

livfun

Mackenzie Place - Colorado Springs

MARCH 2020 · MARCH MADNESS



Photo Gallery



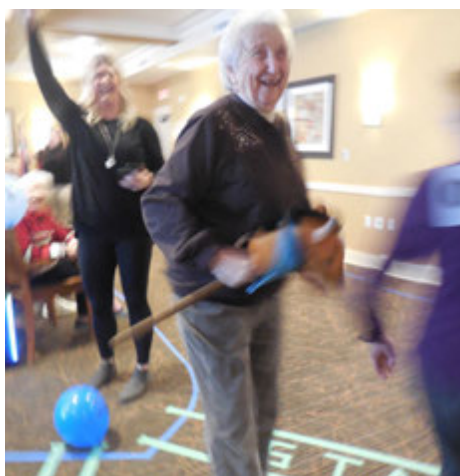
Mary Leinweber and Pony



Roaring '20s fun!



Nancy Longacre and friends!



Terry Wittry, Horse Race Champion



The Great MacKenzie!

Meatless Monday

You may have heard of Meatless Monday, a global movement to go meat-free one day a week for health and environmental reasons. What you may not know is that the campaign actually originated during World War I.

Soon after America entered the war, the U.S. Food Administration was created to manage the nation's food supply. Headed by future president Herbert Hoover, the department adopted the slogan "Food Will Win the War," and asked people to cut back on their consumption of meat, wheat, sugar and fats. These staples were needed to feed American soldiers as well as war-ravaged Allies.

More than 11 million families signed a pledge to participate in Meatless Tuesdays and Wheatless Mondays and Wednesdays. Restaurants and hotels also took part. Home economists traveled the country to provide recipes and tips for preparing meals using substitute ingredients. Fish, beans and nuts replaced meat, while rye and corn flour were used instead of wheat flour in baked goods. Fruits and vegetables were also emphasized since they could not be shipped overseas.

In 2003, the meat-free campaign was revived and renamed Meatless Monday.

Solve for X by Angelo P. Stambene

Aristotle must have had Mary “Libby” Prescott in mind when he said, “Those that know, do. Those that understand, teach.” For more than 30 years, Prescott shaped the minds of young students. Armed with her calm and patient demeanor, teaching was her calling and she had to answer.

Mary “Libby” Sheldon was born on Oct. 5, 1930, in Oak Park, Ill. In 1948, Libby came to Colorado to go to school at Colorado College and studied mathematics. “I graduated in June of 1952 with a degree in mathematics,” she said. “It was on a minimum of mathematics; I didn’t take much advanced math.” Just three weeks after she graduated, Libby married Dick Prescott and returned to Illinois.

“We had five kids in seven years and it became very obvious very quickly, that we needed a second salary,” Prescott said. “So, I went back to school while I was working part-time and got my teaching certificate, because we figured that way I didn’t have to pay babysitters in the summer.”

Prescott began her teaching career at the same junior high her kids attended. “I taught mostly seventh and eighth grade,” Prescott said. While teaching, Prescott attained her master’s degree in secondary education.

Prescott also taught summer school and enjoyed the smaller setting. “I loved being able to work with the kids that were slower, or push ahead the kids that were smart,” she said. A career that spanned seven Presidents was not immune to change and the change wasn’t easy.

“We went through the new math, which we have a whole generation of people who can’t multiply and hate math,” Prescott recalled. “New math, to me anyway, was you learned reasons for everything, we called them properties. And if you solved your problem, you had to quote what property you were using, as well as doing the arithmetic. And at least in seventh grade, I think I was too soon.”

New math was accompanied by the influx of technology, specifically computers and calculators that eliminated the need to critically think. To test that theory, Prescott devised an experiment.

“Once I ran a program (where) I just wrote pages of problems ... certain rows could use calculators and others could not. They had to use paper and pencil,” Prescott remembered.

“And it came out the way I thought it would. The kids with paper and pencil, on the whole, did better than the ones that had calculators. If you don’t understand what you’re doing, you’re not going to work with the right numbers. I was not at all surprised that it turned out that way, because the kids had to think.”



Bubbly Libby

St. Paddy’s Day Sidekicks

Two vegetables are the traditional side dishes for a plate of corned beef. After all, what would a St. Patrick’s Day meal be without cabbage and potatoes?

Easy to grow and inexpensive, potatoes have a long history as a staple food around the world. The vegetable was introduced to Ireland by British explorer Sir Walter Raleigh in 1589, and it eventually became the country’s main crop, which half of the population depended on to feed their families. But in the mid-1800s, much of the potato harvest was destroyed by a fungus for several years in a row, causing the Irish Potato Famine.

