

Sample Activity Calendar

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
			1 9:00 Body Conditioning 12:45 Bible Study 1:45 Bingo 3:00 Texas Hold 'Em 3:00 Sit & Stretch	2 10:00 Balloon Volleyball 11:15 Chair Tai Chi 1:00 Silver Sneakers Classic 2:00 Seuss Celebration Happy Hour 3:00 Texas Hold 'Em 3:00 Pool Hour 7:00 Mexican Train	3 10:00 Pauma Casino 10:30 Silver Sneakers Stability 1:00 Left, Right & Center 1:00 Armchair Astronomy 2:00 Cribbage 3:00 Indoor Bocce Ball 7:00 Friday Night Movie	4 9:30 Open Wii Bowling 12:30 Bring Your Own Game 1:45 Bingo 3:00 Texas Hold 'Em 3:00 Catholic Communion 7:00 Card Games 7:00 Saturday Night Movie
5 10:30 Worship Service 1:00 "Golden Hour" with Ann 1:30 Scenic Drive with Deann 2:00 Pool Hour 3:00 Texas Hold 'Em 7:00 Sunday Night Movie	6 9:00 Body Conditioning 9:30 Team Wii Bowl 10:30 Silver Sneakers Stability 10:30 RESIDENT MEETING 1:00 Grief Group with Jim Reiser 1:45 Bingo 2:00 Chair Yoga 3:00 Texas Hold 'Em	7 10:00 Bean Bag Baseball 10:00 Art for All Ages 1:00 Nickels Game 1:00 Silver Sneakers Classic 2:00 Jeopardy 2:00 Bocce Ball 3:00 Texas Hold 'Em 3:00 Pool Hour	8 9:00 Body Conditioning 10:00 Name That Tune with Glenn Kramer 10:30 Watch Repair 12:45 Bible Study 1:45 Bingo 3:00 Texas Hold 'Em 3:00 Sit & Stretch	9 10:00 Balloon Volleyball 10:00 Making Music 10:30 Catholic Mass 11:15 Chair Tai Chi 1:00 Silver Sneakers Classic 2:00 Happy Hour with Musicstation 3:00 Texas Hold 'Em 3:00 Pool Hour	10 9:30 Birch Aquarium Outing 10:30 Silver Sneakers Stability 1:00 Left, Right & Center 2:00 Cribbage 3:00 Brain Games 7:00 Friday Night Movie	11 9:30 Open Wii Bowling 10:00 Sonshine Strummers Music 12:30 Bring Your Own Game 1:45 Bingo 3:00 Texas Hold 'Em 3:00 Catholic Communion 7:00 Card Games 7:00 Saturday Night Movie
12 10:30 Worship Service 1:30 Scenic Drive with Deann 2:00 Pool Hour 3:00 Texas Hold 'Em 4:00 Oscars Night 7:00 Sunday Night Movie	13 9:00 Body Conditioning 9:30 Team Wii Bowl 10:00 Lobby Learning w/ Lindsey 10:30 Jewelry with Denise 10:30 Silver Sneakers Stability 1:45 Bingo 2:00 Chair Yoga 3:00 Texas Hold 'Em	14 9:00 Podiatrist by Appointment 10:00 Bean Bag Baseball 1:00 Nickels Game 1:00 Silver Sneakers Classic 2:00 Travels w/ Chris Wells 2:00 Bocce Ball 3:00 Texas Hold 'Em 3:00 Pool Hour 4:00 Birthday Dinner by Invitation	15 9:00 Body Conditioning 10:00 Gary the History Man 10:30 Loom Knitting 12:45 Bible Study 1:45 Bingo 3:00 Texas Hold 'Em 3:00 Sit & Stretch 4:00 Ladies Night Out	16 10:00 Card Making with Pam 10:00 Balloon Volleyball 10:30 Meet with Food & Beverage 11:15 Chair Tai Chi 1:00 Silver Sneakers Classic 2:00 Happy Hour with Daniel Newheiser 3:00 Texas Hold 'Em 3:00 Pool Hour	17 9:30 Brunch at Toasted 10:30 Silver Sneakers Stability 1:00 Left, Right & Center 2:00 Cribbage 2:00 Hearing Aid Screenings & Maintenance 3:00 Indoor Bocce Ball 3:00 St Patrick's Day Celebration 7:00 Friday Night Movie	18 9:30 Open Wii Bowling 12:30 Bring Your Own Game 1:45 Bingo 3:00 Texas Hold 'Em 3:00 Catholic Communion 7:00 Saturday Night Movie 7:00 Card Games
19 10:30 Worship Service 1:00 Craft with DeAnn 2:00 Pool Hour 2:00 Ice Cream Social with the Toe Tappers 3:00 Texas Hold 'Em 7:00 Sunday Night Movie	20 9:00 Body Conditioning 9:30 Team Wii Bowl 10:00 Lobby Learning w/ Lindsey 10:30 Silver Sneakers Stability 1:45 Bingo 2:00 Chair Yoga 3:00 Texas Hold 'Em	21 10:00 Bean Bag Baseball 10:00 Paint 'n Sip with Lindsey 12:45 Book Club 1:00 Nickels Game 1:00 Silver Sneakers Classic 2:00 Travels with Chris Wells 2:00 Bocce Ball 3:00 Texas Hold 'Em 3:00 Pool Hour	22 9:00 Body Conditioning 12:45 Bible Study 1:45 Bingo 3:00 Texas Hold 'Em 3:00 Sit & Stretch 4:00 Ladies Night Out	23 10:00 Balloon Volleyball 10:30 Color Me Calm 11:15 Chair Tai Chi 1:00 Silver Sneakers Classic 2:00 Happy Hour 3:00 Texas Hold 'Em 3:00 Pool Hour 7:00 Mexican Train	24 10:00 Carlsbad Flower Fields and Lunch 10:30 Silver Sneakers Stability 1:00 Left, Right & Center 2:00 Cribbage 3:00 Brain Games 7:00 Friday Night Movie	25 9:30 Open Wii Bowling 12:30 Bring Your Own Game 1:45 Bingo 3:00 Texas Hold 'Em 3:00 Catholic Communion 7:00 Broadway Melodies with Vincent Young 7:00 Card Games
26 10:30 Worship Service 1:00 Flower Arranging with Ann 1:30 Scenic Drive with Deann 2:00 Pool Hour 3:00 Texas Hold 'Em 7:00 Sunday Night Movie	27 9:00 Body Conditioning 9:30 Team Wii Bowl 10:00 Lobby Learning w/ Lindsey 10:30 Silver Sneakers Stability 1:45 Bingo 2:00 Chair Yoga 3:00 Texas Hold 'Em	28 10:00 Bean Bag Baseball 1:00 Nickels Game 1:00 Silver Sneakers Classic 2:00 Travels w/ Chris Wells 2:00 Bocce Ball 3:00 Texas Hold 'Em 3:00 Pool Hour 4:00 Birthday Dinner by Invitation	29 9:00 Body Conditioning 9:45 Oceanside Harbor Stroll and Lunch 12:45 Bible Study 1:45 Bingo 3:00 Texas Hold 'Em 3:00 Sit & Stretch	30 10:00 Balloon Volleyball 11:15 Chair Tai Chi 1:00 Silver Sneakers Classic 2:00 Happy Hour With Robert Hardaway 3:00 Texas Hold 'Em 3:00 Pool Hour 7:00 Mexican Train	31 10:00 Art Alive and Lunch Outing 10:30 Silver Sneakers Stability 1:00 Left, Right & Center 2:00 Cribbage 7:00 Friday Night Movie	