

# livfun

*The Village at Mill Landing*

JULY 2020 · STORIES OF OLD GLORY

## July Is National Ice Cream Month!

Did you know that July is National Ice Cream Month? It was established by President Ronald Reagan, in 1984.

National Ice Cream Day is the third Sunday in July. Here are some cool facts about ice cream!

- One scoop of ice cream needs about 50 licks to finish.
- The Chinese were making a type of ice cream with milk, rice and snow, about 2000 BC.
- The average American eats 48 pints of ice cream each year.
- To make one gallon of ice cream, you need 12 pounds of milk. A dairy cow can produce enough milk for about 9,000 gallons of ice cream in its lifetime.
- The USA is the world's leading producer of ice cream.
- Alexander the Great liked nectar and honey flavored snow.
- Yes ... vanilla is the most popular ice cream flavor (followed by chocolate and strawberry).
- An ice cream tester for Dreyer's Ice Cream actually insured his tongue for \$1 million!
- Dolly Madison served strawberry ice cream at the second inaugural ball of her husband, President James Madison, in 1812.
- Sunday is the day of the week when the most ice cream is sold in the United States.
- Did you know that one of the main ingredients in ice cream is ... air (makes it lighter and gives it smoothness)?
- During World War II, the U.S. Navy (in 1945) built a floating ice cream parlor for our sailors fighting in the Pacific.
- More ice cream is sold in the winter months in Canada than in the summer months.
- Strange ice cream flavors include jalapeno, dill pickle, garlic, bacon, bleu cheese and shallots, squid ink and curry carrot. Name some more!
- The world's largest ice cream cone weighed 2,204 pounds. It was 13 feet tall. It was made in Gloucester, UK, in 2012.
- The world's largest ice cream sundae was created in Kingston, N.Y., in 2014. It was 1,606 feet tall.
- Ever get a brain freeze from eating ice cream? The top of the mouth has lots of nerves. When cold ice cream comes into contact with these nerves, it causes blood vessels in the brain to dilate, giving the short headache also known as an ice cream headache.
- Thomas Jefferson loved ice cream. Google his recipe for vanilla ice cream.

Now you know the scoop!



Red, White  
& Blue!



## Simple Stretching Moves

Stretching on a regular basis helps to strengthen your muscles and increase your range of motion, which can make everyday physical activities easier. The following stretches are simple ones that can even be done from bed. Check with your health care provider before beginning a new routine.

**Hands** – Spread out your fingers and extend them until you feel a stretching sensation at the base of each finger. Then touch each finger, one at a time, to your thumb. Repeat with your other hand.

**Wrists and arms** – With your palm facing down, rest your forearm on a flat surface, such as a table or a bed. Rotate your wrist toward your pinky finger so that your palm is facing inward and hold for 10 seconds. Next, rotate your wrist in the other direction with your palm facing outward and hold for 10 seconds. Be sure to keep your forearm on the flat surface throughout the exercise.

**Legs** – Lie on your back and bend your knees so that your feet are flat on the bed. Lift one leg, supporting your thigh with your hands if needed. Rotate your lifted ankle in a clockwise motion, then counterclockwise. Repeat the exercise with your other leg.

**Body stretch** – Lie on your side with your legs together and knees bent. Extend both arms in front of your chest, palms pressed together. Imagine your arms are the covers of a book, then “open the book” by lifting the top arm and stretching toward the other side of your body as far as you comfortably can. Slowly return your arm to the closed position. Repeat three to five times.



## A Beautiful Tribute

Expressing national pride “from sea to shining sea,” the stirring anthem “America the Beautiful” turns 125 this month.

The song’s lyrics are the words of a poem written by Katharine Lee Bates, who was an English professor at Massachusetts’ Wellesley College. In 1893, while on a trip to Colorado, Bates visited Pikes Peak, and was struck by the view of natural beauty from the mountain and, in her words, “the sea-like expanse of fertile country ... under those ample skies.”

Inspired, she finished her poem during the trip, but didn’t publish it until two years later. The first version appeared in a weekly Massachusetts newspaper, *The Congregationalist*, on July 4, 1895.

