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The Landing of Towamencin

AUGUST 2020 · TOP OF THE CLASS

Collection Drive for Local Veterans

The Landing of Towamencin is supporting our local veterans by collecting items that are needed by the Corporal Michael J. Crescenz VA Medical Center and Food Pantry in Philadelphia and the Coatesville Veterans Affairs Medical Center in Coatesville, Pa. These centers depend on the goodwill of others and volunteers who wish to give back to America's heroes. One hundred percent of all donations go directly to local veterans in need.

All donated items must be new. The needed items are:

Gift Cards to: Wawa, Target, Walmart, Lowe's, Visa, American Express, Home Depot, Amazon, Acme, Giant, SuperFresh, McDonald's, or Dunkin' Donuts.

New Clothing: Male and female all sizes: T-shirts, sweatpants, socks, shoes, pants, shirts, flip flops, and underwear.

Household Needs: Razors, paper towels, air mattresses, large print pill boxes, can opener, paint-by-number, word search books, adult coloring books and colored pencils with pencil sharpener, 300-piece adult puzzles, and sudoku books.

Non Perishable Foods Especially: KCups, small bags of chips, pretzels, and cookies, 8 oz. bottles of water, soda cans, iced tea, Styrofoam cups with lids, peanut butter, instant macaroni and cheese, instant rice cups, peanut butter snack crackers, cheese crackers, canned tuna, canned chicken, butter crackers, Vienna sausages (any flavor), canned pasta, oatmeal, cereal, applesauce, canned fruit or fruit cups, fruit roll ups, animal cracker snack packs, single serve packets of cookies, canned vegetables, instant coffee, canned and single serve soups and chili, jam or jelly (any flavor), and tuna.

Baby Items: Bibs, crib sheets, wipes, diaper bags, baby wash cloths, lotions, combs and brushes

Greeting, Seasonal, or Thank You Cards: No candy, glitter, last names, religious or political content

Remembering V-J Day

The happy news came on Aug. 14, 1945. Calling it "the day we have been waiting for since Pearl Harbor," U.S. President Harry S. Truman announced to crowds gathered outside the White House that Japan had surrendered unconditionally to the Allies. World War II was finally over.

Three months earlier, fighting had ended in Europe with Germany's surrender. Now relief and jubilation erupted at word that the battle in the Pacific had been won. In the U.S., millions of people flooded city streets to hold impromptu parades, complete with marching bands, confetti and fireworks.

(Continued on back.)



Remembering V-J Day (Continued)

In New York City's Times Square, sailors climbed lampposts and waved American flags, while strangers cheered and embraced. One celebratory moment, of a sailor excitedly kissing a woman in a white dress, was captured by photographer Alfred Eisenstaedt and printed a week later in Life magazine. The iconic image is an enduring symbol of Victory Over Japan Day, or V-J Day.

Allied nations also broke out in festivities, which continued through Aug. 15, the date the United Kingdom declared as V-J Day. Japan's formal surrender took place a few weeks later on Sept. 2.



Hanging Out in Hammocks

A hammock hanging between two trees is an inviting sight. This swinging bed has provided safety and rest in the centuries since its invention.



Anthropologists say the native people of

Central and South America hung the first hammocks about 1,000 years ago, weaving bark and leaves into lightweight nets they called hamacas. While some were used for fishing, others were strung between trees and used as a bed, providing a clean, dry place to sleep, plus protection from animals on the jungle floor.

When Christopher Columbus arrived in the Caribbean in the 1400s, he was fascinated by the sleeping nets and wrote about them in his journal. The explorer took hamacas back to Europe, where they became known as hammocks.

Sailors quickly adopted the suspended beds. Easily rolled up for storage on a crowded ship, hammocks were more hygienic and also helped prevent seasickness by swaying with a vessel's movement. Through the 20th century, hammocks were standard equipment on naval vessels.

In some cultures, hammocks are still the bed of choice. Scientists have discovered that a hammock's gentle rocking helps people doze off faster and get a deeper sleep.

Taste of the Tropics

Grown in warm, lush locales around the world, tropical fruits are famous for their bright colors and refreshingly sweet flavors. Be on the lookout for these varieties you may find on summer menus.



Mango – This fruit's thick skin, often a rosy blend of red, yellow and green, is peeled away to reveal tender yellow-orange flesh. Sweet and versatile, mangoes are delightful as a snack or dessert ingredient, but also shine in savory dishes such as salads, stir-fries and salsas.

Papaya – The pear-shaped papaya's soft, orange interior is rich in antioxidants. It's often enjoyed fresh, like melons, or roasted, like squash, and its black seeds can be dried and used as peppercorns.

Guava – Varieties of this fruit have green or yellow skin with pink, yellow or white flesh. Guava is entirely edible, from the rind to the seeds, and featured in jams, candies and thirst-quenching Latin American fruit drinks called aguas frescas.

Passion fruit – The common types of passion fruit are about the size and shape of a plum, and purple or yellow in color. Beyond the tough outer peel is a yellow, pulpy center filled with tart seeds, which can be eaten with a spoon or added to recipes.

