

livfun

The Landing of Colledgeville

SEPTEMBER 2020 • BELIEVE

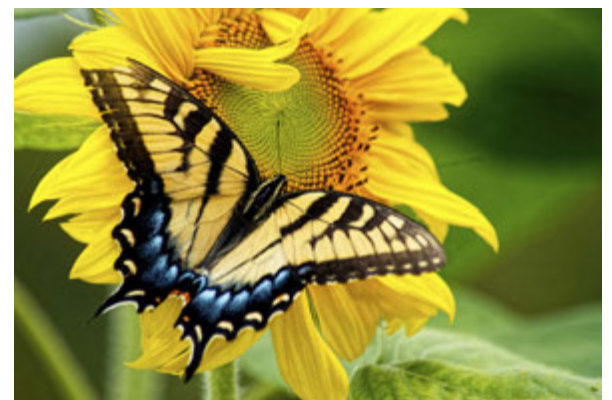
The Sunniest Flower

Bright and cheerful, sunflowers are late-summer blooms that have grown to be an annual crowd-pleasing sight.

The iconic sunflower is a tall, sturdy stalk topped with a vibrant gold blossom. There are over 70 varieties of the plant, from dwarf types that only reach 3 feet tall to mammoths that stand more than 15 feet high and can have heads about a foot wide. In addition to the classic yellow color, blooms can also be orange, red or purple, or have striped hues.

Each of a sunflower's petals is a kind of flower called a ray floret. These petals surround the head's large center, which is made of thousands of tiny flowers that eventually dry up and fall off, revealing mature seeds. Depending on the variety of sunflower, the seeds can be harvested and sold as a snack food, processed into cooking oil, or packaged as birdseed.

A fascinating feature of sunflowers is that they follow the sun's movement through the sky from dawn to dusk. Called heliotropism, this movement occurs when the plants are young. Mature sunflowers typically face east.



Enjoy Our New Outdoor Living Space!

Until we can welcome you through our front doors again, we hope you will have the opportunity to enjoy our newly created outdoor living space! Special thanks to Carin and Julie, our Sales Team, for bringing the vision to life. The space belongs on a magazine cover. Our residents love it. In addition, we have added to our garden patch and also our "bird sanctuary," as Tonya calls it. With bird feeders galore, vibrant colors and several hummingbirds, it's beautiful. Many thanks also to Joanna (Bud Ramos' daughter) who spent many months under "quarantine" with us and truly kept our gardens thriving. We miss you already, Joanna.



Thank goodness for friends



Our outdoor living space!



Welcome to The Landing of Colledgeville!

LivFun!

Enjoy our monthly photo montage! Weekly themes were Under the Sea, Farmer's Market and Golf Week.



Watercolor creations



Farmer's Market finds



The beach comes to Collegeville



Sea creatures come to life.



Enjoying Theresa's piano music



Our Lee



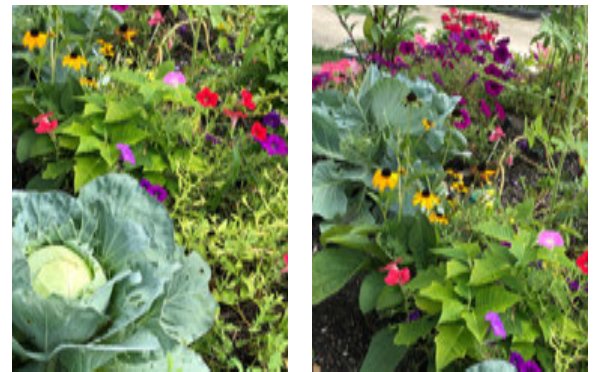
Frank's art graphic



Summer fun



Fore!



