beat Leslie, and Gwen beat Kyle.

Secret Superheroes

Match these superheroes to their alter egos.

Superhero	Name
1. Captain America	A. Britt Reid
2. Superman	B. Diana Prince
3. Wonder Woman	C. Steve Rogers
4. The Green Hornet	D. Clark Kent
5. Daredevil	E. Linda Danvers
6. Supergirl	F. Matt Murdock

Sudoku

The object of the game is to fill all the blank squares with the correct numbers.

- Each row of 9 numbers must include all digits 1 through 9 in any order
- Each column of 9 numbers must include all digits 1 through 9 in any order.
- Each 3 by 3 subsection of the 9 by 9 square must include all digits 1 through 9.

9		1			7			3
		4	2		5		6	
6				1				
8				6		5		4
	4						7	
1		6		9				8
				3				5
			9		6	3		
4			8			7		9

Sundae Edition

Q: Why did the news reporter go to the ice cream parlor?

A: She wanted to get the scoop!

THE 50 STATES

Words go left, right, up, down, not diagonally, and can bend at a right angle. Every letter is used only once.

A	I	N															V	I	R
R	M	N															A	N	G
I	Z	E	S	O	T	A	H	A	W	N	E	W	M	O	T	F	K	E	I
N	O	C	O	N	N	E	C	I	A	O	R	E	E	C	E	L	S	B	N
O	N	T	T	U	C	I	T	D	I	N	O	G	X	I	N	O	A	R	I
R	A	E	X	A	S	O	H	A	I	E	E	S	S	E	N	R	A	G	A
T	N	A	O	K	L	A	C	O	L	O	N	C	S	I	W	I	D	E	A
H	E	D	A	M	O	H	O	D	A	R	E	O	N	S	I	N	L	O	I
C	V	A	N	E	W	H	A	E	I	Y	W	O	H	A	N	A	O	R	G
A	R	O	L	I	N	A	M	R	N	O	R	K	I	I	S	I	U	M	I
P	E	N	N	S	Y	L	P	I	D	N	A	M	O	F	I	L	A	C	S
Y	W	A	I	N	A	V	S	H	I	A	I	A	T	O	R	N	I	A	S
O	M	I	N	G	S	I	P	P	I	E	N	V	N	S	N	I	R	U	O
M	I	S	S	I	S	N	M	N	M	D	A	E	O	O	O	A	H	I	M
S	A	S	N	A	K	E	I	A	A	N	N	R	M	U	R	T	A	O	O
M	Y	K	R	E	J	W	C	G	R	A	I	L	O	T	T	O	T	W	N
A	K	E	S	R	R	A	H	I	Y	L	A	A	R	H	H	K	U	A	T
S	C	N	E	H	K	A	N	S	A	S	L	K	A	C	D	A	A	N	A
S	U	T	Y	O	D	E	D	E	L	A	A	S	I	L	L	I	N	O	A
A	N	G	T	O	N	I	E	R	A	W	A	W	E	S	T	V	I	I	T
C	I	H	S	A	W	S	L	A	N	D	L	A	I	N	I	G	R	S	O
H	U	S	E	T	T	S	A	M	A	B	A	S	O	U	T	H	D	A	K

ALABAMA
ALASKA
ARIZONA
ARKANSAS
CALIFORNIA
COLORADO
CONNECTICUT
DELAWARE
FLORIDA
GEORGIA
HAWAII
IDAHO
ILLINOIS
INDIANA
IOWA
KANSAS
KENTUCKY
LOUISIANA
MAINE
MARYLAND
MASSACHUSETTS
MICHIGAN
MINNESOTA
MISSISSIPPI
MISSOURI
MONTANA
NEBRASKA
NEVADA
NEW HAMPSHIRE
NEW JERSEY
NEW MEXICO
NEW YORK
NORTH CAROLINA
NORTH DAKOTA
OHIO
OKLAHOMA
OREGON
PENNSYLVANIA
RHODE ISLAND
SOUTH CAROLINA
SOUTH DAKOTA
TENNESSEE
TEXAS
UTAH
VERMONT
VIRGINIA
WASHINGTON
WEST VIRGINIA
WISCONSIN
WYOMING

Puzzle Solutions

Logic Problem: And the Winner Is ...

1st: Joy; 2nd: Mitch; 3rd: Gwen; 4th: Kyle; 5th: Leslie

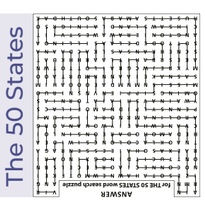
Secret Superheroes

1. C; 2. D; 3. B; 4. A; 5. F; 6. E

Sudoku

9	2	1	6	4	7	8	5	3
7	3	4	2	8	5	9	6	1
6	8	5	3	1	9	4	2	7
8	7	2	1	6	3	5	9	4
3	4	9	5	2	8	1	7	6
1	5	6	7	9	4	2	3	8
2	9	7	4	3	1	6	8	5
5	1	8	9	7	6	3	4	2
4	6	3	8	5	2	7	1	9

The 50 States



Seniors and Seniors

Residents here at Fairwinds Spokane dug out their senior photos to share with our graduating seniors of 2020!

FAIRWINDS SPOKANE

It's More Than Retirement. It's Five-Star Fun.

520 East Holland Avenue
Spokane, WA 99218
509-468-1000

Tru Colorz Salon
Phone Number: 570-4783

Activity Hotline
Phone Number: 465-0132

Staff

General Manager
Jamie Bravato

Guest Services Manager
Merisa Hadziomerovic

Sales Manager
Christa Clarke

Sales Advisors
Patricia Bender
Brent Kaufman

Chef
Bret Norton

Restaurant Supervisor
Amy Tanner

Health and Wellness Director
Laura Parker

Bookkeeper
Kaity Savage

Program Supervisor
Jennifer Neeley

PrimeFit Instructor
Jeff Thaxton

Plant Operations
Jesse Korb