

# Sample Activity Calendar

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
			<b>1</b> 9:30 Chair Aerobics 10:30 Balloon Volleyball 1:00 Wii Bowling 2:00 Bingo 3:30 Social Hour!	<b>2</b> 9:30 Chair Aerobics 10:30 Mexican Train Dominoes 2:00 Balance Class I & II 2:30 Wii Bowling 3:30 Thinker Thursday	<b>3</b> 9:30 Scenic Drive 9:30 Tai-Chi with Louis 10:30 Bocce Ball 1:15 Local Shopping 2:00 Bingo 3:15 Catholic Holy Communion 3:30 Social Hour	<b>4</b> 9:30 Chair Aerobics Video 10:30 Current Events 1:00 Movie Matinee 1:00 Finding Your Creativity 3:30 Happy Hour
<b>5</b> 8:45 Bus to Elim Church 9:30 Exercise with Weights 10:30 Wii Bowling 2:00 Bocce Ball 3:15 Elim Lutheran Virtual Service 3:30 Table Games 6:00 TV Series Night	<b>6</b> 9:30 Chair Yoga 10:30 Brain Games 2:00 Blackjack 3:30 Happy Hour	<b>7</b> 9:30 Tai Chi 10:30 Bocce Ball 1:00 Reader's Theatre 2:00 Balance Class I & II 3:30 Music w/ Vicki	<b>8</b> 9:30 Chair Aerobics 10:30 Balloon Volleyball 1:00 Wii Bowling 2:00 Bingo 3:30 Social Hour!	<b>9</b> 9:30 Chair Aerobics 10:30 Mexican Train Dominoes 1:15 Activity Program Meeting 2:00 Balance Class I & II 2:30 Wii Bowling 3:30 Thinker Thursday	<b>10</b> 9:30 Scenic Drive 9:30 Tai-Chi with Louis 10:30 Bocce Ball 1:15 Local Shopping 2:00 Bingo 3:15 Catholic Holy Communion	<b>11</b> 9:30 Chair Aerobics Video 10:30 Current Events 1:00 Movie Matinee 1:00 Finding Your Creativity 3:30 Happy Hour
<b>12</b> 8:45 Bus to Elim Church 9:30 Exercise with Weights 10:30 Wii Bowling 2:00 Bocce Ball 3:15 Elim Lutheran Virtual Service 3:30 Table Games 6:00 TV Series Night	<b>13</b> 9:30 Chair Yoga 10:30 Simple Art Making 2:00 Blackjack 3:30 Happy Hour	<b>14</b> 9:30 Tai Chi 10:30 Bocce Ball 2:00 Balance Class I & II 3:30 Music w/ Vicki	<b>15</b> 9:30 Chair Aerobics 10:30 Balloon Volleyball 1:00 Wii Bowling 1:00 Book Club 2:00 Bingo 3:30 Social Hour!	<b>16</b> 10:30 Mexican Train Dominoes 1:15 Chef Demo/Table 2:00 Balance Class I & II 2:30 Wii Bowling 3:30 Resident Council 3:30 Thinker Thursday	<b>17</b> 9:30 Scenic Drive 9:30 Tai-Chi with Louis 10:30 Bocce Ball 1:15 Local Shopping 2:00 Bingo 3:15 Catholic Holy Communion 3:30 Social Hour!	<b>18</b> 9:30 Chair Aerobics Video 10:30 Current Events 1:00 Movie Matinee 1:00 Finding Your Creativity 3:30 Happy Hour
<b>19</b> 8:45 Bus to Elim Church 9:30 Exercise with Weights 10:30 Wii Bowling 2:00 Bocce Ball 3:15 Elim Lutheran Virtual Service 3:30 Table Games 6:00 TV Series Night	<b>20</b> 9:30 Chair Yoga 10:30 Brain Games 2:00 Blackjack 3:30 Happy Hour	<b>21</b> 9:30 Tai Chi 10:30 Bocce Ball 1:00 Reader's Theatre 2:00 Balance Class I & II 3:30 Music w/ Vicki	<b>22</b> 9:30 Chair Aerobics 10:30 Balloon Volleyball 1:00 Wii Bowling 2:00 Bingo 3:30 Happy Hour	<b>23</b> 9:30 Chair Aerobics 10:30 Mexican Train Dominoes 1:15 Townhall Meeting 2:00 Balance Class I & II 2:30 Wii Bowling 3:30 Lutheran Church Service	<b>24</b> 9:30 Scenic Drive 9:30 Tai-Chi with Louis 10:30 Bocce Ball 1:15 Local Shopping 2:00 Bingo 3:15 Catholic Holy Communion	<b>25</b> 9:30 Chair Aerobics Video 10:30 Current Events 1:00 Movie Matinee 1:00 Finding Your Creativity 3:30 Happy Hour
<b>26</b> 8:45 Bus to Elim Church 9:30 Exercise with Weights 10:30 Wii Bowling 2:00 Bocce Ball 3:15 Elim Lutheran Virtual Service 3:30 Table Games 6:00 TV Series Night	<b>27</b> 9:30 Chair Yoga 10:30 Simple Art Making 2:00 Blackjack 3:30 Happy Hour	<b>28</b> 9:30 Tai Chi 10:30 Bocce Ball 2:00 Balance Class I & II 3:30 Music w/ Vicki	<b>29</b> 9:30 Chair Aerobics 10:30 Balloon Volleyball 1:00 Wii Bowling 2:00 Bingo 3:30 Meet N' Greet Social Hour	<b>30</b> 9:30 Chair Aerobics 10:30 Mexican Train Dominoes 2:00 Balance Class I & II 2:30 Wii Bowling 3:30 Thinker Thursday	<b>31</b> 9:30 Scenic Drive 9:30 Tai-Chi with Louis 10:30 Bocce Ball 1:15 Local Shopping 2:00 Bingo 3:15 Catholic Holy Communion	