For a while, “America the Beautiful” was sung to the melodies of various folk tunes, including “Auld Lang Syne.” But it was a hymn titled “Materna,” composed in 1882 by Samuel A. Ward, that became the most common music for Bates’ lyrics and is still used today.

“America the Beautiful” has become a patriotic standard and is often played at national celebrations and sporting events.



## July Birthdays

Shirley Locke, 15th

### THE VILLAGE UNITY • MILL LANDING

The Village at Mill Landing  
45 Mill Road  
Rochester, NY 14626  
585-720-3000

### Staff

**General Manager**  
Christine Hill

**Sales Advisor**  
Amy Rist

**Dining Services Manager**  
Heather Weber

**Health and Wellness Director**  
Terry Kipp, RN

**Health and Wellness Manager**  
Doug Lynch

**Bookkeeper**  
Margaret Melia

**Program Supervisor**  
Tracy LaFountain

**Maintenance Supervisor**  
Martin Pier



## A Message From Leisure Care

While managing the changes brought on by the coronavirus, we continue to adjust our daily routines to keep our residents and staff happy and healthy. Thank you for doing your part in making a positive difference. As you know, we are following ongoing social distancing directives, based on guidelines from state and local jurisdictions as well as the Centers for Disease Control and Prevention. Due to our modified schedule of activities, we are using this space to provide you with additional activities.

For updates, visit [www.leisurecare.com/communication-plan](http://www.leisurecare.com/communication-plan). Please contact your management team if you have any questions.

## Patriotic Pillow Craft

Make a festive throw pillow in just a few minutes!

### Materials:

- 1 red 20-inch bandana
- 1 blue 20-inch bandana
- 18-inch pillow insert
- Four rubber bands
- Scissors
- Red, white or blue ribbon

### Directions:

Spread out one bandana and lay the pillow insert on top of it. Place the second bandana on top of the pillow. Use the rubber bands to bind the bandanas together at each of the four corners so that the pillow is secure inside the cover. Cut four pieces of ribbon several inches long and tie bows around the corners to hide the rubber bands.

## Logic Problem: And the Winner Is ...

Five people ran a footrace: Mitch, Kyle, Joy, Leslie and Gwen. Based on the following clues, can you figure out what order the runners finished?

- Mitch was neither first nor last.
- Joy beat Mitch, and Mitch beat Gwen.
- Kyle was neither first nor last.
- Kyle beat Leslie, and Gwen beat Kyle.

## Secret Superheroes

Match these superheroes to their alter egos.

Superhero	Name
1. Captain America	A. Britt Reid
2. Superman	B. Diana Prince
3. Wonder Woman	C. Steve Rogers
4. The Green Hornet	D. Clark Kent
5. Daredevil	E. Linda Danvers
6. Supergirl	F. Matt Murdock

## Sudoku

The object of the game is to fill all the blank squares with the correct numbers.

- Each row of 9 numbers must include all digits 1 through 9 in any order
- Each column of 9 numbers must include all digits 1 through 9 in any order.
- Each 3 by 3 subsection of the 9 by 9 square must include all digits 1 through 9.

9		1			7			3
		4	2		5			6
6				1				
8				6		5		4
	4						7	
1		6		9				8
				3				5
			9		6	3		
4			8			7		9

## Sundae Edition

**Q:** Why did the news reporter go to the ice cream parlor?

**A:** She wanted to get the scoop!

## THE 50 STATES

Words go left, right, up, down, not diagonally, and can bend at a right angle. Every letter is used only once.

