

livfun

The Cottages at Dartmouth Village

AUGUST 2020 · TOP OF THE CLASS



A Beautiful Place Called "The Cottages at Dartmouth Village!"

Summertime, a favorite time of the year to enjoy all of the pleasures that the season brings!

With our unique cottage-style living, you can easily step out to the patio with your morning paper and coffee where you will see a variety of backyard birds.

Take a leisurely stroll on the walking path that surrounds our courtyard.

At the end of your day, invite a friend to join you at the firepit for a glass of wine under the stars!

Let's savor the moments!



Beverly and Jack Baughan enjoy a glass of wine on the patio!



Julie and Chuck LaPlante enjoying their patio garden!



Join us at the firepit this summer for s'mores!



Apple Festival 2019



Community Gardeners!



Taste of the Tropics

Grown in warm, lush locales around the world, tropical fruits are famous for their bright colors and refreshingly sweet flavors. Be on the lookout for these varieties you may find on summer menus.

Mango – This fruit's thick skin, often a rosy blend of red, yellow and green, is peeled away to reveal tender yellow-orange flesh. Sweet and versatile, mangoes are delightful as a snack or dessert ingredient, but also shine in savory dishes such as salads, stir-fries and salsas.

Papaya – The pear-shaped papaya's soft, orange interior is rich in antioxidants. It's often enjoyed fresh, like melons, or roasted, like squash, and its black seeds can be dried and used as peppercorns.

Guava – Varieties of this fruit have green or yellow skin with pink, yellow or white flesh. Guava is entirely edible, from the rind to the seeds, and featured in jams, candies and thirst-quenching Latin American fruit drinks called aguas frescas.

Passion fruit – The common types of passion fruit are about the size and shape of a plum, and purple or yellow in color. Beyond the tough outer peel is a yellow, pulpy center filled with tart seeds, which can be eaten with a spoon or added to recipes.

Lychee – Round and bumpy like a golf ball, this unique fruit is also known as the alligator strawberry. Peeling away its red husk exposes translucent white flesh that covers an inedible brown seed. The lychee's flavor is described as light and floral, with hints of strawberry, watermelon and grape.



THE COTTAGES AT DARTMOUTH VILLAGE

• A LEISURE CARE ASSISTED LIVING & MEMORY CARE COMMUNITY

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Staff

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Kathy Figuerona

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Kathy Squatrito

Program Supervisor
Claudia Parascandolo

**Plant Operations
Supervisor**
Robert Wardwell

Opal Supervisor
Krystina Stykowski

A Message From Leisure Care

As you know, due to the continuing situation brought on by COVID-19, we have modified our schedule of activities in order to keep our residents and staff safe and healthy. Instead of the monthly calendar, we are using this space to provide additional activities you can do at your leisure. Again, we thank you for your support and cooperation as we settle into new routines.

For updates, visit www.leisurecare.com/communication-plan. Please contact your management team if you have any questions.