Our garden patch

Spectacular

September Birthdays

Terry Cross, 6th

Delores (Dee) Smyrk, 14th

Ruth Dinkel, 16th

Bud Ramos, 17th

THE LANDING OF COLLEGEVILLE

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Staff

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Carin Brastow

Sales Advisor
Julie Frankum

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**Health and Wellness
Director**
Toni Flowers

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Program Supervisor
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**Maintenance
Supervisor**
Andrew Batten

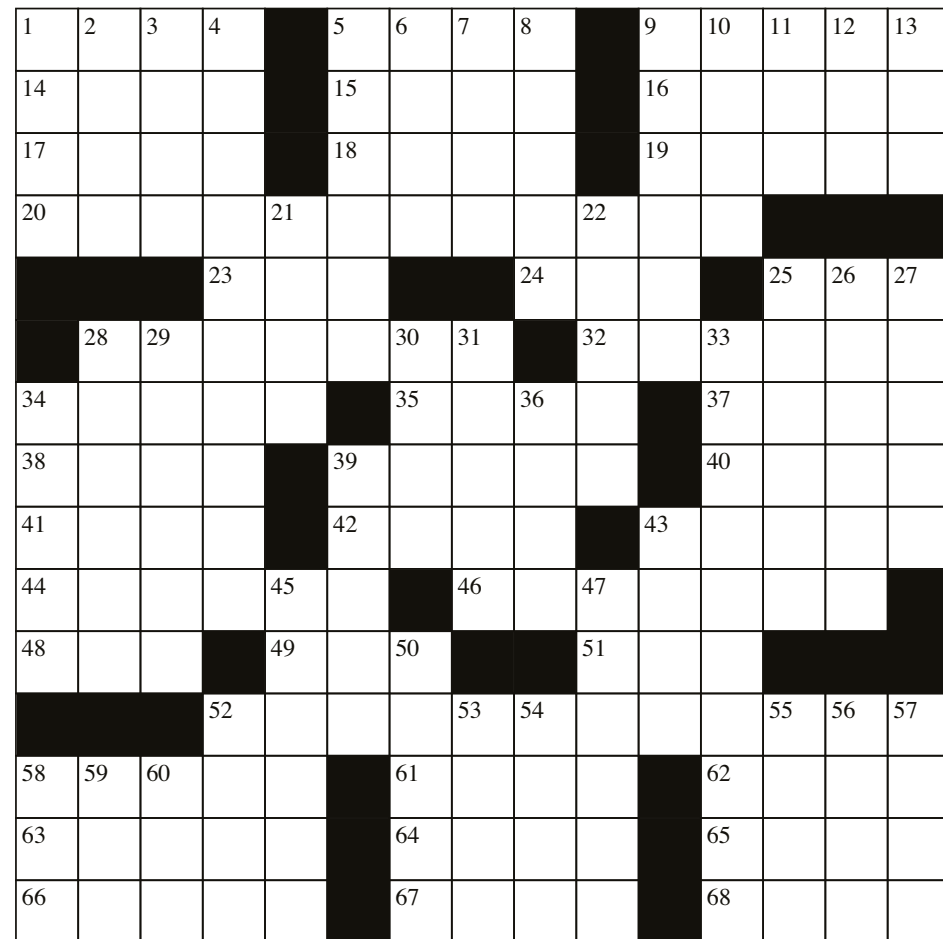
Opal Manager
Julie Krasley

A Message From Leisure Care

We are continuing to follow a modified schedule of activities due to COVID-19. Instead of the monthly calendar, please enjoy these additional activities that you can do at your leisure. Again, we thank you for your cooperation in helping to keep everyone in our community healthy and safe.

For updates, visit www.leisurecare.com/communication-plan. Please contact your management team if you have any questions.