A I N V I R  
R M N A N G

I Z E S O T A H A W N E W M O T F K E I  
N O C O N N E C I A O R E E C E L S B N  
O N T T U C I T D I N O G X I N O A R I  
R A E X A S O H A I E E S S E N R A G A  
T N A O K L A C O L O N C S I W I D E A  
H E D A M O H O D A R E O N S I N L O I  
C V A N E W H A E I Y W O H A N A O R G  
A R O L I N A M R N O R K I I S I U M I  
P E N N S Y L P I D N A M O F I L A C S  
Y W A I N A V S H I A I A T O R N I A S  
O M I N G S I P P I E N V N S N I R U O  
M I S S I S N M N M D A E O O O A H I M  
S A S N A K E I A A N N R M U R T A O O  
M Y K R E J W C G R A I L O T T O T W N  
A K E S R R A H I Y L A A R H H K U A T  
S C N E H K A N S A S L K A C D A A N A  
S U T Y O D E D E L A A S I L L I N O A  
A N G T O N I E R A W A W E S T V I I T  
C I H S A W S L A N D L A I N I G R S O  
H U S E T T S A M A B A S O U T H D A K

ALABAMA	HAWAII	MASSACHUSETTS	NEW MEXICO	SOUTH DAKOTA
ALASKA	IDAHO	MICHIGAN	NEW YORK	TENNESSEE
ARIZONA	ILLINOIS	MINNESOTA	NORTH CAROLINA	TEXAS
ARKANSAS	INDIANA	MISSISSIPPI	NORTH DAKOTA	UTAH
CALIFORNIA	IOWA	MISSOURI	OHIO	VERMONT
COLORADO	KANSAS	MONTANA	OKLAHOMA	VIRGINIA
CONNECTICUT	KENTUCKY	NEBRASKA	OREGON	WASHINGTON
DELAWARE	LOUISIANA	NEVADA	PENNSYLVANIA	WEST VIRGINIA
FLORIDA	MAINE	NEW HAMPSHIRE	RHODE ISLAND	WISCONSIN
GEORGIA	MARYLAND	NEW JERSEY	SOUTH CAROLINA	WYOMING

## Puzzle Solutions

Logic Problem: And the Winner Is ...

1st: Joy; 2nd: Mitch; 3rd: Gwen; 4th: Kyle; 5th: Leslie


Secret Superheroes

1. C; 2. D; 3. B; 4. A; 5. F; 6. E

Sudoku

9	2	1	6	4	7	8	5	3
4	6	3	8	5	2	7	1	9
5	1	8	9	7	6	3	4	2
2	9	7	4	3	1	6	8	5
8	4	6	5	2	8	1	7	9
3	8	3	7	9	4	2	3	8
1	5	6	7	9	6	1	9	5
3	4	6	5	2	8	1	7	9
4	6	9	5	3	1	9	4	2
7	3	4	2	8	5	9	6	1
6	8	5	3	1	9	4	2	7
2	7	3	4	2	8	5	9	6
9	2	1	6	4	7	8	5	3