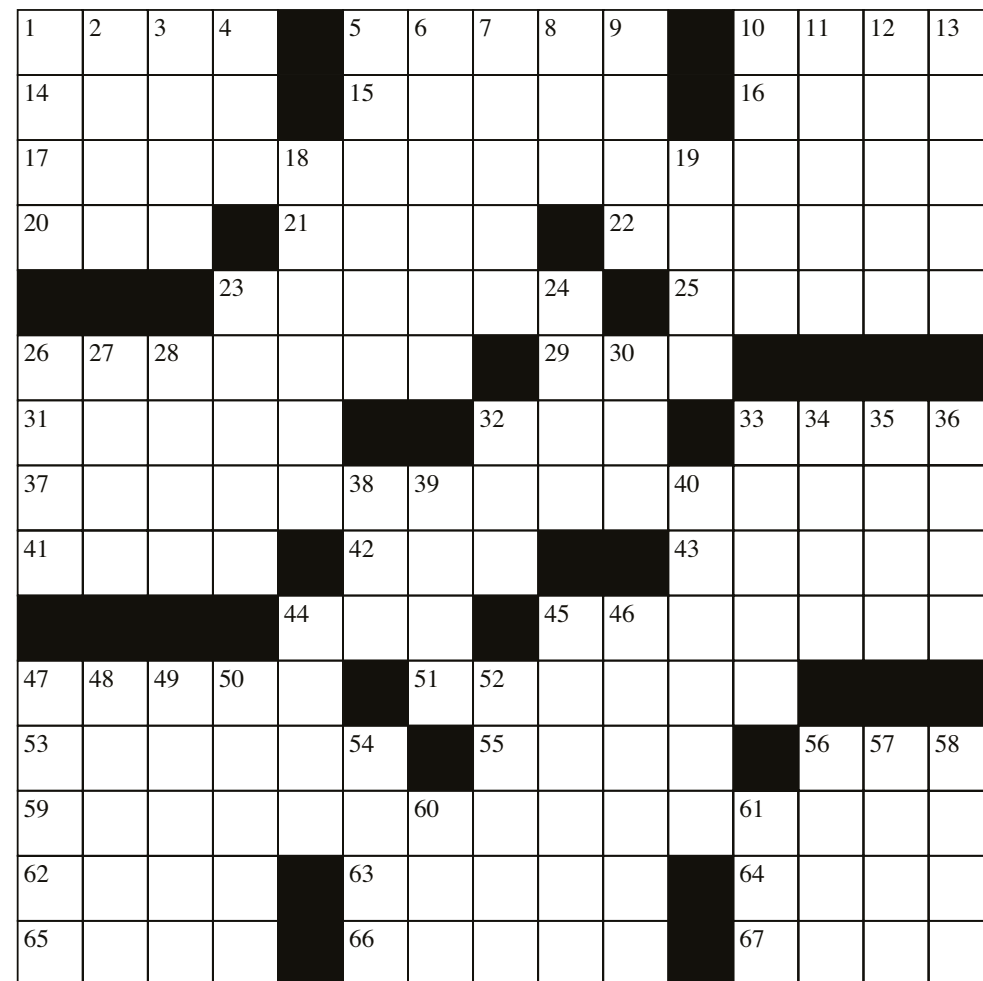
Brain Bender: At the Beach

Leo, Sabrina and Vicky went to the beach. Each of them saw a sea creature—starfish, crab and jellyfish—and enjoyed a treat from the concession stand—ice cream, snow cone and hot dog. They also met new friends by joining in an activity—Frisbee, volleyball and flying a kite.

Using the clues, can you figure out how each person spent the day?

- Sabrina did not play volleyball, see a crab, or eat a snow cone.
- The person who flew a kite also saw a jellyfish.
- Leo did not fly a kite, but he did eat a hot dog.
- Vicky either saw a jellyfish or ate ice cream.

Crossword Puzzle



ACROSS

- Airport-to-hotel transports
- Wash
- Incline
- Make ___; sit
- Misshapen folklore man
- Hip sections
- Welterweight champ, once
- Morns, for short
- "I'm so hungry, I could ___ horse!"
- Northern part of Ireland
- In a risk-free manner
- Waterbirds
- Job applicant papers
- Tumor's suffix
- Love, in Livorno
- Representative: abbr.
- Word with horn or drum
- First Englishman to sail around the world
- Elected official: abbr.
- Kennel boarder
- Eagle's home
- "___ got the whole world in His..."
- Items for baby
- Dwelling
- i.e.
- Warp
- Years in Mexico
- Prefix for center or gram
- Pat Nixon's predecessor
- Late coming back?
- Foot support
- Dill herb
- Comedienne Martha
- Grammar book chapter
- Rule out

DOWN

- Hombre's home
- Former student, for short
- Works in a market
- Seated bath
- Attack with gunfire
- Boxes
- Flush type
- Univ. of Louisiana at Lafayette, for short
- ___ cheese dressing
- Hair solution
- Like a bird
- Muddy spots
- Man of the cloth
- Hole-enlarging tool
- Olympian Korbut
- Enjoys a water sport
- Name for a cartoon bear
- Scrape
- Muslim leader
- Teed off
- Rainier & McKinley: abbr.
- ___ up: misbehave
- British machine guns
- River in Switzerland
- Short theatrical sketch
- Uses one of the senses
- Gorilla
- Fit snugly together
- Breakfast request
- Thyme or basil
- Musical instruments
- Peter ___
- Philosopher/educator Mortimer
- Blessed: Lat.
- See the light ___; come into existence
- Author whose monogram was ACD
- Wore
- Water vapor
- One in bondage
- Verse composer
- One ___ one is one
- Traveler's way: abbr.
- Of a branch of the mil.