Crossword Puzzle



ACROSS

1. Bargain-hunt
5. Fog
9. Read __; recite
14. Novel setting
15. Of the U.S.A.
16. Rent long-term
17. Of a generation
18. Pocket bread
19. Procrastinator's word
20. Warm lunch
23. Originally named
24. Call a halt to
25. Nemesis
28. Rhythm
32. Cuts
34. Lament
35. Bee colony
37. "Ah, me!"
38. Character in Othello
39. West Point student
40. Out of __; behaving inappropriately
41. Word with stick or roll
42. One who acts like another
43. Lets
44. Evaluate
46. Pillages
48. Do a hairdresser's job

DOWN

1. Heavenly Milles.
2. Nag
3. Not just tacit
4. Mom, dad, or madam
5. Take place
6. Friend at the école
7. Greek letter
8. Expunge
9. Refer
10. Spring
11. Bit of cereal
12. Take advantage of
13. German article
21. High schooler
22. Start
25. Cat
26. Praying figures
27. Winding roads
28. Rough
29. Part of summer
30. Fellow
31. Sea duck
33. Certain love messages
34. Fictional king
36. Miles. e.g.
39. Tosses
43. Public disturbance
45. Sight and taste
47. Existing on a flat surface
50. Fourth page of a wall hanging
52. Preposition
53. Insignificant amount
54. Complaint to a dermatologist
55. Hot spot
56. __ PM; 2100 hours
57. Did in
58. Item in a desk drawer
59. Mr. Whitney
60. Girl's nickname

Brain Bender: Moving Day Dilemma

Anna, Bridget, Crystal, Danielle, Elyse, Faith, Gabby, Hallie and Jade are all moving into a three-story apartment building. Each floor has three apartments: west, middle and east. Use the clues below to figure out the floor and the apartment where each lives.

- Hallie does not live on the ground floor.
- Faith lives directly above Jade and directly next to Bridget, who lives in a west apartment.
- Elyse lives in an east apartment and one floor higher than Faith.
- Danielle lives directly above Faith.
- Gabby lives directly above Crystal.

A Word Game To 'DO'

Every answer below is a six-letter word or name that ends with the two letters D and O.

1. Lizard that's a "dragon"
2. Spanish for "Saturday"
3. Men's fancy black-and-white attire
4. Actor who starred in "On the Waterfront"
5. Square dance move
6. City in Ohio
7. Type of martial art
8. Name of a U.S. state and a river

Globetrotting Online

The next best thing to being there, traveling online is a good way to get away. Many of the world's tourist destinations are using technology so that virtual travelers can tour and interact with locales. Here's a sample of some digital tours:

- **Australia's Great Barrier Reef**
AttenboroughsReef.com
- **Acropolis of Athens**
AcropolisVirtualTour.gr
- **Peru's Machu Picchu**
YouVisit.com/tour/MachuPicchu

Use the search terms "virtual tour" with the names of other famous places, and you'll likely find they offer online experiences. There are tours of the Eiffel Tower, Great Wall of China, Taj Mahal, and the Egyptian pyramids. NASA even has out-of-this-world trips to the International Space Station and explorations of other solar systems.

Puzzle Solutions

Brain Bender: Moving Day Dilemma

Ground floor: west: Anna; middle: Jade; east: Crystal. Second floor: west: Bridget; middle: Faith; east: Gabby. Third floor: west: Hallie; middle: Danielle; east: Elyse

A Word Game To 'DO'

1. Komodo; 2. Sabado; 3. tuxedo; 4. Marlon Brando; 5. do-si-do; 6. Toledo; 7. judo or hapkido; 8. Colorado

'Care' Is One

How many words can you come up with using the letters in "appreciate"?

This Will Leaf You Smiling

Q: What's a tree's least favorite month?

A: Sep-timber!