Cabbage was also an important crop in Ireland. The green, leafy vegetable grew well in the cool climate. Because it was nutrient-dense, many people lived on cabbage during the famine.

It was during this time that waves of Irish immigrants came to the U.S., and they brought their recipes from home. That includes a dish that combines both vegetables, colcannon, which is a mixture of mashed potatoes and chopped cabbage.



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SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<div>9:15 Head to Toe 30, PF</div> <div>10:00 Nondenominational Services, BLM</div> <div>11:00 Sunday Brunch Buffet, B</div> <div>11:00 Aqua Motion, PFPL</div> <div>1:00 Tiddly Wink Dominoes, L</div> <div>2:00 Poker, B</div> <div>3:15 Bunco!, B</div> <div>4:00 Hymns of Faith Singalong with Gordon Johnson, AL</div> <div>5:30 Bingo Night!, BLM</div>	<div>9:15 Head to Toe 60, PF</div> <div>10:00 Bible Study, BLM</div> <div>10:00 Wii Bowling, TH</div> <div>10:00 Mexican Train Dominoes, B</div> <div>10:30 Aqua Fit Water Aerobics, PF</div> <div>10:30 Uno, L</div> <div>1:00 Resident-Led Bridge, CR</div> <div>2:00 Ping Pong, PF</div> <div>2:15 Poker, B</div>	<div>9:15 Head to Toe 30, PF</div> <div>10:00 Arbours Head to Toe, L</div> <div>10:30 St. Paddy's Craft, BLM</div> <div>10:45 Balance Principles, PF</div> <div>1:30 Poker, B</div> <div>2:00 Grief & Loss Support Group, CR</div> <div>3:00 Afternoon Movie, TH</div> <div>3:00 Head to Toe 30, PF</div> <div>3:00 Bingo!, BLM</div>	<div>9:00 Catholic Communion Service, AT</div> <div>9:15 Head to Toe 60, PF</div> <div>9:30 Seamstress, PF</div> <div>10:30 Aqua Fit Water Aerobics, PFPL</div> <div>10:30 Uno!, L</div> <div>11:00 Supervised Swim & Water Walking, PFPL</div> <div>2:00 Rummikub, LB</div> <div>3:00 Balance Beginners, PF</div> <div>3:00 Music with Starlighters, PL</div>	<div>9:00 Cripple Creek, O</div> <div>9:15 Head to Toe 30, PF</div> <div>10:00 Arbours Head to Toe 30, L</div> <div>10:30 Uno, L</div> <div>10:45 Balance Principles, PF</div> <div>1:00 Tiddly Wink Dominoes!, L</div> <div>2:00 Poker, B</div> <div>3:00 Afternoon Movie, TH</div> <div>3:00 Head to Toe 30, PF</div>	<div>9:15 Head to Toe 60, PF</div> <div>9:30 Hand & Foot Card Game, B</div> <div>10:00 Wii Bowling, TH</div> <div>10:00 Uno, L</div> <div>10:15 Positively Living with Daniel, CR</div> <div>1:00 Chair Yoga, PF</div> <div>2:30 Happy Hour: Diane Thomas, B</div> <div>3:00 Balance Beginners, PF</div> <div>6:30 Movie Night!, TH</div>	<div>9:15 Head to Toe 30, PF</div> <div>9:30 Hand & Foot Card Game, B</div> <div>10:30 Aqua Fit Water Aerobics, PFPL</div> <div>10:30 Lunch at the Cliff House, O-\$</div> <div>1:45 Blood Pressure Check, PF</div> <div>2:15 Poker, B</div> <div>2:15 Walking Club with Rebecca, PF</div> <div>3:00 Afternoon Movie, TH</div> <div>3:00 Tai Chi Flow, PF</div> <div>3:45 Seated Tai Chi, PF</div>