Lychee – Round and bumpy like a golf ball, this unique fruit is also known as the alligator strawberry. Peeling away its red husk exposes translucent white flesh that covers an inedible brown seed. The lychee's flavor is described as light and floral, with hints of strawberry, watermelon and grape.

THE LANDING OF TOWAMENCIN

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Bill Delany

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
	Locations Back Patio, BP Bistro, B Dining Room, DR Game Room, GR		Transportation Monday, Wednesday & Friday, Daytime: First Come, First Served Appointments			<div>World's Beaches Videos, B</div> <div>11:30 Cranium Crunches & Puzzles, GR</div> <div>1:30 Resident Run Card Sharks, GR</div> <div>2:00 Movie Matinee, THR</div> <div>4:30 Resident Run Gardening Club: Maintaining the Blooms, BP</div> <div>6:30 Silver Screen Feature Presentation, THR</div>
						<div>Andy Griffith Show Videos, B</div> <div>11:30 Cranium Crunches & Puzzles, GR</div> <div>1:30 Resident Run Card Sharks, GR</div> <div>2:00 Movie Matinee, THR</div> <div>3:00 Resident Run Wii Games, GR</div> <div>4:30 Resident Run Gardening Club: Maintaining the Blooms, BP</div> <div>6:30 Silver Screen Feature Presentation, THR</div>
<div>9:00 Religious Broadcasts, B</div> <div>11:00 Outside In: Games & Competitions, PF</div> <div>1:15 Resident Run Parcheesi, GR</div> <div>2:00 Sunday Matinee, THR</div> <div>3:30 Creative Coloring, GR</div> <div>4:30 Resident Run Gardening Club: Maintaining the Blooms, BP</div>	<div>10:00 Dance Fitness, PF</div> <div>11:00 Monday Mix: This Week at a Glance, Trivia, Current Events, GR</div> <div>1:30 Furniture Making: The Process & Drawing up Plans, GR</div> <div>2:00 Movie Matinee, THR</div> <div>3:30 Boggle!, GR</div> <div>4:30 Gardening Club: Prune, Plant, Propagate, & Plan, PF</div> <div>6:30 Silver Screen Feature Presentation, THR</div>	<div>10:00 Gentle Yoga, PF</div> <div>11:00 Jammin' With Jean, BP</div> <div>1:30 Baking: National Chocolate Chip Cookie Day, B</div> <div>2:00 Movie Matinee, THR</div> <div>2:15 Words on Wheels: Book Mobile, L</div> <div>3:30 Use It or Lose It!, GR</div> <div>4:30 Cornhole & Darts Competition, GR</div> <div>6:30 Silver Screen Feature Presentation, THR</div>	<div>10:00 Wednesday Walkin' Club, PF</div> <div>11:00 Furniture Making: Creating a Cut List, GR</div> <div>1:30 Wii Games, GR</div> <div>2:00 Movie Matinee, THR</div> <div>3:30 Craft Corner: Retro Hexagon Basket, GR</div> <div>4:30 Gardening Club: Prune, Plant, Propagate, & Plan, PF</div> <div>6:30 Silver Screen Feature Presentation, THR</div>	<div>10:00 Building Balance Exercise, PF</div> <div>11:00 Lucky Lotto Bingo!, GR</div> <div>1:30 Quizzo & Quips with Tracy, GR</div> <div>2:00 Movie Matinee, THR</div> <div>3:00 Farmworkers' Appreciation Day: Food Art, B</div> <div>4:30 Garden Club: Repot & Replant, GR</div> <div>6:30 Silver Screen Feature Presentation, THR</div>	<div>10:00 Silver Sneakers Zumba, PF</div> <div>11:00 Gardening Club: Water, Prune, Plant, BP</div> <div>1:30 Table Games: Rummikub, GR</div> <div>2:00 Movie Matinee, THR</div> <div>3:00 National Water Balloon Day Competition, BP</div> <div>4:00 Happy Hour: National Beer Day, B</div> <div>6:30 Silver Screen Feature Presentation, THR</div>	