Paws-itively Famous

Match the famous canine character to their movie role.

Dog Character

- Copper
- Fly
- Pongo
- Old Dan
- Buck
- Slinky
- Petey
- Dug

Movie

- "Up"
- "The Call of the Wild"
- "Toy Story"
- "The Little Rascals"
- "The Fox and the Hound"
- "Babe"
- "Where the Red Fern Grows"
- "101 Dalmatians"

Tongue-Tied

Try these tongue-twisting combinations without getting tripped up!

- She sees cheese.
- He threw three free throws.
- How can a clam cram in a clean cream can?
- Imagine an imaginary menagerie manager managing an imaginary menagerie.
- Thirty-three thirsty, thundering thoroughbreds thumped Mr. Thurber on Thursday.
- If you must cross a coarse cross cow across a crowded cow crossing, cross the cross coarse cow across the crowded cow crossing carefully.
- Researchers say this phrase is the world's most difficult tongue twister: Pad kid poured curd pulled cord.

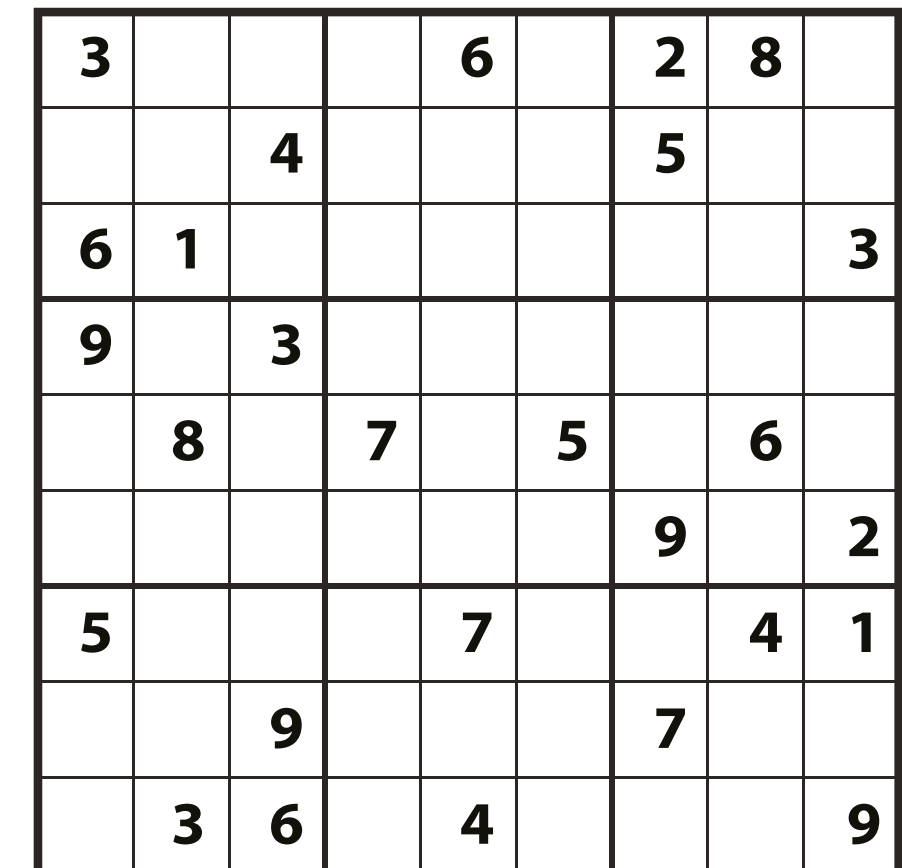
Word Challenge

Create three different words using the letters A, E, I, M, N and R. You must use all the letters for each word.

Sudoku

The object of the game is to fill all the blank squares with the correct numbers.