Coloring Corner



SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
		Favorite Vaca Spots! 1 10:00 ● Chair Exercises, OAR * 10:45 ● Good Day Greetings, OAR 11:15 ● Fysical Fun: Cornhole, OAR 1:30 ● R & R: Scenic Road Trips, OAR 1:45 ● Walking Club * 2:00 ● Tissue Paper Projects, OAR 2:45 ● Bingo Time, ODR 3:00 ● Hydration Station/Opal Cafe, OAR 4:00 ● What's in the Bag?, OAR 6:00 ● Big Screen Church Service, OAR	10:00 ● Muscle Hustle, OAR * 2 10:45 ● Good Day Greetings, OAR 11:00 ● Patio Pals & Garden Gals, OC 1:30 ● R & R: Scenic Beaches, OAR 1:45 ● Walking Club * 2:00 ● Art Talk with Frank, ODR 2:30 ● Baking Bunch: Blueberry Popsicles, ODR 3:00 ● Hydration Station/Opal Cafe, OAR 4:00 ● Reminisce..., OAR 6:00 ● Oldie Movie Classics, OAR	10:00 ● Wakeup Workout, OAR * 3 10:45 ● Good Day Greetings, OAR 11:00 ● Bowling League, OAR 1:30 ● R & R: Cruise to..., OAR 1:45 ● Walking Club * 2:00 ● Rosary on Alexa, OSR 2:30 ● Flower Arranging, OAR 3:00 ● Hydration Station/Opal Cafe, OAR 3:30 ● Finishing Lines & Familiar Sayings, OAR 4:00 ● Musical Memories Singalong, OAR 6:00 ● Road Trip: Ocean City, NJ, OAR	10:00 ● Bandercise, OAR 4 10:45 ● Good Day Greetings, OAR 11:30 ● Brain Games, OAR 1:30 ● R & R: Train Ride Travels, OAR 1:45 ● Walking Club * 2:00 ● Scent-Sory Station: All Things Fall, ODR 2:30 ● Opal Cafe, ODR 3:00 ● That's Entertainment, LB 4:00 ● Mocktails & Music: National Chianti Day, ODR 6:00 ● Music & Movies, OAR	10:00 ● Saturday Stretch, OAR 5 10:30 ● Manicures, Massages & Music, ODR 11:30 ● Project Art Graphics, ODR 1:30 ● R & R: Classical Piano & Jazz, OAR 1:45 ● Walking Club * 2:00 ● Musical Memories Singalong, OAR 2:45 ● Bingo Time, ODR 3:00 ● Hydration Station/Opal Cafe, OAR 4:00 ● Life Skills & Rummage Sort, AR 6:00 ● "Drive In" Movie, OAR
10:00 ● Dance Party Stretch, OAR * 6 10:30 ● Hymn Sing, OAR 11:00 ● National "Read a Book" Day, OAR 1:30 ● R & R: Oceans, OAR 1:45 ● Walking Club * 2:00 ● Baking Bunch: Coffee Ice Cream, ODR 3:00 ● Hydration Station/Opal Cafe, OAR 3:15 ● Game Time, ODR 4:00 ● Life Skills: Folding, Sorting & Separating, OSR 6:00 ● Let's Laugh: Funny Videos, OAR	LABOR DAY 7 ● Never 2 Late 2 Learn Week 10:00 ● Music & Movement, OAR * 10:45 ● Good Day Greetings, OAR 11:30 ● Let's Learn About... Labor Day, OAR 1:30 ● R & R: The Zoo, OAR 1:45 ● Walking Club * 2:00 ● Creative Corner: Patriotic Sparklers, ODR 3:00 ● Hydration Station/Opal Cafe, OAR 3:30 ● Professions That Are Vanishing, OAR 6:00 ● Evening Matinee, OAR	10:00 ● Chair Exercises, OAR * 8 10:45 ● Good Day Greetings, OAR 11:15 ● Fysical Fun: Horse Shoes, OAR 1:30 ● R & R: Scenic