<div>9:00 Religious Broadcasts, B</div> <div>11:00 Outside In: Games & Competitions, PF</div> <div>1:30 Happy Birthday Jim!, B</div> <div>2:00 Sunday Matinee, THR</div> <div>3:30 Creative Coloring, GR</div> <div>4:30 Resident Run Gardening Club: Maintaining the Blooms, BP</div>	<div>10:00 Furniture Making How-To Videos, B</div> <div>11:00 Monday Mix: This Week in History, GR</div> <div>1:30 Card Sharks: Rummy 500, GR</div> <div>2:00 Movie Matinee, THR</div> <div>3:30 National Melon Monday: Sculptures, Artwork, & Snacks, B</div> <div>4:30 Gardening Club: Prune, Plant, Propagate, & Plan, PF</div> <div>6:30 Silver Screen Feature Presentation, THR</div>	<div>Perseid Meteor Shower, BP</div> <div>10:00 Dance Fitness, PF</div> <div>11:00 Music with Mia Johnson, BP</div> <div>1:30 Hallway Bowling with Kim, PF</div> <div>2:00 Movie Matinee, THR</div> <div>3:30 Scent 'N Stretch, B</div> <div>4:30 Operation Gratitude: Letters for Our Troops, GR</div> <div>6:30 Silver Screen Feature Presentation, THR</div>	<div>Perseid Meteor Shower, BP</div> <div>10:00 Wednesday Walkin' Club, PF</div> <div>11:00 Lucky Lotto Bingo!, GR</div> <div>1:30 Wii Games, GR</div> <div>2:00 Movie Matinee, THR</div> <div>3:30 Flower Arranging, GR</div> <div>4:30 Gardening Club: Prune, Plant, Propagate, & Plan, PF</div> <div>6:30 Silver Screen Feature Presentation, THR</div>	<div>Perseid Meteor Shower, BP</div> <div>10:00 Building Balance Exercise, PF</div> <div>11:00 Jammin' with Jean, BP</div> <div>1:30 International Left Handers Day Challenge, GR</div> <div>2:00 Movie Matinee, THR</div> <div>3:00 Art Studio: Hammered Flower Prints, GR</div> <div>4:00 Ice Cream Social, B</div> <div>6:30 Silver Screen Feature Presentation, THR</div>	<div>11:00 Gardening Club: Water, Prune, Plant, BP</div> <div>1:30 Happy Birthday, Anne!, B</div> <div>2:00 Movie Matinee, THR</div> <div>3:00 Jenga & Giant Jenga, GR</div> <div>4:00 Happy Hour: National Elvis Week, B</div> <div>6:30 Silver Screen Feature Presentation, THR</div>	<div>Dick Van Dyke Show Videos, B</div> <div>11:30 Cranium Crunches & Puzzles, GR</div> <div>1:30 Resident Run Card Sharks, GR</div> <div>2:00 Movie Matinee, THR</div> <div>4:30 Resident Run Gardening Club: Maintaining the Blooms, BP</div> <div>6:30 Silver Screen Feature Presentation, THR</div>
<div>9:00 Religious Broadcasts, B</div> <div>11:00 Outside In: Games & Competitions, PF</div> <div>1:15 Resident Run Mexican Train Dominos, GR</div> <div>2:00 Sunday Matinee, THR</div> <div>3:30 Creative Coloring, GR</div> <div>4:30 Resident Run Gardening Club: Maintaining the Blooms, BP</div>	<div>10:00 Dance Fitness, PF</div> <div>11:00 Monday Mix: This Week at a Glance, Trivia, Current Events, GR</div> <div>1:30 Card Sharks: Uno, GR</div> <div>2:00 Movie Matinee, THR</div> <div>3:00 Bill's Sports Buzz, GR</div> <div>4:00 Delightful Bites: Under the Sea Ric Krispie Treats, B</div> <div>6:30 Silver Screen Feature Presentation, THR</div>	<div>11:00 Jammin' With Jean, BP</div> <div>1:30 Weird Science: Traveling Water, B</div> <div>2:00 Movie Matinee, THR</div> <div>2:15 Words on Wheels: Book Mobile, L</div> <div>2:30 Yard Games: Shuffle Toss & Badminton, PF</div> <div>4:00 Ladies' Night, GR</div> <div>6:30 Silver Screen Feature Presentation, THR</div>	<div>10:00 Wednesday Walkin' Club, PF</div> <div>11:00 Book Club: Picking Our Next Read, GR</div> <div>1:30 Wii Games, GR</div> <div>2:00 Movie Matinee, THR</div> <div>3:00 Upcycled Artistry: Newspaper Butterflies, GR</div> <div>4:30 Gardening Club: Prune, Plant, Propagate, & Plan, PF</div> <div>6:30 Silver Screen Feature Presentation, THR</div>	<div>10:00 Building Balance Exercise, PF</div> <div>11:00 Furniture Making: Sanding, BP</div> <div>2:00 Movie Matinee, THR</div> <div>2:30 In the Kitchen with Jordan, B</div> <div>3:30 Lucky Spin Bingo!, GR</div> <div>4:30 Gardening Club: Prune, Plant, Propagate, & Plan, PF</div> <div>6:30 Silver Screen Feature Presentation, THR</div>	<div>10:00 Gentle Yoga, PF</div> <div>10:00 Stretch Bands Exercise, PF</div> <div>11:00 Gardening Club: Water, Prune, Plant, BP</div> <div>1:30 Table Games: Rummikub, GR</div> <div>2:00 Movie Matinee, THR</div> <div>3:00 Art Studio: Summertime Watercolor, GR</div> <div>4:00 Happy Hour: Summer Time Tunes Karaoke, B</div> <div>6:30 Silver Screen Feature Presentation, THR</div>	<div>Doctor Thorne Videos, B</div> <div>11:30 Cranium Crunches & Puzzles, GR</div> <div>1:30 Resident Run Card Sharks, GR</div> <div>2:00 Movie Matinee, THR</div> <div>4:30 Resident Run Gardening Club: Maintaining the Blooms, BP</div> <div>6:30 Silver Screen Feature Presentation, THR</div>