- Each row of 9 numbers must include all digits 1 through 9 in any order.
- Each column of 9 numbers must include all digits 1 through 9 in any order.
- Each 3 by 3 subsection of the 9 by 9 square must include all digits 1 through 9.



Just for Laughs

Q: How do you fix a broken tomato?

A: With tomato paste!

Puzzle Solutions

Brain Bender: At the Beach

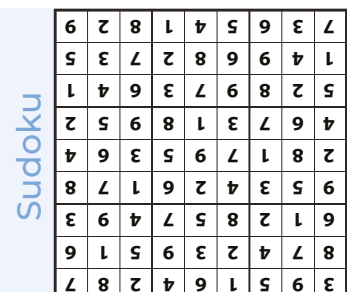
Leo saw a crab, ate a hot dog, and played volleyball. Sabrina saw a starfish, ate ice cream, and played Frisbee. Vicky saw a jellyfish, ate a snow cone, and flew a kite.


Paws-itively Famous

1. E; 2. F; 3. H; 4. G; 5. B; 6. C; 7. D; 8. A

Word Challenge

airmen, marine, remain



SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
		Locations All Opal Cottages, All Aspen Cottage, AC Birch Cottage, BC Cedar Cottage, CC Community Center, ComCen	Community Outing, CO Courtyard/Patios, C/P Dogwood Cottage, DC Elm Cottage, EC Fir Cottage, FC	Birthdays Eleanor Lechan, 2nd		10:00 ● PrimeFit, All 10:30 ● Coffee & Current Events, All 11:00 ● Virtual Tours, All 2:00 ● Leisure Games, FC 3:15 ● FaceTime & Friends!, All 4:00 ● Manicures, Hand Massages, All 6:15 ● Let's Reminisce, All
10:00 ● Morning Stretches, All 2 10:30 ● Rosary, All 11:00 ● Catholic Mass, All 11:30 ● News & Views, All 2:30 ● Kitchen Creations, EC 3:15 ● Refreshments on the Patio, All 6:15 ● Relax & Reminisce, All	10:00 ● Sit & Get Fit, All 3 10:30 ● Current Events, All 1:30 ● Outdoor Stroll, C/P 2:00 ● Lemonade Refreshers, All 3:15 ● Sunshine Club, DC 4:00 ● Life Stories: Sentimental Journey, All 6:30 ● S'mores by the Fire, C/P	10:00 ● PrimeFit, All 4 10:30 ● Brain Games, All 1:30 ● Bird Watching, C/P 2:00 ● Garden Club, DC 3:15 ● DIY Design, EC 4:00 ● Hand Massages, All 6:15 ● Poetry Night!, All	10:00 ● PrimeFit, All 5 10:30 ● Live Stream Zoos, Aquariums & Museums, All 11:00 ● Word Games & Crossword Puzzles, FC 12:00 ● Picnic on the Patio, C/P 2:00 ● Courtyard Stroll, All 4:00 ● Memory Lane, All 6:15 ● Classical Music, All	9:30 ● Spa Visits, All 6 10:00 ● Chair Yoga on the Lawn, C/P 10:30 ● Rosary & Communion, All 11:00 ● Singalong, All 3:00 ● Traveling Ice Cream Cart, All 4:00 ● Literary Classics, All 6:15 ● Arts & Crafts, EC	10:00 ● PrimeFit, All 7 10:30 ● Trivia Games 11:00 ● Joyful Journal, All 1:30 ● "Ask Alexa," DC 2:30 ● Helping Hands!, DC 4:15 ● Aromatherapy & Classical Music, All 6:15 ● Adult Coloring, All	10:00 ● PrimeFit, All 8 10:30 ● Coffee & Current Events, All 11:00 ● Virtual Tours, All 2:00 ● Leisure Games, FC 3:15 ● FaceTime & Friends!, All 4:00 ● Manicures, Hand Massages, All 6:15 ● Let's Reminisce, All