Road Trips, OAR 1:45 ● Walking Club * 2:00 ● Tissue Paper Projects, OAR 2:45 ● Bingo Time, ODR 3:00 ● Hydration Station/Opal Cafe, OAR 4:00 ● Life Skills & Rummage Stations, OSR 6:00 ● Big Screen Church Service, OAR	10:00 ● Muscle Hustle, OAR * 9 10:45 ● Good Day Greetings, OAR 11:00 ● Patio Pals & Garden Gals, OC 1:30 ● R & R: Scenic Beaches, OAR 1:45 ● Artistic Time with Frank, ODR 1:45 ● Walking Club * 2:00 ● Baking Bunch: Teddy Bear Cookies, ODR 3:00 ● Hydration Station/Opal Cafe, OAR 4:00 ● Reminisce..., OAR 6:00 ● Oldie Movie Classics, OAR	10:00 ● Wakeup Workout, OAR * 10 10:45 ● Good Day Greetings, OAR 1:30 ● R & R: Cruise to..., OAR 1:45 ● Walking Club * 2:00 ● Rosary on Alexa, OSR 2:30 ● Flower Arranging, OAR 3:00 ● Hydration Station/Opal Cafe, OAR 3:30 ● This & That Chat: TV Dinners, OAR 4:00 ● Musical Memories Singalong, OAR 6:00 ● Let's Watch: How It's Made, OAR	PATRIOT DAY 11 10:00 ● Bandercise, OAR 10:30 ● Tissue Paper Project, ODR 10:45 ● Good Day Greetings, OAR 11:30 ● Brain Games, OAR 1:30 ● R & R: Train Ride Travels, OAR 1:45 ● Walking Club * 2:00 ● Baking Bunch/Opal Cafe: Hot Cross Bun Day, ODR 3:00 ● That's Entertainment, LB 4:00 ● Mocktails & Music, OAR 6:00 ● Music & Movies, OAR	10:00 ● Saturday Stretch, OAR 12 10:30 ● Manicures, Massages & Music, ODR 11:30 ● Project Art Graphics, ODR 1:30 ● R & R: Classical Piano & Jazz, OAR 1:45 ● Walking Club * 2:00 ● Musical Memories Singalong, OAR 2:45 ● Bingo Time, ODR 3:00 ● Hydration Station/Opal Cafe, OAR 4:00 ● Life Skills & Rummage Sort, AR 6:00 ● Lawrence Welk Entertains, OAR
Grandparents Day & Caring Is Essential Week 13 10:00 ● Dance Party Stretch, OAR * 10:30 ● Hymn Sing, OAR 11:00 ● Happy Grandparents Day, OAR 1:30 ● R & R: Oceans, OAR 1:45 ● Walking Club * 2:00 ● Grandparents Parade, OC 3:00 ● Hydration Station/Opal Cafe, OAR 4:00 ● Life Skills: Folding, Sorting & Separating, OSR 6:00 ● Let's Laugh: Funny Videos, OAR	Caring Is Essential Week 14 10:00 ● Music & Movement, OAR * 10:45 ● Good Day Greetings, OAR 11:30 ● Finishing Lines, OAR 1:30 ● R & R: The Zoo, OAR 1:45 ● Walking Club * 2:00 ● Creative Corner, ODR 3:00 ● Hydration Station/Opal Cafe, OAR 4:00 ● Let's Laugh: Jokes & Riddles, OAR 6:00 ● Evening Matinee, OAR	10:00 ● Chair Exercises, OAR * 15 10:30 ● Cognitive Curiosity Games, OAR 10:45 ● Good Day Greetings, OAR 11:15 ● Fysical Fun: Cornhole, OAR 1:30 ● R & R: Scenic Road Trips, OAR 1:45 ● Walking Club * 2:00 ● Tissue Paper Projects, OAR 2:45 ● Bingo Time, ODR 3:00 ● Hydration Station/Opal Cafe, OAR 4:00 ● What's in the Bag?, OAR 6:00 ● Big Screen Church Service, OAR	10:00 ● Muscle