

livfun

The Landing of Colledgeville

APRIL 2020 · SOUNDS OF SPRING

Look At Our Gems!

Our residents and families enjoyed an evening just for Opal, our Memory Care Neighborhood. A beautiful spread followed by a cup of cheer and creativity. We enjoyed each other's company while reminiscing and beautifying Opal's memory boxes that are located just outside of each apartment. Take some time to take a look at each one, it tells a bit about each person.

We will be hosting an Opal family gathering every other month. Invites and emails to follow. Please join us for any and all events hosted by our community. We would love to have you there.

P.S. Thank you to Lori and our scrapbook group for helping make our evening extra special!



Gnome Sweet Gnome

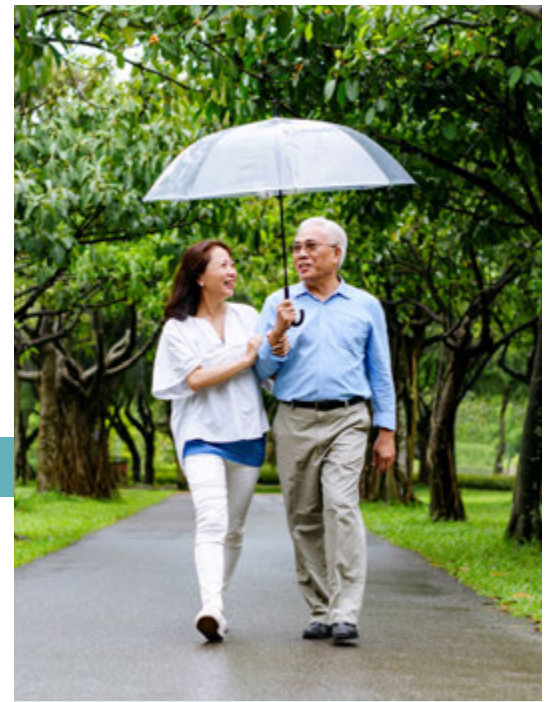
Many yards and flower beds are home to whimsical statues known as garden gnomes, which are believed to bring luck to all that grows around them.

A number of European cultures include legends about gnomes – small, humanlike creatures, usually men with white beards, who live in forests and gardens. Mischievous, yet wise and helpful, gnomes were said to come to life at night to help humans with their plants as well as protect property and nature.



Ornamental versions of these beings were used in gardens as early as the 1600s, but they were carved totems rather than statues. The modern garden gnome emerged from the work of various craftspeople in the 1800s. One such artist in Germany, Philipp Griebel, made gnomes from terra cotta, and is credited with giving gnomes their now-iconic red cone-shaped hat. His statuettes became popular throughout Europe.

Garden gnomes continue to pop up in outdoor decor and have also appeared in advertisements and entertainment.



Safety and Awareness

We cannot hide under a rock from the current health crisis. We are all very well aware of the current situation and we as a company are following all recommended precautions to keep our residents safe!

As this is being written mid-March, we are hopeful that things will improve by April and we can proceed with our many plans.



Citrus fruits can help boost our immune system!

April Birthdays

Betty Howarth, 13th
Rosaria Mannino, 23rd
Ken Kline, 30th

Communication From Leisure Care

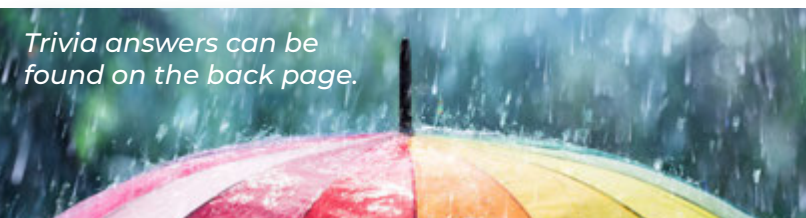
It goes without saying that we are living in an unprecedented and challenging time. When you opened this newsletter, you were likely expecting to see your monthly activities calendar. Due to COVID-19, we have canceled all activities throughout the community and are instead using this space to provide you helpful information and some ideas and activities while social distancing.

With 50 communities in 17 states, like all of you, we have been closely monitoring the developments that are changing daily and, in some cases, hourly. With that in mind, we are regularly modifying our protocol in alignment with best practices as determined by the CDC and state regulatory bodies, while also seeking alignment with our company values of doing the right thing. With all that is going on, our priorities have not changed; the health of our residents and employees remains our main focus.

For our most recent updates, visit www.leisurecare.com/communication-plan. Please contact your management team if you have any questions about COVID-19.

April Trivia

- How fast can raindrops fall?
- How many jelly beans are produced for Easter each year?
- What cloud shares its name with the Latin word for "rain"?
- What is the name of the dinner during the celebration of Passover?
- Green, white, purple and orange: Which of these is *not* a color of asparagus?
- Who wrote, "... April, dressed in all his trim Hath put a spirit of youth in everything"?
- What is April's birthstone?
- What is the name of April's full moon?
- Who sang the 1957 hit song "April Love"?
- About how many umbrellas are sold each year in the U.S.?
- Who was the U.S. president during the first White House Easter egg roll in 1878?
- What do they call an umbrella in England?
- In what year did the first Earth Day (April 22) take place?
- What common bird is known as the herald of springtime?