10:00 ● Morning Stretches, All 9 10:30 ● Rosary, All 11:00 ● Catholic Mass, All 11:30 ● News & Views, All 2:30 ● Kitchen Creations, EC 3:15 ● Refreshments on the Patio, All 6:15 ● Relax & Reminisce, All	10:00 ● Sit & Get Fit, All 10 10:30 ● Current Events, All 1:30 ● Outdoor Stroll, C/P 2:00 ● Lemonade Refreshers, All 3:15 ● Sunshine Club, DC 4:00 ● Life Stories: Sentimental Journey, All 6:30 ● S'mores by the Fire, C/P	10:00 ● PrimeFit, All 11 10:30 ● Brain Games, All 1:30 ● Bird Watching, C/P 2:00 ● Garden Club, DC 3:15 ● DIY Design, EC 4:00 ● Hand Massages, All 6:15 ● Poetry Night!, All	10:00 ● PrimeFit, All 12 10:30 ● Live Stream Zoos, Aquariums & Museums, All 11:00 ● Word Games & Crossword Puzzles, FC 12:00 ● Picnic on the Patio, C/P 2:00 ● Courtyard Stroll, All 4:00 ● Memory Lane, All 6:15 ● Classical Music, All	9:30 ● Spa Visits, All 13 10:00 ● Chair Yoga on the Lawn, C/P 10:30 ● Rosary & Communion, All 11:00 ● Singalong, All 3:00 ● Traveling Ice Cream Cart, All 4:00 ● Literary Classics, All 6:15 ● Arts & Crafts, EC	10:00 ● PrimeFit, All 14 10:30 ● Trivia Games 11:00 ● Joyful Journal, All 1:30 ● "Ask Alexa," DC 2:30 ● Helping Hands!, DC 4:15 ● Aromatherapy & Classical Music, All 6:15 ● Adult Coloring, All	10:00 ● PrimeFit, All 15 10:30 ● Coffee & Current Events, All 11:00 ● Virtual Tours, All 2:00 ● Leisure Games, FC 3:15 ● FaceTime & Friends!, All 4:00 ● Manicures, Hand Massages, All 6:15 ● Let's Reminisce, All
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10:00 ● Morning Stretches, All 23 10:30 ● Rosary, All 11:00 ● Catholic Mass, All 11:30 ● News & Views, All 2:30 ● Kitchen Creations, EC 3:15 ● Refreshments on the Patio, All 6:15 ● Relax & Reminisce, All	10:00 ● Sit & Get Fit, All 24 10:30 ● Current Events, All 1:30 ● Outdoor Stroll, C/P 2:00 ● Lemonade Refreshers, All 3:15 ● Sunshine Club, DC 4:00 ● Life Stories: Sentimental Journey, All 6:30 ● S'mores by the Fire, C/P	10:00 ● PrimeFit, All 25 10:30 ● Brain Games, All 1:30 ● Bird Watching, C/P 2:00 ● Garden Club, DC 3:15 ● DIY Design, EC 4:00 ● Hand Massages, All 6:15 ● Poetry Night!, All	10:00 ● PrimeFit, All 26 10:30 ● Live Stream Zoos, Aquariums & Museums, All 11:00 ● Word Games & Crossword Puzzles, FC 12:00 ● Picnic on the Patio, C/P 2:00 ● Courtyard Stroll, All 4:00 ● Memory Lane, All 6:15 ● Classical Music, All	9:30 ● Spa Visits, All 27 10:00 ● Chair Yoga on the Lawn, C/P 10:30 ● Rosary & Communion, All 11:00 ● Singalong, All 3:00 ● Traveling Ice Cream Cart, All 4:00 ● Literary Classics, All 6:15 ● Arts & Crafts, EC	10:00 ● PrimeFit, All 28 10:30 ● Trivia Games 11:00 ● Joyful Journal, All 1:30 ● "Ask Alexa," DC 2:30 ● Helping Hands!, DC 4:15 ● Aromatherapy & Classical Music, All 6:15 ● Adult Coloring, All	10:00 ● PrimeFit, All 29 10:30 ● Coffee & Current Events, All 11:00 ● Virtual Tours, All 2:00 ● Leisure Games, FC 3:15 ● FaceTime & Friends!, All 4:00 ● Manicures, Hand Massages, All 6:15 ● Let's Reminisce, All
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