<div>DAYLIGHT SAVING TIME BEGINS</div> <div>9:15 Head to Toe 30, PF</div> <div>10:00 Nondenominational Services, BLM</div> <div>11:00 Sunday Brunch Buffet, B</div> <div>11:00 Aqua Motion, PFPL</div> <div>2:00 Poker, B</div> <div>3:15 Bunco!, B</div> <div>4:00 Hymns with Gordon Johnson, AL</div> <div>5:30 Bingo Night!, BLM</div>	<div>9:15 Head to Toe 60, PF</div> <div>10:00 Bible Study, BLM</div> <div>10:00 Wii Bowling, TH</div> <div>10:00 Mexican Train Dominoes, B</div> <div>10:30 Aqua Fit Water Aerobics, PF</div> <div>10:30 Uno, L</div> <div>1:00 Resident-Led Bridge, CR</div> <div>2:00 Ping Pong, PF</div> <div>2:15 Poker, B</div>	<div>9:15 Head to Toe 30, PF</div> <div>10:00 Arbours Head to Toe, L</div> <div>10:30 Low Vision Support Group, CR</div> <div>10:45 Balance Principles, PF</div> <div>11:30 Lunch & Learn, BLM</div> <div>1:30 Poker, B</div> <div>2:00 Grief & Loss Support Group, CR</div> <div>3:00 Afternoon Movie, TH</div> <div>3:00 Head to Toe 30, PF</div> <div>3:00 Bingo!, BLM</div> <div>4:30 Dinner at Adams Mt. Cafe, O</div>	<div>9:00 Catholic Communion Service, AT</div> <div>9:15 Head to Toe 60, PF</div> <div>10:30 Aqua Fit Water Aerobics, PFPL</div> <div>10:30 Jewelry Making with Rita, CR</div> <div>10:30 Uno!, L</div> <div>11:00 Supervised Swim & Water Walking, PFPL</div> <div>1:00 Tiddly Wink Dominoes, L</div> <div>2:00 Rummikub, LB</div> <div>3:00 Dessert & Piano with Bud, PL</div> <div>3:00 Balance Beginners, PF</div>	<div>9:15 Head to Toe 30, PF</div> <div>10:00 Pikes Peak Library, B</div> <div>10:00 Arbours Head to Toe 30, L</div> <div>10:00 Ask An Attorney, LB</div> <div>10:30 WWII Aviation Museum & Airplane Restaurant, O</div> <div>10:45 Balance Principles, PF</div> <div>1:00 Tiddly Wink Dominoes!, L</div> <div>2:00 Poker, B</div> <div>3:00 Afternoon Movie, TH</div> <div>3:00 Head to Toe 30, PF</div>	<div>9:15 Head to Toe 60, PF</div> <div>9:30 Hand & Foot Card Game, B</div> <div>10:00 Wii Bowling, TH</div> <div>10:00 Uno!, L</div> <div>10:15 Positively Living with Daniel, CR</div> <div>1:00 Chair Yoga, PF</div> <div>2:30 MARCH BIRTHDAY BASH WITH GEORGE SISNEROS, B</div> <div>3:00 Balance Beginners, PF</div> <div>6:30 Movie Night!, TH</div>	<div>9:00 Golf Acres Mobile Optical, B</div> <div>9:15 Head to Toe 30, PF</div> <div>9:30 Hand & Foot Card Game, B</div> <div>10:30 Aqua Fit Water Aerobics, PFPL</div> <div>1:00 Tiddly Wink Dominoes, L</div> <div>1:45 Blood Pressure Check, PF</div> <div>2:15 Walking Club with Rebecca, PF</div> <div>2:15 Poker, B</div> <div>3:00 Afternoon Movie, TH</div> <div>3:00 Tai Chi Flow, PF</div> <div>3:45 Seated Tai Chi, PF</div>
<div>9:15 Head to Toe 30, PF</div> <div>10:00 Nondenominational Services, BLM</div> <div>11:00 Sunday Brunch Buffet, B</div> <div>11:00 Aqua Motion, PFPL</div> <div>1:00 Tiddly Wink Dominoes, L</div> <div>2:00 Poker, B</div> <div>3:15 Bunco!, B</div> <div>4:00 Hymns of Faith Singalong with Gordon Johnson, AL</div> <div>5:30 Bingo Night!, BLM</div>	<div>9:15 Head to Toe 60, PF</div> <div>10:00 Bible Study, BLM</div> <div>10:00 Wii Bowling, TH</div> <div>10:00 Mexican Train Dominoes, B</div> <div>10:30 Chamber Orchestra of Colorado Springs, PL</div> <div>10:30 Uno, L</div> <div>10:30 Aqua Fit Water Aerobics, PF</div> <div>1:00 Resident-Led Bridge, CR</div> <div>2:00 Ping Pong, PF</div> <div>2:15 Poker, B</div> <div>4:30 Biaggis Italiano Dinner Outing, O-\$</div>	<div>ST. PATRICK'S DAY</div> <div>9:15 Head to Toe 30, PF</div> <div>10:00 Vitals Clinic with Optimal, LB</div> <div>10:00 Arbours Head to Toe, L</div> <div>10:45 