<div>9:00 Religious Broadcasts, B</div> <div>11:00 Outside In: Games & Competitions, PF</div> <div>1:15 Resident Run 2 player Games, GR</div> <div>1:30 Two Player Table Games, GR</div> <div>2:00 Sunday Matinee, THR</div> <div>3:30 Creative Coloring, GR</div> <div>4:30 Resident Run Gardening Club: Maintaining the Blooms, BP</div>	<div>10:00 Dance Fitness, PF</div> <div>11:00 Monday Mix: This Week at a Glance, Trivia, Current Events, GR</div> <div>1:30 Mini Golf, GR</div> <div>2:00 Movie Matinee, THR</div> <div>3:30 Guys Night: Poker & Beer, GR</div> <div>4:30 Gardening Club: Prune, Plant, Propagate, & Plan, PF</div> <div>6:30 Silver Screen Feature Presentation, THR</div>	<div>10:00 Wunderlust: National Park Service Day, B</div> <div>11:00 Patrick Johnson Musical Entertainment, BP</div> <div>1:30 Furniture Making: Staining, BP</div> <div>2:00 Movie Matinee, THR</div> <div>2:30 Fruit Smoothie Social, B</div> <div>4:30 Gardening Club, PF</div> <div>6:30 Silver Screen Feature Presentation, THR</div>	<div>10:00 Resident Town Hall: All Residents Please Attend, GR</div> <div>11:00 Lucky Spin Bingo!, GR</div> <div>1:30 Wii Games, GR</div> <div>2:00 Movie Matinee, THR</div> <div>2:30 Furniture Making: Staining, BP</div> <div>3:30 Mimosas & Manicures with Johnna, B</div> <div>6:30 Silver Screen Feature Presentation, THR</div>	<div>11:00 Jammin' with Jean, BP</div> <div>1:30 Games with Mimi, GR</div> <div>2:00 Movie Matinee, THR</div> <div>2:30 Birthday Baking, B</div> <div>3:30 Veterans Club Meeting, GR</div> <div>4:30 Gardening Club: Prune, Plant, Propagate, & Plan, PF</div> <div>6:30 Silver Screen Feature Presentation, THR</div>	<div>10:00 Silver Sneakers Zumba, PF</div> <div>11:00 Gardening Club: Water, Prune, Plant, BP</div> <div>1:30 Table Games: Monoploy, GR</div> <div>2:00 Movie Matinee, THR</div> <div>3:30 Furniture Making: Our Finished Product, THR</div> <div>4:00 August Birthday Happy Hour, B</div> <div>6:30 Silver Screen Feature Presentation, THR</div>	<div>Best Westerns, B</div> <div>11:30 Cranium Crunches & Puzzles, GR</div> <div>1:30 Resident Run Card Sharks, GR</div> <div>2:00 Movie Matinee, THR</div> <div>4:30 Resident Run Gardening Club: Maintaining the Blooms, BP</div> <div>6:30 Silver Screen Feature Presentation, THR</div>
<div>9:00 Religious Broadcasts, B</div> <div>11:00 Outside In: Games & Competitions, PF</div> <div>1:15 Table Games: Player's Pick, GR</div> <div>2:00 Sunday Matinee, THR</div> <div>3:30 Creative Coloring, GR</div> <div>4:30 Resident Run Gardening Club: Maintaining the Blooms, BP</div>	<div>10:00 Dance Fitness, PF</div> <div>11:00 Monday Mix: This Week at a Glance, Trivia, Current Events, GR</div> <div>1:30 Table Games: Mahjongg, GR</div> <div>2:00 Movie Matinee, THR</div> <div>3:30 Ice Cream Soda Social, B</div> <div>4:30 Gardening Club: Prune, Plant, Propagate, & Plan, PF</div> <div>6:30 Silver Screen Feature Presentation, THR</div>	<div>Birthdays Jim Walsh, 9th Anne Petty, 14th</div>				<div>Best Westerns, B</div> <div>11:30 Cranium Crunches & Puzzles, GR</div> <div>1:30 Resident Run Card Sharks, GR</div> <div>2:00 Movie Matinee, THR</div> <div>4:30 Resident Run Gardening Club: Maintaining the Blooms, BP</div> <div>6:30 Silver Screen Feature Presentation, THR</div>