The 50 States

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<p><b>Locations</b></p> <ul style="list-style-type: none"> <li>Activity Room, AR</li> <li>Assisted Living Activity Room, AL</li> <li>Assisted Living Dining Room, AD</li> <li>Cafe, CA</li> <li>Cinema, CN</li> <li>Courtyard, CY</li> <li>Dining Room, DR</li> <li>Living Room, LR</li> <li>Outing, OT</li> </ul>	<p><b>Birthdays</b></p> <ul style="list-style-type: none"> <li>Art Young, 7th</li> <li>Mary Weber, 14th</li> </ul> <div style="border: 1px solid black; padding: 5px; margin-top: 10px;"> <p><b>Activities are subject to change.</b></p> <p>All programs are conducted by The Village at Mill Landing staff, unless otherwise noted (excluding religious services). See Tracy LaFountain, Program Supervisor, or a staff member for questions.</p> </div>	<ul style="list-style-type: none"> <li>Dot Balzano, 16th</li> <li>Janet Masters, 27th</li> <li>Donna Czarkowski, 29th</li> </ul>	<p>9:15 ● PrimeFit, LR 1</p> <p>10:00 ● Red, White &amp; Blue Trivia, AR</p> <p>11:30 ● Conversation Starters, AR</p> <p>1:45 ● Walk &amp; Talk, AR</p> <p>3:00 ● Afternoon Snack</p> <p>4:00 ● Happy Hour, LR</p> <p>6:00 ● Manicure Time, AR</p> <p>7:00 ● Wheel of Fortune, LR</p>	<p>9:15 ● PrimeFit, LR 2</p> <p>9:45 ● Describe This ..., LR</p> <p>10:00 ● Courtyard Crew, CY</p> <p>11:00 ● Artistic Expressions, AR</p> <p>11:30 ● Shake Loose a Memory, AR</p> <p>1:45 ● Walk &amp; Talk, AR</p> <p>2:00 ● In the Garden, AR</p> <p>3:00 ● Afternoon Snack</p> <p>4:00 ● Happy Hour, LR</p> <p>7:00 ● Wheel of Fortune, LR</p> <p>7:15 ● Positively Patriotic Questions, AR</p>	<p>9:15 ● PrimeFit, LR 3</p> <p>10:00 ● Courtyard Crew, CY</p> <p>11:00 ● America the Beautiful</p> <p>1:45 ● Walk &amp; Talk, AR</p> <p>2:15 ● Opalescence, AR</p> <p>3:00 ● Afternoon Snack</p> <p>3:00 ● Laundry Laughs, AR</p> <p>4:00 ● Happy Hour, LR</p> <p>6:00 ● Twenty Questions, AR</p> <p>7:00 ● Wheel of Fortune, LR</p> <p>7:15 ● Sing with Me, AR</p>	<p><b>INDEPENDENCE DAY</b> 4</p> <p>10:15 ● PrimeFit, LR</p> <p>10:45 ● You're a Grand Old Flag, AR</p> <p>11:30 ● My Favorite ..., AR</p> <p>1:45 ● Walk &amp; Talk, AR</p> <p>2:15 ● Good News in the News, AR</p> <p>3:00 ● Afternoon Break, DR</p> <p>7:00 ● Lawrence Welk, LR</p>
<p>10:15 ● PrimeFit, LR 5</p> <p>11:00 ● Flower Arranging, AR</p> <p>1:15 ● iN2L Games, AR</p> <p>1:45 ● Walk &amp; Talk, AR</p> <p>2:15 ● Hand Massages &amp; Manicures, AR</p> <p>2:45 ● Current Events, AR</p> <p>3:00 ● Afternoon Snack</p> <p>7:00 ● Evening Social, DR</p>	<p>9:15 ● PrimeFit, LR 6</p> <p>10:00 ● Courtyard Crew, CY</p> <p>11:30 ● Lucky Dice, AR</p> <p>1:45 ● Walk &amp; Talk, AR</p> <p>2:00 ● Movie Matinee, AR</p> <p>3:00 ● Afternoon Snack</p> <p>4:00 ● Happy Hour, LR</p> <p>7:00 ● Wheel of Fortune, LR</p>	<p>9:15 ● PrimeFit, LR 7</p> <p>10:00 ● Courtyard Crew, CY</p> <p>11:00 ● Creation Station, AR</p> <p>11:30 ● Shake Loose a Memory, AR</p> <p>1:45 ● Walk &amp; Talk, AR</p> <p>3:00 ● Lemonade Social, DR</p> <p>4:00 ● Happy Hour, LR</p> <p>6:30 ● Music of the Heart, AR</p> <p>7:00 ● Wheel of Fortune, LR</p>	<p>9:15 ● PrimeFit, LR 8</p> <p>9:45 ● Start Your Day with a Chuckle, LR</p> <p>10:00 ● Courtyard Crew, CY</p> <p>11:00 ● Spectrum of Shading, AR</p> <p>11:30 ● Remember When ...