Balance Principles, PF</div> <div>1:30 Poker, B</div> <div>1:30 AL Town Hall, AT</div> <div>2:00 Grief & Loss Support Group, CR</div> <div>2:30 Music with Dan Gariepy, PL</div> <div>3:00 Afternoon Movie, TH</div> <div>3:00 Head to Toe 30, PF</div> <div>3:00 Bingo!, BLM</div> <div>4:30 St. Paddy's Party, B</div>	<div>9:00 Catholic Communion Service, AT</div> <div>9:15 Head to Toe 60, PF</div> <div>10:30 Aqua Fit Water Aerobics, PFPL</div> <div>10:30 Uno!, L</div> <div>11:00 Supervised Swim & Water Walking, PFPL</div> <div>2:00 Rummikub, LB</div> <div>3:00 Balance Beginners, PF</div> <div>3:00 Music with David Michalicek, PL</div>	<div>SPRING BEGINS</div> <div>9:00 Breakfast at Snooze, O</div> <div>9:15 Head to Toe 30, PF</div> <div>10:00 Arbours Head to Toe 30, L</div> <div>10:30 Uno, L</div> <div>10:45 Balance Principles, PF</div> <div>1:00 Tiddly Wink Dominoes!, L</div> <div>2:00 Poker, B</div> <div>3:00 Afternoon Movie, TH</div> <div>3:00 Head to Toe 30, PF</div>	<div>9:15 Head to Toe 60, PF</div> <div>9:30 Hand & Foot Card Game, B</div> <div>10:00 Wii Bowling, TH</div> <div>10:00 Uno, L</div> <div>10:15 Positively Living with Daniel, CR</div> <div>1:00 Chair Yoga, PF</div> <div>2:30 Happy Hour with Amy Hindman, B</div> <div>3:00 Balance Beginners, PF</div> <div>6:30 Movie Night!, TH</div>	<div>9:15 Head to Toe 30, PF</div> <div>9:30 Hand & Foot Card Game, B</div> <div>10:30 Aqua Fit Water Aerobics, PFPL</div> <div>1:45 Blood Pressure Check, PF</div> <div>2:15 Walking Club with Rebecca, PF</div> <div>2:15 Poker, B</div> <div>3:00 Afternoon Movie, TH</div> <div>3:00 Tai Chi Flow, PF</div> <div>3:45 Seated Tai Chi, PF</div>
<div>9:15 Head to Toe 30, PF</div> <div>10:00 Nondenominational Services, BLM</div> <div>11:00 Sunday Brunch Buffet, B</div> <div>11:00 Aqua Motion, PFPL</div> <div>2:00 Poker, B</div> <div>3:15 Bunco!, B</div> <div>4:00 Hymns with Gordon Johnson, AL</div> <div>5:30 Bingo Night!, BLM</div>	<div>9:15 Head to Toe 60, PF</div> <div>10:00 Bible Study, BLM</div> <div>10:00 Wii Bowling, TH</div> <div>10:00 Mexican Train Dominoes, B</div> <div>10:30 Uno, L</div> <div>10:30 Aqua Fit Water Aerobics, PF</div> <div>1:00 Resident-Led Bridge, CR</div> <div>2:00 Ping Pong, PF</div> <div>2:15 Poker, B</div> <div>4:30 Dinner at Macaroni Grille, O</div>	<div>9:15 Head to Toe 30, PF</div> <div>10:00 Arbours Head to Toe, L</div> <div>10:00 Music with Skip Moore, PL</div> <div>10:45 Balance Principles, PF</div> <div>1:30 Poker, B</div> <div>2:00 Grief & Loss Support Group, CR</div> <div>3:00 Afternoon Movie, TH</div> <div>3:00 Head to Toe 30, PF</div>	<div>9:00 Catholic Communion Service, AT</div> <div>9:15 Head to Toe 60, PF</div> <div>10:30 Aqua Fit Water Aerobics, PFPL</div> <div>10:30 Uno!, L</div> <div>11:00 Supervised Swim & Water Walking, PFPL</div> <div>12:00 Kim Clark Chez Vous Boutique, BLM</div> <div>2:00 Rummikub, LB</div> <div>3:00 Balance Beginners, PF</div>	<div>9:15 Head to Toe 30, PF</div> <div>10:00 Pikes Peak Library, B</div> <div>10:00 Arbours Head to Toe 30, L</div> <div>10:30 La Baguette & Glen Eyrie Castle, O</div> <div>10:45 Balance Principles, PF</div> <div>1:00 Tiddly Wink Dominoes!, L</div> <div>2:00 Poker, B</div> <div>3:00 Afternoon