DAILY ACTIVITIES ARE SUBJECT TO CHANGE.



SUNDAY		MONDAY		TUESDAY		WEDNESDAY		THURSDAY		FRIDAY		SATURDAY	
<div></div>				<div>Locations</div> <div>Bistro, B</div> <div>Dining Room, DR</div> <div>Game Room, GR</div> <div>Movie Theater, THR</div> <div>Opal Activity Room, OAR</div>		<div>Opal Courtyard, OC</div> <div>Opal Dining Room, ODR</div> <div>Opal Living Room, OLR</div> <div>PrimeFit, PF</div>		<div>DAILY ACTIVITIES ARE SUBJECT TO CHANGE.</div>				<div>10:00 • Chair Exercise & Daily Affirmations, OLR •</div> <div>10:30 • Courtyard Conversations, OC</div> <div>11:00 • Manicures & Massages, OLR</div> <div>1:30 • Digest & Discuss, OLR</div> <div>2:00 • Happy Feet Walking Club</div> <div>2:30 • Card Games: Uno & Go Fish, ODR</div> <div>3:30 • Saturday Smoothies, ODR</div> <div>4:30 • Dance Party, OLR</div> <div>5:00 • Relax & Reminisce, OLR</div> <div>6:30 • What's in a Picture? Reminiscing, OLR</div> <div>PF</div>	
<div>10:00 • Chair Exercise & Daily Affirmations, OLR •</div> <div>10:30 • Courtyard Conversations, OC</div> <div>11:00 • Sunday Service & Devotional Hymns, OLR</div> <div>1:30 • Digest & Discuss, OLR</div> <div>2:00 • Happy Feet Walking Club</div> <div>2:30 • Collage Art, OAR</div> <div>3:30 • Tabletop Games: Jenga & Jingo, OAR</div> <div>4:30 • Parachute Games, OLR</div> <div>5:00 • Relax & Reminisce, OLR</div> <div>6:30 • Movie Matinee, OLR</div> <div>PF</div> <div>2</div>		<div>10:00 • Chair Exercise & Daily Affirmations, OLR •</div> <div>10:30 • Courtyard Conversations, OC</div> <div>11:00 • Lawn Games, OLR</div> <div>1:30 • Digest & Discuss, OLR</div> <div>2:00 • Happy Feet Walking Club</div> <div>2:30 • Trivia Quest, OLR</div> <div>3:30 • Wordplay Games, OLR</div> <div>4:30 • Chair Zumba, OLR</div> <div>5:00 • Relax & Reminisce, OLR</div> <div>6:30 • Hangman & Word Games, OLR</div> <div>PF</div> <div>3</div>		<div>10:00 • Chair Exercise & Daily Affirmations, OLR •</div> <div>10:30 • Courtyard Conversations, OC</div> <div>11:00 • Baking & Remincising, ODR</div> <div>1:30 • Digest & Discuss, OLR</div> <div>2:00 • Happy Feet Walking Club</div> <div>2:30 • Men's Club with Jordan & Bill, OAR</div> <div>3:30 • Bible Study & Discussion, OAR</div> <div>4:30 • Balloon Bat, OLR</div> <div>5:00 • Relax & Reminisce, OLR</div> <div>6:30 • Game of Numbers, ODR</div> <div>PF</div> <div>4</div>		<div>10:00 • Chair Exercise & Daily Affirmations, OLR •</div> <div>10:30 • Courtyard Conversations, OC</div> <div>11:00 • Art Studio, OAR</div> <div>1:30 • Digest & Discuss, OLR</div> <div>2:00 • Happy Feet Walking Club</div> <div>2:30 • DOWN THE SHORE: BEACH TIME & MORE, OC</div> <div>4:30 • Ring Toss & Lawn Darts, OLR</div> <div>5:00 • Relax & Reminisce, OLR</div> <div>6:30 • Classic Sitcoms, OLR</div> <div>PF</div> <div>5</div>		<div>10:00 • Chair Exercise & Daily Affirmations, OLR •</div> <div>10:30 • Vittles & Vitals: Monthly Checks, ODR</div> <div>11:00 • Eldergrow Gardening, OAR</div> <div>1:30 • Digest & Discuss, OLR</div> <div>2:00 • Happy Feet Walking Club</div> <div>2:30 • No Bake Cafe, ODR</div> <div>3:30 • This Week in History, OAR</div> <div>4:30 • Balloon Bat, OLR</div> <div>5:00 • Relax & Reminisce, OLR</div> <div>6:30 • Laugh Out Loud: Funny YouTube Videos, OLR</div> <div>PF</div> <div>6</div>		<div>10:00 • Chair Exercise & Daily Affirmations, OLR •</div> <div>10:30 • Courtyard Conversations, OC</div> <div>11:00 • Sing or Dare, OLR</div> <div>1:30 • Digest & Discuss, OLR</div> <div>2:00 • Happy Feet Walking Club</div> <div>2:30 • Pictionary, OLR</div> <div>3:30 • Opal Happy Hour, OLR</div> <div>4:30 • Putt-Putt Golf, OLR</div> <div>5:00 • Relax & Reminisce, OLR</div> <div>6:30 • Name That Tune, OAR</div> <div>PF</div> <div>7</div>		<div>10:00 • Chair Exercise & Daily Affirmations, OLR •</div> <div>10:30 • Courtyard Conversations, OC</div> <div>11:00 • Manicures & Massages, OLR</div> <div>1:30 • Digest & Discuss, OLR</div> <div>2:00 • Happy Feet Walking Club</div> <div>2:30 • Card Games: Uno & Go Fish, ODR</div> <div>3:30 • Saturday Smoothies, ODR</div> <div>4:30 • Dance Party, OLR</div> <div>5:00 • Relax & Reminisce, OLR</div> <div>6:30 • What's in a Picture? Reminiscing, OLR</div> <div>PF</div> <div>8</div>	