Trivia answers can be found on the back page.

Keep Active With These Activities

- Carry on a daily routine as much as possible.
- Stay connected with family and friends by telephone, writing them a letter or email, or by using social media.
- Keep physically active as much as you can. Take advantage of the limited walks when possible, move around your apartment, and do simple seated stretches.
- Use this time as an opportunity: Read that book you've been wanting to get to, work on your favorite crafting project or hobby, take on a puzzle (Try the ones here in the newsletter!), start a journal, or learn something new.
- Unleash your inner artist with coloring pages or take up drawing or sketching.
- Organize something you've put off, such as that pile of papers, a drawer or shelf.
- Listen to your favorite music.
- If it's possible, use your TV's streaming service to catch up on some classic movies or one of those popular TV shows everyone's talking about.
- Use your device to research a topic you've always been interested in, learn some phrases in a foreign language, watch a YouTube tutorial or TED talk, or just laugh at some animal videos!
- Above all, maintain a positive attitude. You have likely coped with difficult situations before, and be reassured that you will cope with this current situation as well.

Sudoku

The object of Sudoku is to fill all the blank squares with the correct numbers. Each row, column, and 3x3 subsection must include all digits 1-9 in any order.

Solution can be found on the back page.

8			1	3				
9	7	5			4			6
	4							
7					9			3
		3	6	7	2	4		
			5					
	3							5
4			3			1	7	8
				4	1			2

Crossword Puzzle

1	2	3	4	5		6	7	8	9		10	11	12	13
14						15					16			
17						18					19			
20				21	22						23			
			24					25	26					
27	28	29					30					31	32	33
34						35						36		
37				38	39							40		
41				42								43		
44				45					46	47				
			48					49						
50	51	52					53					54	55	56
57						58	59				60	61		
62						63					64			
65						66					67			

ACROSS

- Ice cream serving
- Man's nickname
- Second in a series
- Disease that attacks the muscles
- Mixture
- Future indicator
- ___ costs; regardless of the difficulty
- Very cruel
- Hankering
- Property buyer's concern
- Biblical line
- Rapidly growing item
- Got away
- Potato implement
- Cherished
- UV forerunners
- Jai ___
- Does an usher's job
- ___ tree; cornered
- Film set in a jungle
- Work unit
- Restores to health
- Pinnacle
- Cockney abode
- European river
- Makes changes in
- Mars' Greek counterpart
- Anthology entries
- Hastily
- "Wanna make ___?"
- Pronoun
- Painful problem
- Claw
- Ending for some girls' names
- Stable staple
- African antelope
- Like horse hooves
- Scottish language
- Violates
- SPCA's advice
- Place for sheep
- Pearl Buck heroine
- Word with olive or motor
- Gallup respondent
- Regally clothed
- ___ Bator, Mongolia
- Polite person's word
- Sound of grief
- Weary
- Kuwaiti leader
- Sri Lanka exports
- ___ Murray
- Opposed
- Suffix for wind or sand
- Genius
- Accomplishments
- Strip of wood
- San ___, California
- Warning device
- "Beetle Bailey" figure
- Postpone
- 100 paise
- Pierce
- Puts a burden on
- Painful spots
- Oak droppings
- Like a streaker
- Homes for some: abbr.
- Fruity concoction
- B, for one
- Was achy and feverish
- Fat
- Grows gray
- College major
- Singer's range
- Picnic spoilers
- Insult
- Sharpen
- Football players
- Gout spot
- One of a pair
- Chicken ___ king

DOWN

1. SPCA's advice
2. Place for sheep
3. Pearl Buck heroine
4. Word with olive or motor
5. Gallup respondent
6. Regally clothed
7. ___ Bator, Mongolia
8. Polite person's word
9. Sound of grief
10. Weary
11. Kuwaiti leader
12. Sri Lanka exports
13. ___ Murray
14. Opposed
15. Suffix for wind or sand
16. Genius
17. Accomplishments
18. Strip of wood

Solution can be found on the back page.

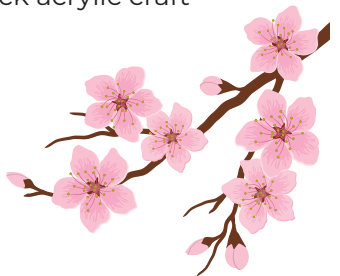
Craft Corner

Soda Bottle Spring Blossoms

It's easy to paint a beautiful cherry tree in bloom—just use a soda bottle as a stamp!

Materials:

- White piece of paper
- Paintbrush
- Dark brown or black acrylic craft paint or marker
- Light pink acrylic craft paint
- Small paper plate
- Empty plastic soda bottle



Directions:

Paint or draw a tree branch on the paper using the dark paint or marker. Let dry.