Movie, TH</div> <div>3:00 Head to Toe 30, PF</div> <div>3:30 BOOK CLUB, CR</div>	<div>9:15 Head to Toe 60, PF</div> <div>9:30 Hand & Foot Card Game, B</div> <div>10:00 Wii Bowling, TH</div> <div>10:00 Uno!, L</div> <div>10:15 Positively Living with Daniel, CR</div> <div>1:00 Chair Yoga, PF</div> <div>2:30 Happy Hour: Bill Emery + Bloody Mary Bar, B</div> <div>3:00 Balance Beginners, PF</div> <div>6:30 Movie Night!, TH</div>	<div>9:15 Head to Toe 30, PF</div> <div>9:30 Hand & Foot Card Game, B</div> <div>10:30 Aqua Fit Water Aerobics, PFPL</div> <div>1:00 Tiddly Wink Dominoes, L</div> <div>1:45 Blood Pressure Check, PF</div> <div>2:15 Poker, B</div> <div>2:15 Walking Club with Rebecca, PF</div> <div>3:00 Afternoon Movie, TH</div> <div>3:00 Tai Chi Flow, PF</div> <div>3:45 Seated Tai Chi, PF</div>
<div>9:15 Head to Toe 30, PF</div> <div>10:00 Nondenominational Services, BLM</div> <div>11:00 Sunday Brunch Buffet, B</div> <div>11:00 Aqua Motion, PFPL</div> <div>1:00 Colorado Springs Philharmonic, O</div> <div>2:00 Poker, B</div> <div>3:15 Bunco!, B</div> <div>4:00 Hymns with Gordon Johnson, PL</div> <div>5:30 Bingo Night!, BLM</div>	<div>9:15 Head to Toe 60, PF</div> <div>10:00 Bible Study, BLM</div> <div>10:00 Wii Bowling, TH</div> <div>10:30 Aqua Fit Water Aerobics, PF</div> <div>10:30 Uno, L</div> <div>1:00 Resident-Led Bridge, CR</div> <div>2:00 Ping Pong, PF</div> <div>2:15 Poker, B</div>	<div>9:15 Head to Toe 30, PF</div> <div>10:00 Arbours Head to Toe, L</div> <div>10:45 Balance Principles, PF</div> <div>1:30 Poker, B</div> <div>2:00 Grief & Loss Support Group, CR</div> <div>3:00 Afternoon Movie, TH</div> <div>3:00 Head to Toe 30, PF</div>	<div>Birthdays</div> <div>Bradford Gray, 1st</div> <div>Mildred Perlow, 11th</div> <div>Patricia Triandiflou, 13th</div> <div>JoAnn Mathis, 13th</div> <div>Phyllis Skidgel, 14th</div> <div>David O'Bryant, 18th</div> <div>James Beck, 18th</div> <div>Pat Milbrandt, 20th</div> <div>Esfandiar Safayan, 21st</div> <div>Vi Wheeler, 21st</div> <div>Beth Ann Bassein, 22nd</div> <div>Johnny Howarth, 24th</div> <div>Sue Huber, 27th</div> <div>Lee Schmitt, 28th</div> <div>Morag Liboky, 29th</div>	<div>Transportation</div> <div>Monday, 8:30 a.m. & 1 p.m.:</div> <div>Austin Bluffs, Academy, N. Union, N. Nevada</div> <div>Tuesday, 8:30 a.m. & 1 p.m.:</div> <div>Powers, Austin Bluffs, Academy & Union</div> <div>Wednesday, 1 p.m. :</div> <div>Uintah Gardens, Downtown, Manitou, Bon Shopping</div> <div>Thursday, Outing Days:</div> <div>Sign Up In The Book</div> <div>Friday, 8:30 a.m. & 1 p.m.:</div> <div>Academy & Platte, N. Circle, Uintah, Union</div>	<div>Locations</div> <div>Arbours Lobby, AL</div> <div>Arbours Loft, L</div> <div>Arbours Piano Lounge, PL</div> <div>Arbours Theatre, AT</div> <div>Ballroom, BLM</div> <div>Bistro, B</div> <div>Creative Arts Room, CR</div> <div>Game Room, GR</div> <div>Library, LB</div> <div>Living Room, LR</div>	<div>Nancy Lewis Park, NLP</div> <div>Outing, O</div> <div>Outing \$, O-\$</div> <div>Palmer's Dining Room, PDR</div> <div>Prepaid Outing \$, PPO-\$</div> <div>PrimeFit, PF</div> <div>PrimeFit Pool, PFPL</div> <div>Stratton's Dining Room, SDR</div> <div>Terrace Driveway, TD</div> <div>Theatre, TH</div>