<div>10:00 • Chair Exercise & Daily Affirmations, OLR •</div> <div>10:30 • Courtyard Conversations, OC</div> <div>11:00 • Sunday Service & Devotional Hymns, OLR</div> <div>1:30 • Digest & Discuss, OLR</div> <div>2:00 • Happy Feet Walking Club</div> <div>2:30 • Creative Coloring & Aquapaint, OAR</div> <div>3:30 • Tabletop Games: Jenga & Jingo, OAR</div> <div>4:30 • Parachute Games, OLR</div> <div>5:00 • Relax & Reminisce, OLR</div> <div>6:30 • Movie Matinee, OLR</div> <div>PF</div> <div>9</div>		<div>10:00 • Chair Exercise & Daily Affirmations, OLR •</div> <div>10:30 • Courtyard Conversations, OC</div> <div>11:00 • Lawn Games, OLR</div> <div>1:30 • Digest & Discuss, OLR</div> <div>2:00 • Happy Feet Walking Club</div> <div>2:30 • Poetry Prompts, OAR</div> <div>3:30 • Wordplay Games, OLR</div> <div>4:30 • Chair Zumba, OLR</div> <div>5:00 • Relax & Reminisce, OLR</div> <div>6:30 • Hangman & Word Games, OLR</div> <div>PF</div> <div>10</div>		<div>10:00 • Chair Exercise & Daily Affirmations, OLR •</div> <div>10:30 • Bowling League, OLR</div> <div>11:30 • Music in the Courtyard: Mia Johnson Performs</div> <div>1:30 • Digest & Discuss, OLR</div> <div>2:00 • Happy Feet Walking Club</div> <div>2:30 • Johnna's Manicures & Mimosas, OAR</div> <div>3:30 • Kim's Game Time, OLR</div> <div>4:30 • Balloon Bat, OLR</div> <div>5:00 • Relax & Reminisce, OLR</div> <div>6:30 • Game of Numbers, ODR</div> <div>PF</div> <div>11</div>		<div>10:00 • Chair Exercise & Daily Affirmations, OLR •</div> <div>10:30 • Courtyard Conversations, OC</div> <div>11:00 • Art Studio, OAR</div> <div>1:30 • Digest & Discuss, OLR</div> <div>2:00 • Happy Feet Walking Club</div> <div>2:30 • DOGGY DAYS OF SUMMER, OAR</div> <div>4:30 • Ring Toss & Lawn Darts, OLR</div> <div>5:00 • Relax & Reminisce, OLR</div> <div>6:30 • Classic Sitcoms, OLR</div> <div>PF</div> <div>12</div>		<div>10:00 • Chair Exercise & Daily Affirmations, OLR •</div> <div>10:30 • Courtyard Conversations, OC</div> <div>11:00 • Eldergrow Gardening, OAR</div> <div>1:30 • Digest & Discuss, OLR</div> <div>2:00 • Happy Feet Walking Club</div> <div>2:30 • No Bake Cafe, ODR</div> <div>3:30 • August Birthday Social, OLR</div> <div>4:30 • Balloon Bat, OLR</div> <div>5:00 • Relax & Reminisce, OLR</div> <div>6:30 • Laugh Out Loud: Funny YouTube Videos, OLR</div> <div>PF</div> <div>13</div>		<div>10:00 • Chair Exercise & Daily Affirmations, OLR •</div> <div>10:30 • Courtyard Conversations, OC</div> <div>11:00 • Celebrity Guessing Game, OLR</div> <div>1:30 • Digest & Discuss, OLR</div> <div>2:00 • Happy Feet Walking Club</div> <div>2:30 • Trivia Quest, OAR</div> <div>3:30 • Opal Happy Hour, OLR</div> <div>4:30 • Cornhole Competition, OLR</div> <div>5:00 • Relax & Reminisce, OLR</div> <div>6:30 • Name That Tune, OAR</div> <div>PF</div> <div>14</div>		<div>10:00 • Chair Exercise & Daily Affirmations, OLR •</div> <div>10:30 • Courtyard Conversations, OC</div> <div>11:00 • Manicures & Massages, OLR</div> <div>1:30 • Digest & Discuss, OLR</div> <div>2:00 • Happy Feet Walking Club</div> <div>2:30 • Card Games: Uno & Go Fish, ODR</div> <div>3:30 • Saturday Smoothies, ODR</div> <div>4:30 • Dance Party, OLR</div> <div>5:00 • Relax & Reminisce, OLR</div> <div>6:30 • What's in a Picture? Reminiscing, OLR</div> <div>PF</div> <div>15</div>	