Pour some pink paint on the paper plate. Dip the bottom of the soda bottle into the paint so that the five bumps on the bottom of the bottle are covered.

Use the bottle to stamp pink cherry blossom flowers along the tree branch. Before stamping each flower, dip the bottle into the pink paint for a fresh coat.

Once dry, hang your artwork for all to see.

Fragrant Flowers

Bring the scent of spring to a room, closet or drawer with this handmade air freshener.

Materials:

- Felt
- Scissors
- Sheet pan
- Parchment paper
- Essential oil (any scent)
- Needle and thread
- String
- Hot glue gun and glue

Directions:

Cut four circles out of the felt, each a bit smaller than the other. Cut evenly spaced slits around the edge of each circle to create petals.

Cover the sheet pan with parchment paper. Arrange the felt circles on the pan in a single layer and sprinkle each circle with a few drops of essential oil. Leave the pan in a sunny spot for an hour to let the scent soak in.

Layer the circles in a stack from largest to smallest. Sew an "X" through the center of the stack. To make a hanger, knot together two ends of a piece of string to create a loop, then glue the knotted end to the back of the flower.

When the scent fades, sprinkle the flower with more essential oil and let dry in a sunny spot.



Getting to Know Joe ...

This month, we would like to spotlight our resident, Joe Levis. You will usually see Joe popping in and out of the community between errands and outings.

Joe was born in Norristown, Pa. Joe knows the area well and often helps us out with the “back roads” on outings.

Joe is a Navy veteran as well as an aviation mechanic. He spent most of his adult years working as a tool and die maker. His hobbies include competitive rifle shooting and being a member of a barbershop quartet!



Late Entry Quartet entertains us! What a treat!



Get to know Joe.

We would like to thank Joe for coordinating our visit from the “Late Entry” Barbershop Quartet in February. What a performance! Joe worked for months on the details of the performance, making sure everything was just right.

Joe’s interest in the barbershop quartet started back in church choir. This interest led him to the Bryn Mawr Main Liners Quartet.

He is always looking out for new adventures and creative places for us, or the guys’ group to get out and enjoy. The men ventured to the Wings of Freedom Aviation Museum in Horsham and we are excited for upcoming outings to the helicopter museum and much more.

Keep the ideas coming, Joe! We appreciate you.

If anyone has an idea for an outing or perhaps you saw a great comedian or entertainer ... please share them with Tonya Monteleone, Program Supervisor.

Keeping Busy Here in Collegeville!

From art to cooking, bocce to bowling, jewelry making and more! We are always busy and on the go. Take a look as our residents showcase their creativity and adventurous side.



Learning about Purim and Hamantaschen



A treasure we found



Baking friends



Dance class

THE LANDING OF COLLEGEVILLE

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Monica Paulino

Sales Manager
Carin Brastow

Sales Advisor
Julie Frankum

Dining Services Manager
Robert DiDomenick

Health and Wellness Director
Toni Flowers

Memory Care Program Manager
Emily Quirk

Office Manager
Mark Frailey

Program Supervisor
Tonya Monteleone

Maintenance Supervisor
Andrew Batten

Puzzle Solutions (from pages 2-3)

April Trivia Answers

- Up to 22 mph!
- 16 billion
- Nimbus
- Seder
- Orange
- William Shakespeare
- Diamond
- The pink moon
- Pat Boone
- 33 million
- Rutherford B. Hayes
- A “brolly”
- 1970
- Robin

Crossword Solution

S	C	O	O	P	R	U	S	B	E	T	A			
P	O	L	I	O	O	L	I	O	O	M	E	N		
A	T	A	L	L	B	A	R	B	A	R	I	A	N	
Y	E	N	L	I	E	N	V	E	R	S	E			
					W	E	E	D	F	L	E	D		
M	A	S	H	E	R	D	E	A	R	R	S	T		
A	L	A	I	S	E	A	T	S	U	P	A			
T	A	R	Z	A	N	O	F	T	H	E	A	P	E	S
E	R	G	C	U	R	E	S	P	E	A	K			
O	M	E	O	D	E	R	A	L	T	E	R	S		
					A	R	E	S	O	D	E	S		
A	M	A	I	N	A	B	E	T	S	H	E			
G	A	L	L	S	T	O	N	E	T	A	L	O	N	
E	T	T	E	O	A	T	S	E	L	A	N	D		
S	H	O	D	E	R	S	E	R	A	P	E	S		

Sudoku Solution

8	6	2	1	3	5	7	4	9
9	7	5	8	2	4	3	1	6
3	4	1	9	6	7	2	8	5
7	1	6	4	8	9	5	2	3
5	8	3	6	7	2	4	9	1
2	9	4	5	1	3	8	6	7
1	3	7	2	9	8	6	5	4
4	2	9	3	5	6	1	7	8
6	5	8	7	4	1	9	3	2