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
9:20 ● Reach & Stretch 9:45 ● Nondenominational Church Service 10:00 ● Morning Movie Matinee 1:15 ● Afternoon Exercise 1:30 ● Good News & Views 2:00 ● Cornhole or Toss the Ball 2:30 ● Snack & Chat! 3:00 ● Travel with Rick Steves! 3:45 ● Hymn Sing 4:00 ● Classic TV 6:00 ● Hand Therapy	9:20 ● Reach & Stretch 10:00 ● Eldergrow 10:45 ● Indoor Gardening 11:00 ● Trivia Time 1:15 ● Afternoon Exercise 2:00 ● Cornhole or Toss the Ball 2:30 ● Snack & Chat! 3:00 ● Music Memories 3:30 ● Reminiscing & Discussion 4:00 ● Piano Club 6:00 ● Hand Massage	9:20 ● Reach & Stretch 9:50 ● Bingo 11:00 ● Conversation Cards 1:15 ● Afternoon Exercise 1:45 ● Short Story Reading 2:00 ● Hand Massage 2:00 ● Karaoke Singalong 2:30 ● Snack & Chat! 3:00 ● Gentlemen's Coffee Club 3:15 ● Spiritual Sparkle & Devotional 3:30 ● Trivia 4:00 ● Exercise with PrimeFit 6:00 ● Tuesday Night Concert Series	9:20 ● Reach & Stretch 10:00 ● Concert on Qello 10:00 ● Scenic Drive 11:00 ● Indoor Gardening 11:15 ● Tana & Dalmatian Pet Visit 1:15 ● Afternoon Exercise 1:30 ● Cluster Groups! 2:30 ● Snack & Chat! 3:00 ● Music Social in the Piano Lounge! 4:00 ● Journal Club 6:00 ● Documentary Dabble Night 6:30 ● Hand Massage	9:20 ● Reach & Stretch 10:00 ● Memories in the Making 11:30 ● Music Trivia 1:15 ● Afternoon Exercise 1:30 ● Scattergories Q&A 2:30 ● Snack & Chat! 3:00 ● Trivia & Crossword 3:30 ● Matching Madness 4:00 ● Exercise with PrimeFit 6:30 ● Thursday Throwback Classic TV	9:20 ● Reach & Stretch 9:50 ● Arts & Crafts Cluster Groups 10:15 ● Indoor Gardening 1:15 ● Afternoon Exercise 1:30 ● Friday Book Club! 2:30 ● Snack & Chat! 2:30 ● Happy Hour & Concert on Quello! 2:30 ● Entertainment in the Bistro 3:00 ● Hand Massage 4:00 ● Singalong on IN2L 6:00 ● Comedy TV Night	9:20 ● Reach & Stretch 9:50 ● Bingo or Jingo 11:00 ● Exercise in PrimeFit 11:15 ● Indoor Gardening 1:15 ● Afternoon Exercise 1:30 ● International Women's Day! 2:00 ● Jigsaw Puzzles! 2:30 ● Snack & Chat! 3:00 ● Walking Club 4:00 ● Hand Therapy 6:00 ● Saturday Night Movie
DAYLIGHT SAVING TIME BEGINS 9:20 ● Reach & Stretch 9:45 ● Nondenominational Church Service 10:00 ● Morning Movie Matinee 1:15 ● Afternoon Exercise 1:30 ● Good News & Views 2:00 ● Cornhole or Toss the Ball 2:30 ● Snack & Chat! 3:00 ● Travel with Rick Steves! 3:45 ● Hymn Sing 4:00 ● Classic TV 6:00 ● Hand Therapy	9:20 ● Reach & Stretch 10:00 ● Cooking with Rhonda 10:45 ● Indoor Gardening 11:00 ● Trivia Time 1:15 ● Afternoon Exercise 2:00 ● Cornhole or Toss the Ball 2:30 ● Snack & Chat! 3:00 ● Music Memories 3:30 ● Reminiscing & Discussion 4:00 ● Piano Club 6:00 ● Hand Massage	9:20 ● Reach & Stretch 9:50 ● Bingo 11:00 ● Conversation Cards 1:15 ● Afternoon Exercise 1:45 ● Short Story Reading 2:00 ● Hand Massage 2:00 ● Karaoke Singalong 2:30 ● Snack & Chat! 3:00 ● Gentlemen's Coffee Club 3:15 ● Spiritual Sparkle & Devotional 3:30 ● Trivia 4:00 ● Exercise with PrimeFit 6:00 ● Tuesday Night Concert Series	● Gentlemen's Lunch! 9:20 ● Reach & Stretch 10:00 ● Concert on Qello 10:00 ● Scenic Drive 11:00 ● Indoor Gardening 11:15 ● Tana & Dalmatian Pet Visit 1:15 ● Afternoon Exercise 1:30 ● Cluster Groups! 2:30 ● Snack & Chat! 3:00 ● Music Social in the Piano Lounge! 