<div>10:00 • Chair Exercise & Daily Affirmations, OLR •</div> <div>10:30 • Courtyard Conversations, OC</div> <div>11:00 • Sunday Service & Devotional Hymns, OLR</div> <div>1:30 • Digest & Discuss, OLR</div> <div>2:00 • Happy Feet Walking Club</div> <div>2:30 • Collage Art, OAR</div> <div>3:30 • Tabletop Games: Jenga & Jingo, OAR</div> <div>4:30 • Parachute Games, OLR</div> <div>5:00 • Relax & Reminisce, OLR</div> <div>6:30 • Movie Matinee, OLR</div> <div>PF</div> <div>16</div>		<div>10:00 • Chair Exercise & Daily Affirmations, OLR •</div> <div>10:30 • Courtyard Conversations, OC</div> <div>11:00 • Lawn Games, OLR</div> <div>1:30 • Digest & Discuss, OLR</div> <div>2:00 • Happy Feet Walking Club</div> <div>2:30 • Trivia Quest, OLR</div> <div>3:30 • Wordplay Games, OLR</div> <div>4:30 • Chair Zumba, OLR</div> <div>5:00 • Relax & Reminisce, OLR</div> <div>6:30 • Hangman & Word Games, OLR</div> <div>PF</div> <div>17</div>		<div>10:00 • Chair Exercise & Daily Affirmations, OLR •</div> <div>10:30 • Courtyard Conversations, OC</div> <div>11:00 • Baking & Remincising, ODR</div> <div>1:30 • Digest & Discuss, OLR</div> <div>2:00 • Happy Feet Walking Club</div> <div>2:30 • Annette's Busy Bees, OAR</div> <div>3:30 • Bible Study & Discussion, OAR</div> <div>4:30 • Balloon Bat, OLR</div> <div>5:00 • Relax & Reminisce, OLR</div> <div>6:30 • Game of Numbers, ODR</div> <div>PF</div> <div>18</div>		<div>10:00 • Chair Exercise & Daily Affirmations, OLR •</div> <div>10:30 • Courtyard Conversations, OC</div> <div>11:00 • Art Studio, OAR</div> <div>1:30 • Digest & Discuss, OLR</div> <div>2:00 • Happy Feet Walking Club</div> <div>2:30 • DESERT BLOOMS: FINDING LIFE IN THE DESERT, OAR</div> <div>4:30 • Ring Toss & Lawn Darts, OLR</div> <div>5:00 • Relax & Reminisce, OLR</div> <div>6:30 • Classic Sitcoms, OLR</div> <div>PF</div> <div>19</div>		<div>10:00 • Chair Exercise & Daily Affirmations, OLR •</div> <div>10:30 • Courtyard Conversations, OC</div> <div>11:00 • Eldergrow Gardening, OAR</div> <div>1:30 • Digest & Discuss, OLR</div> <div>2:00 • Happy Feet Walking Club</div> <div>2:30 • No Bake Cafe, ODR</div> <div>3:30 • This Week in History, OAR</div> <div>4:30 • Balloon Bat, OLR</div> <div>5:00 • Relax & Reminisce, OLR</div> <div>6:30 • Laugh Out Loud: Funny YouTube Videos, OLR</div> <div>PF</div> <div>20</div>		<div>10:00 • Chair Exercise & Daily Affirmations, OLR •</div> <div>10:30 • Courtyard Conversations, OC</div> <div>11:00 • Sing or Dare, OLR</div> <div>1:30 • Digest & Discuss, OLR</div> <div>2:00 • Happy Feet Walking Club</div> <div>2:30 • Pictionary, OLR</div> <div>3:30 • Opal Happy Hour, OLR</div> <div>4:30 • Putt-Putt Golf, OLR</div> <div>5:00 • Relax & Reminisce, OLR</div> <div>6:30 • Name That Tune, OAR</div> <div>PF</div> <div>21</div>		<div>10:00 • Chair Exercise & Daily Affirmations, OLR •</div> <div>10:30 • Courtyard Conversations, OC</div> <div>11:00 • Manicures & Massages, OLR</div> <div>1:30 • Digest & Discuss, OLR</div> <div>2:00 • Happy Feet Walking Club</div> <div>2:30 • Card Games: Uno & Go Fish, ODR</div> <div>3:30 • Saturday Smoothies, ODR</div> <div>4:30 • Dance Party, OLR</div> <div>5:00 • Relax & Reminisce, OLR</div> <div>6:30 • What's in a Picture? Reminiscing, OLR</div> <div>PF</div> <div>22</div>	
<div>10:00 • Chair Exercise & Daily Affirmations, OLR •</div> <div>10:30 • Courtyard Conversations, OC</div> <div>11:00 • Sunday Service & Devotional Hymns, OLR</div> <div>1:30 • Digest & Discuss, OLR</div> <div>2:00 • Happy Feet Walking Club</div> <div>2:30 • Creative Coloring & Aquapaint, OAR</div> <div>3:30 • Tabletop Games: Jenga & Jingo, OAR</div> <div>4:30 • Parachute Games, OLR</div> <div>5:00 • Relax & Reminisce, OLR</div> <div>6:30 • Movie Matinee, OLR</div> <div>PF</div> <div>23</div>		<div>10:00 • Chair Exercise & Daily Affirmations, OLR •</div> <div>10:30 • Courtyard Conversations, OC</div> <div>11:00 • Lawn Games, OLR</div> <div>1:30 • Digest & Discuss, OLR</div> <div>2:00 • Happy Feet