Hustle, OAR * 16 10:45 ● Good Day Greetings, OAR 11:00 ● Patio Pals & Garden Gals, OC 1:30 ● R & R: Scenic Beaches, OAR 1:45 ● Walking Club * 2:00 ● Art Talk with Frank, ODR 2:00 ● Baking Bunch: Cinnamon Raisin Bread, ODR 3:00 ● Hydration Station/Opal Cafe, OAR 4:00 ● Reminisce..., OAR 6:00 ● Oldie Movie Classics, OAR	10:00 ● Wakeup Workout, OAR * 17 10:45 ● Good Day Greetings, OAR 1:30 ● R & R: Cruise to..., OAR 1:45 ● Walking Club * 2:00 ● Rosary on Alexa, OSR 2:30 ● Flower Arranging, OAR 3:00 ● Hydration Station/Opal Cafe, OAR 3:30 ● Finishing Lines & Familiar Sayings, OAR 4:00 ● Musical Memories Singalong, OAR 6:00 ● Let's Laugh: Kids & Animal Clips	ROSH HASHANAH BEGINS AT SUNSET 18 10:00 ● Bandercise, OAR 10:45 ● Good Day Greetings, OAR 11:30 ● All About Rosh Hashanah, OAR 1:30 ● R & R: Train Ride Travels, OAR 1:45 ● Walking Club * 2:00 ● Scent Sory Station: Rosh Hashanah, OAR 2:30 ● Opal Cafe: Apples & Honey Cream, ODR 3:00 ● That's Entertainment, LB 4:00 ● Mocktails & Music, OAR 6:00 ● Music & Movies, OAR	10:00 ● Saturday Stretch, OAR 19 10:30 ● Manicures, Massages & Music, ODR 11:30 ● Project Art Graphics, ODR 1:30 ● R & R: Classical Piano & Jazz, OAR 1:45 ● Walking Club * 2:00 ● National Dance Day!, OAR 2:45 ● Bingo Time, ODR 3:00 ● Hydration Station/Opal Cafe, OAR 4:00 ● Life Skills & Rummage Sort, AR 6:00 ● "Drive In" Movie, OAR
10:00 ● Dance Party Stretch, OAR * 20 10:30 ● Hymn Sing, OAR 11:00 ● Game Time, OAR 1:30 ● R & R: Oceans, OAR 1:45 ● Walking Club * 2:00 ● Baking Bunch: Pepperoni Pizza, ODR 3:00 ● Hydration Station/Opal Cafe, OAR 3:15 ● Piano Art, OAR 4:00 ● Life Skills: Folding, Sorting & Separating, OSR 6:00 ● Let's Laugh: Funny Videos, OAR	Tickle the Ivories Week! 21 10:00 ● Music & Movement, OAR * 10:45 ● Good Day Greetings, OAR 11:30 ● Read Aloud Group, OAR 1:30 ● R & R: The Zoo, OAR 1:45 ● Walking Club * 2:00 ● Creative Corner, ODR 3:00 ● Hydration Station/Opal Cafe, OAR 4:00 ● Sort & Separate Stations, OSR 6:00 ● Evening Matinee, OAR	AUTUMN BEGINS 22 10:00 ● Chair Exercises, OAR * 10:30 ● Cognitive Curiosity, OAR 10:45 ● Good Day Greetings, OAR 11:15 ● Fysical Fun: Horse Shoes, OAR 1:30 ● R & R: Scenic Road Trips, OAR 1:45 ● Walking Club * 2:00 ● Tissue Paper Projects, OAR 2:45 ● Bingo Time, ODR 3:00 ● Hydration Station/Opal Cafe, OAR 4:00 ● Life Skills & Rummage Stations, OSR 6:00 ● Big Screen Church Service, OAR	10:00 ● Muscle Hustle, OAR * 23 10:45 ● Good Day Greetings, OAR 11:00 ● Patio Pals & Garden Gals, OC 1:30 ● R & R: Scenic Beaches, OAR 1:45 ● Artistic Time with Frank, ODR 1:45 ● Walking Club * 2:00 ● Baking Bunch: Mini Pot