4:00 ● Journal Club 6:00 ● Documentary Dabble Night 6:30 ● Hand Massage	9:20 ● Reach & Stretch 10:00 ● Memories in the Making 11:00 ● Plant a Flower Day! 11:30 ● Music Trivia 1:15 ● Afternoon Exercise 1:30 ● Scattergories Q&A 2:00 ● Board Games Resident Choice 2:30 ● Snack & Chat! 3:00 ● Trivia & Crossword 3:30 ● Matching Madness 4:00 ● Exercise with PrimeFit 6:30 ● Thursday Throwback Classic TV	9:20 ● Reach & Stretch 9:50 ● Arts & Crafts Cluster Groups 10:15 ● Indoor Gardening 1:15 ● Afternoon Exercise 1:30 ● Friday Book Club! 2:30 ● Snack & Chat! 2:30 ● Happy Hour & Concert on Quello! 2:30 ● Entertainment in the Bistro 3:00 ● Hand Massage 4:00 ● Singalong on IN2L 6:00 ● Comedy TV Night	9:20 ● Reach & Stretch 9:50 ● Bingo or Jingo 11:00 ● Exercise in PrimeFit 11:15 ● Indoor Gardening 1:15 ● Afternoon Exercise 1:45 ● Short Story Reading 2:00 ● Dice Games! 2:30 ● Snack & Chat! 3:00 ● Walking Club 4:00 ● Hand Therapy 6:00 ● Saturday Night Movie
9:20 ● Reach & Stretch 9:45 ● Nondenominational Church Service 10:00 ● Morning Movie Matinee 1:15 ● Afternoon Exercise 1:30 ● Good News & Views 2:00 ● Cornhole or Toss the Ball 2:30 ● Snack & Chat! 3:00 ● Travel with Rick Steves! 3:45 ● Hymn Sing 4:00 ● Classic TV 6:00 ● Hand Therapy	9:20 ● Reach & Stretch 10:00 ● Eldergrow 10:45 ● Indoor Gardening 11:00 ● Trivia Time 1:15 ● Afternoon Exercise 2:00 ● Cornhole or Toss the Ball 2:30 ● Snack & Chat! 3:00 ● Music Memories 3:30 ● Reminiscing & Discussion 4:00 ● Piano Club 6:00 ● Hand Massage	ST. PATRICK'S DAY 9:20 ● Reach & Stretch 9:50 ● Bingo 11:00 ● Conversation Cards 1:15 ● Afternoon Exercise 1:45 ● Short Story Reading 2:00 ● Saint Patrick's Day Social 3:00 ● Gentlemen's Coffee Club 3:15 ● Spiritual Sparkle & Devotional 3:30 ● Trivia 4:00 ● Exercise with PrimeFit 6:00 ● Tuesday Night Concert Series	9:20 ● Reach & Stretch 10:00 ● Concert on Qello 10:00 ● Scenic Drive 11:00 ● Indoor Gardening 11:15 ● Tana & Dalmatian Pet Visit 1:15 ● Afternoon Exercise 1:30 ● Cluster Groups! 2:30 ● Snack & Chat! 3:00 ● Music Social in the Piano Lounge! 4:00 ● Journal Club 6:00 ● Documentary Dabble Night 6:30 ● Hand Massage	SPRING BEGINS 9:20 ● Reach & Stretch 10:00 ● Memories in the Making 11:30 ● Music Trivia 1:15 ● Afternoon Exercise 1:30 ● Scattergories Q&A 2:30 ● Snack & Chat! 3:00 ● Trivia & Crossword 3:30 ● Matching Madness 4:00 ● Exercise with PrimeFit 6:30 ● Thursday Throwback Classic TV	9:20 ● Reach & Stretch 9:50 ● Arts & Crafts Cluster Groups 10:00 ● Earth Day! 10:15 ● Indoor Gardening 1:15 ● Afternoon Exercise 1:30 ● Friday Book Club! 2:30 ● Snack & Chat! 2:30 ● Happy Hour & Concert on Quello! 2:30 ● Entertainment in the Bistro 3:00 ● Hand Massage 4:00 ● Singalong on IN2L 6:00 ● Comedy TV Night	9:20 ● Reach & Stretch 9:50 ● Bingo or Jingo 11:00 ● Exercise in PrimeFit 11:15 ● Indoor Gardening 1:15 ● Afternoon Exercise 1:45 ● Short Story Reading 2:00 ● Jigsaw Puzzles! 2:30 ● Snack & Chat! 3:00 ● Walking Club 4:00 ● Hand Therapy 6:00 ● Saturday Night Movie