Walking Club</div> <div>2:30 • Poetry Prompts, OAR</div> <div>3:30 • Wordplay Games, OLR</div> <div>4:30 • Chair Zumba, OLR</div> <div>5:00 • Relax & Reminisce, OLR</div> <div>6:30 • Hangman & Word Games, OLR</div> <div>PF</div> <div>24</div>		<div>10:00 • Chair Exercise & Daily Affirmations, OLR •</div> <div>10:30 • Bowling League, OLR</div> <div>11:30 • Music in the Courtyard: Patrick Robinson Performs, OC</div> <div>1:30 • Digest & Discuss, OLR</div> <div>2:00 • Happy Feet Walking Club</div> <div>2:30 • Diva Day with Natalie, OAR</div> <div>3:30 • Tracy's Sensational Senses, OAR</div> <div>4:30 • Balloon Bat, OLR</div> <div>5:00 • Relax & Reminisce, OLR</div> <div>6:30 • Game of Numbers, ODR</div> <div>PF</div> <div>25</div>		<div>10:00 • Chair Exercise & Daily Affirmations, OLR •</div> <div>10:30 • Courtyard Conversations, OC</div> <div>11:00 • Art Studio, OAR</div> <div>1:30 • Digest & Discuss, OLR</div> <div>2:00 • Happy Feet Walking Club</div> <div>2:30 • REACH FOR THE SKY: SUNFLOWER GAMES & CRAFTS, OAR</div> <div>4:30 • Ring Toss & Lawn Darts, OLR</div> <div>5:00 • Relax & Reminisce, OLR</div> <div>6:30 • Classic Sitcoms, OLR</div> <div>PF</div> <div>26</div>		<div>10:00 • Chair Exercise & Daily Affirmations, OLR •</div> <div>10:30 • Courtyard Conversations, OC</div> <div>11:00 • Eldergrow Gardening, OAR</div> <div>1:30 • Digest & Discuss, OLR</div> <div>2:00 • Happy Feet Walking Club</div> <div>2:30 • No Bake Cafe, ODR</div> <div>3:30 • Know Your Neighbor Social, OLR</div> <div>4:30 • Balloon Bat, OLR</div> <div>5:00 • Relax & Reminisce, OLR</div> <div>6:30 • Laugh Out Loud: Funny YouTube Videos, OLR</div> <div>PF</div> <div>27</div>		<div>10:00 • Chair Exercise & Daily Affirmations, OLR •</div> <div>10:30 • Courtyard Conversations, OC</div> <div>11:00 • Shadow Box Updates, OAR</div> <div>1:30 • Digest & Discuss, OLR</div> <div>2:00 • Happy Feet Walking Club</div> <div>2:30 • Trivia Quest, OAR</div> <div>3:30 • Opal Happy Hour, OLR</div> <div>4:30 • Cornhole Competition, OLR</div> <div>5:00 • Relax & Reminisce, OLR</div> <div>6:30 • Name That Tune, OAR</div> <div>PF</div> <div>28</div>		<div>10:00 • Chair Exercise & Daily Affirmations, OLR •</div> <div>10:30 • Courtyard Conversations, OC</div> <div>11:00 • Manicures & Massages, OLR</div> <div>1:30 • Digest & Discuss, OLR</div> <div>2:00 • Happy Feet Walking Club</div> <div>2:30 • Card Games: Uno & Go Fish, ODR</div> <div>3:30 • Saturday Smoothies, ODR</div> <div>4:30 • Dance Party, OLR</div> <div>5:00 • Relax & Reminisce, OLR</div> <div>6:30 • What's in a Picture? Reminiscing, OLR</div> <div>PF</div> <div>29</div>	
<div>10:00 • Chair Exercise & Daily Affirmations, OLR •</div> <div>10:30 • Courtyard Conversations, OC</div> <div>11:00 • Sunday Service & Devotional Hymns, OLR</div> <div>1:30 • Digest & Discuss, OLR</div> <div>2:00 • Happy Feet Walking Club</div> <div>2:30 • Collage Art, OAR</div> <div>3:30 • Tabletop Games: Jenga & Jingo, OAR</div> <div>4:30 • Parachute Games, OLR</div> <div>5:00 • Relax & Reminisce, OLR</div> <div>6:30 • Movie Matinee, OLR</div> <div>PF</div> <div>30</div>		<div>10:00 • Chair Exercise & Daily Affirmations, OLR •</div> <div>10:30 • Courtyard Conversations, OC</div> <div>11:00 • Lawn Games, OLR</div> <div>1:30 • Digest & Discuss, OLR</div> <div>2:00 • Happy Feet Walking Club</div> <div>2:30 • Trivia Quest, OLR</div> <div>3:30 • Wordplay Games, OLR</div> <div>4:30 • Chair Zumba, OLR</div> <div>5:00 • Relax & Reminisce, OLR</div> <div>6:30 • Hangman & Word Games, OLR</div> <div>PF</div> <div>31</div>		<div><div>Opal key</div><div><div>Physical</div><div>Social</div><div>Experiential</div><div>Emotional & Spiritual</div><div>Creative & Artistic</div><div>Therapeutic</div><div>Sensory</div></div></div>		<div>Birthdays</div> <div>William Cottom, 16th</div>		<div></div>					