Pies, ODR 3:00 ● Hydration Station/Opal Cafe, OAR 4:00 ● Reminisce..., OAR 6:00 ● Oldie Movie Classics, OAR	10:00 ● Wakeup Workout, OAR * 24 10:45 ● Good Day Greetings, OAR 1:30 ● R & R: Cruise to..., OAR 1:45 ● Walking Club * 2:00 ● Rosary on Alexa, OSR 2:30 ● Flower Arranging, OAR 3:00 ● Hydration Station/Opal Cafe, OAR 3:30 ● This & That Chat, OAR 4:00 ● Musical Memories Singalong, OAR 6:00 ● Let's Laugh: Kids & Animal Clips	10:00 ● Bandercise, OAR 25 10:30 ● Tissue Paper Project, ODR 10:45 ● Good Day Greetings, OAR 11:30 ● Brain Games, OAR 1:30 ● R & R: Train Ride Travels, OAR 1:45 ● Walking Club * 2:30 ● Baking Bunch: Quesadillas, ODR 3:00 ● That's Entertainment, LB 4:00 ● Mocktails & Music, OAR 6:00 ● Music & Movies, OAR	10:00 ● Saturday Stretch, OAR 26 10:30 ● Manicures, Massages & Music, ODR 11:30 ● Project Art Graphics, ODR 1:30 ● R & R: Classical Piano & Jazz, OAR 1:45 ● Walking Club * 2:00 ● Musical Memories Singalong, OAR 2:45 ● Bingo Time, ODR 3:00 ● Hydration Station/Opal Cafe, OAR 4:00 ● Life Skills & Rummage Sort, AR 6:00 ● Lawrence Welk Entertains, OAR
YOM KIPPUR BEGINS AT SUNSET 27 10:00 ● Dance Party Stretch, OAR * 10:30 ● Hymn Sing, OAR 11:00 ● Discussion on Apple Week!, OAR 1:30 ● R & R: Oceans, OAR 1:45 ● Walking Club * 2:00 ● Baking Bunch: Apple Crisp, ODR 3:00 ● Hydration Station/Opal Cafe, OAR 3:15 ● Game Time, ODR 4:00 ● Life Skills: Folding, Sorting & Separating, OSR 6:00 ● Let's Laugh: Funny Videos, OAR	Apple of My Eye Week! 28 10:00 ● Music & Movement, OAR * 10:45 ● Good Day Greetings, OAR 11:30 ● Finishing Lines, OAR 1:30 ● R & R: The Zoo, OAR 1:45 ● Walking Club * 2:00 ● Creative Corner, ODR 3:00 ● Hydration Station/Opal Cafe, OAR 4:00 ● Let's Laugh: Jokes & Riddles, OAR 6:00 ● Evening Matinee, OAR	10:00 ● Chair Exercises, OAR * 29 10:45 ● Good Day Greetings, OAR 1:30 ● R & R: Scenic Road Trips, OAR 1:45 ● Walking Club * 2:00 ● Tissue Paper Projects, OAR 2:45 ● Bingo Time, ODR 3:00 ● Hydration Station/Opal Cafe, OAR 4:00 ● What Am I? What's in the Bag?, OAR 6:00 ● Big Screen Church Service, OAR	10:00 ● Muscle Hustle, OAR * 30 10:45 ● Good Day Greetings, OAR 11:00 ● Patio Pals & Garden Gals, OC 1:30 ● R & R: Scenic Beaches, OAR 1:45 ● Walking Club * 2:00 ● Baking Bunch: Apple Cake, ODR 3:00 ● Hydration Station/Opal Cafe, OAR 4:00 ● Reminisce..., OAR 6:00 ● Oldie Movie Classics, OAR	Locations Activity Room, AR Lobby, LB Opal Activity Room, OAR Opal Courtyard, OC Opal Dining Room, ODR Opal Sensory Room, OSR Theater, TH		



opal key

- Physical
- Social
- Experiential
- Emotional & Spiritual
- Creative & Artistic
- Therapeutic
- Sensory