9:20 ● Reach & Stretch 9:45 ● Nondenominational Church Service 10:00 ● Morning Movie Matinee 1:15 ● Afternoon Exercise 1:30 ● Good News & Views 2:00 ● Cornhole or Toss the Ball 2:30 ● Snack & Chat! 3:00 ● Travel with Rick Steves! 3:45 ● Hymn Sing 4:00 ● Classic TV 6:00 ● Hand Therapy	9:20 ● Reach & Stretch 10:00 ● Cooking with Rhonda 10:45 ● Indoor Gardening 11:00 ● Trivia Time 1:15 ● Afternoon Exercise 2:00 ● Cornhole or Toss the Ball 2:30 ● Snack & Chat! 3:00 ● Music Memories 3:30 ● Reminiscing & Discussion 4:00 ● Piano Club 6:00 ● Hand Massage	9:20 ● Reach & Stretch 9:50 ● Bingo 11:00 ● Conversation Cards 1:15 ● Afternoon Exercise 1:45 ● Short Story Reading 2:00 ● Hand Massage 2:00 ● Karaoke Singalong 2:30 ● Snack & Chat! 3:00 ● Gentlemen's Coffee Club 3:15 ● Spiritual Sparkle & Devotional 3:30 ● Trivia 4:00 ● Exercise with PrimeFit 6:00 ● Tuesday Night Concert Series	● Gentlemen's Lunch! 9:20 ● Reach & Stretch 10:00 ● Concert on Qello 10:00 ● Scenic Drive 11:00 ● Indoor Gardening 11:15 ● Tana & Dalmatian Pet Visit 1:15 ● Afternoon Exercise 1:30 ● Cluster Groups! 2:30 ● Snack & Chat! 3:00 ● Music Social in the Piano Lounge! 4:00 ● Journal Club 6:00 ● Documentary Dabble Night 6:30 ● Hand Massage	9:20 ● Reach & Stretch 10:00 ● Memories in the Making 11:30 ● Music Trivia 1:15 ● Afternoon Exercise 1:30 ● Scattergories Q&A 2:00 ● Bowling League! 2:00 ● Board Games Resident Choice 2:30 ● Snack & Chat! 3:00 ● Trivia & Crossword 3:30 ● Matching Madness 4:00 ● Exercise with PrimeFit 6:30 ● Thursday Throwback Classic TV	9:20 ● Reach & Stretch 10:00 ● Artist of the Month: Salvador Dali 10:15 ● Indoor Gardening 1:15 ● Afternoon Exercise 1:30 ● Friday Book Club! 2:30 ● Snack & Chat! 2:30 ● Happy Hour & Concert on Quello! 2:30 ● Entertainment in the Bistro 3:00 ● Hand Massage 4:00 ● Singalong on IN2L 6:00 ● Comedy TV Night	9:20 ● Reach & Stretch 9:50 ● Bingo or Jingo 11:00 ● Exercise in PrimeFit 11:15 ● Indoor Gardening 1:15 ● Afternoon Exercise 1:45 ● Short Story Reading 2:00 ● Dice Games! 2:30 ● Snack & Chat! 3:00 ● Walking Club 4:00 ● Hand Therapy 6:00 ● Saturday Night Movie
9:20 ● Reach & Stretch 9:45 ● Nondenominational Church Service 10:00 ● Morning Movie Matinee 1:15 ● Afternoon Exercise 1:30 ● Good News & Views 2:00 ● Cornhole or Toss the Ball 2:30 ● Snack & Chat! 3:00 ● Travel with Rick Steves! 3:45 ● Hymn Sing 4:00 ● Classic TV 6:00 ● Hand Therapy	9:20 ● Reach & Stretch 10:45 ● Indoor Gardening 11:00 ● Trivia Time 1:15 ● Afternoon Exercise 2:00 ● Cornhole or Toss the Ball 2:30 ● Snack & Chat! 3:00 ● Music Memories 3:30 ● Reminiscing & Discussion 4:00 ● Piano Club 6:00 ● Hand Massage	9:20 ● Reach & Stretch 9:50 ● Bingo 11:00 ● Conversation Cards 1:15 ● Afternoon Exercise 1:45 ● Short Story Reading 2:00 ● Hand Massage 2:00 ● Karaoke Singalong 2:30 ● Snack & Chat! 3:00 ● Music with George! 3:00 ● Gentlemen's Coffee Club 3:15 ● Spiritual Sparkle & Devotional 3:30 ● Trivia 4:00 ● Exercise with PrimeFit 6:00 ● Tuesday Night Concert Series	<div><div><div><div></div><div><div><div> Physical</div><div> Social</div><div> Experiential</div><div> Emotional & Spiritual</div><div> Creative & Artistic</div><div> Therapeutic</div><div> Sensory</div></div></div><div><div>Daily Programs are subject to change.</div><div>Afternoon Snack served daily at 2:30 p.m.</div></div><div><div><div>Birthdays</div><div>Anna Smith, 4th</div><div>Ann Singleton, 13th</div><div>Howard Davidow, 16th</div></div><div></div></div></div></div></div>			