</p> <p>1:45 ● Walk &amp; Talk, AR</p> <p>3:00 ● Afternoon Snack</p> <p>4:00 ● Happy Hour, LR</p> <p>6:00 ● Manicure Time, AR</p> <p>7:00 ● Wheel of Fortune, LR</p> <p>7:15 ● Get to Know Your Neighbor, AR</p>	<p>9:15 ● PrimeFit, LR 9</p> <p>10:00 ● Courtyard Crew, CY</p> <p>11:00 ● Artistic Expressions, AR</p> <p>11:30 ● Conversation Ball, AR</p> <p>1:45 ● Walk &amp; Talk, AR</p> <p>3:00 ● Afternoon Snack</p> <p>4:00 ● Happy Hour, LR</p> <p>6:00 ● List Them: A to Z, AR</p> <p>6:30 ● Which Came First?, AR</p> <p>7:00 ● Wheel of Fortune, LR</p> <p>7:15 ● Let's Play Cards, AR</p>	<p>9:15 ● PrimeFit, LR 10</p> <p>9:45 ● Twenty Questions, LR</p> <p>10:00 ● Courtyard Crew, CY</p> <p>11:30 ● Remember When ...</p> <p>1:45 ● Walk &amp; Talk, AR</p> <p>2:15 ● Opalescence, AR</p> <p>3:00 ● Afternoon Snack</p> <p>4:00 ● Happy Hour, LR</p> <p>6:00 ● Express Yourself, AR</p> <p>6:30 ● When I Think of ..., AR</p> <p>7:00 ● Wheel of Fortune, LR</p> <p>7:15 ● How Much Did It Cost?, AR</p>	<p>10:15 ● PrimeFit, LR 11</p> <p>10:45 ● Green Thumbs, AR</p> <p>11:00 ● Express Yourself, AR</p> <p>11:30 ● Let's Talk, AR</p> <p>1:15 ● Bingo, AR</p> <p>1:45 ● Walk &amp; Talk, AR</p> <p>2:15 ● On This Day, AR</p> <p>3:00 ● Afternoon Snack</p> <p>7:00 ● Lawrence Welk, LR</p>
<p>10:00 ● AM Cup of Coffee, DR 12</p> <p>10:15 ● PrimeFit, LR</p> <p>11:00 ● A Time to Rhyme, AR</p> <p>1:15 ● Laundry Laughs, AR</p> <p>1:45 ● Walk &amp; Talk, AR</p> <p>2:15 ● These Three Things, AR</p> <p>2:45 ● Current Events, AR</p> <p>3:00 ● Afternoon Snack</p> <p>7:00 ● Evening Social, DR</p>	<p>9:15 ● PrimeFit, LR 13</p> <p>9:45 ● Opalescence, LR</p> <p>10:00 ● Courtyard Crew, CY</p> <p>10:15 ● Name That Tune, LR</p> <p>11:30 ● Lucky Dice, AR</p> <p>1:45 ● Walk &amp; Talk, AR</p> <p>2:00 ● Movie Matinee, AR</p> <p>3:00 ● Afternoon Snack</p> <p>4:00 ● Happy Hour, LR</p> <p>7:00 ● Wheel of Fortune, LR</p>	<p>9:15 ● PrimeFit, LR 14</p> <p>9:45 ● The Answer is in the Box, LR</p> <p>10:00 ● Courtyard Crew, CY</p> <p>11:30 ● Conversation Ball, AR</p> <p>1:45 ● Walk &amp; Talk, AR</p> <p>3:00 ● Afternoon Snack</p> <p>4:00 ● Happy Hour, LR</p> <p>7:00 ● Wheel of Fortune, LR</p>	<p>9:15 ● PrimeFit, LR 15</p> <p>10:00 ● Courtyard Crew, CY</p> <p>11:30 ● Conversation Starters, AR</p> <p>1:45 ● Walk &amp; Talk, AR</p> <p>3:00 ● Afternoon Snack</p> <p>4:00 ● Happy Hour, LR</p> <p>6:00 ● Manicure Time, AR</p> <p>6:30 ● In the Garden, AR</p> <p>7:00 ● Wheel of Fortune, LR</p> <p>7:15 ● Word Games, AR</p>	<p>9:15 ● PrimeFit, LR 16</p> <p>10:00 ● Courtyard Crew, CY</p> <p>11:00 ● Artistic Expressions, AR</p> <p>11:30 ● Shake Loose a Memory, AR</p> <p>1:45 ● Walk &amp; Talk, AR</p> <p>2:00 ● In the Garden, AR</p> <p>3:00 ● Afternoon Snack</p> <p>4:00 ● Happy Hour, LR</p> <p>6:30 ● Answer Me This ..., AR</p> <p>7:00 ● Wheel of Fortune, LR</p>	<p>9:15 ● PrimeFit, LR 17</p> <p>10:00 ● Courtyard Crew, CY</p> <p>11:30 ● Conversation Starters, AR</p> <p>1:45 ● Walk &amp; Talk, AR</p> <p>2:15 ● Opalescence, AR</p> <p>3:00 ● Afternoon Snack</p> <p>3:00 ● Laundry Laughs, AR</p> <p>4:00 ● Happy Hour, LR</p> <p>6:00 ● Name Five, AR</p> <p>7:00 ● Wheel of Fortune, LR</p> <p>7:15 ● Sing with Me, AR</p>	<p>10:15 ● PrimeFit, LR 18</p> <p>10:45 ● The Music of Our Hearts, AR</p> <p>11:00 ● Designer Drawings, AR</p> <p>11:30 ● Conversation Cards, AR</p> <p>1:45 ● Walk &amp; Talk, AR</p> <p>2:15 ● Good News in the News, AR</p> <p>3:00 ● Afternoon Break, DR</p> <p>7:00 ● Lawrence Welk, LR</p>
<p>10:00 ● Morning Break, DR 19</p> <p>10:15 ● PrimeFit, LR</p> <p>10:45 ● In the Garden, AR</p> <p>11:00 ● Time to Rhyme, AR</p> <p>1:15 ● iN2L Games, AR</p> <p>1:45 ● Walk &amp; Talk, AR</p> <p>2:45 ● Current Events, AR</p> <p>3:00 ● Afternoon Snack</p> <p>7:00 ● Evening Social, DR</p>	<p>9:15 ● PrimeFit, LR 20</p> <p>10:00 ● Courtyard Crew, CY</p> <p>10:15 ● Time to Rhyme, LR</p> <p>11:30 ● Lucky Dice, AR</p> <p>1:45 ● Walk &amp; Talk, AR</p> <p>2:00 ● Movie Matinee, AR</p> <p>3:00 ● Afternoon Snack</p> <p>4:00 ● Happy Hour, LR</p> <p>6:00 ● Laundry Laughs, AR</p> <p>6:30 ● Brain Bender Trivia, AR</p> <p>7:00 ● Wheel of Fortune, LR</p>	<p>9:15 ● PrimeFit, LR 21</p> <p>10:00 ● Courtyard Crew, CY</p> <p>11:30 ● Shake Loose a Memory, AR</p> <p>1:45 ● Walk &amp; Talk, AR</p> <p>3:00 ● Lemonade Social, DR</p> <p>4:00 ● Happy Hour, LR</p> <p>6:30 ● Making Our Music, AR</p> <p>7:00 ● Wheel of Fortune, LR</p>	<p>9:15 ● PrimeFit, LR 22</p> <p>9:45 ● Start Your Day with a Chuckle, LR</p> <p>10:00 ● Courtyard Crew, CY</p> <p>11:30 ● Remember When ...</p> <p>1:45 ● Walk &amp; Talk, AR</p> <p>3:00 ● Afternoon Snack</p> <p>4:00 ● Happy Hour, LR</p> <p>6:00 ● Manicure Time, AR</p> <p>7:00 ● Wheel of Fortune, LR</p> <p>7:15 ● Get to Know Your Neighbor, AR</p>	<p>9:15 ● PrimeFit, LR 23</p> <p>10:00 ● Courtyard Crew, CY</p> <p>11:00 ● Artistic Expressions, AR</p> <p>11:30 ● Conversation Ball, AR</p> <p>1:45 ● Walk &amp; Talk, AR</p> <p>2:15 ● Green Thumbs, AR</p> <p>3:00 ● Afternoon Snack</p> <p>4:00 ● Happy Hour, LR</p> <p>6:00 ● Bloopers in the News, AR</p> <p>7:00 ● Wheel of Fortune, LR</p> <p>7:15 ● Let's Play Cards, AR</p>	<p>9:15 ● PrimeFit, LR 24</p> <p>9:45 ● Twenty Questions, LR</p> <p>10:00 ● Courtyard Crew, CY</p> <p>11:00 ● Green Thumbs, AR</p> <p>11:30 ● Remember When ...</p> <p>1:45 ● Walk &amp; Talk, AR</p> <p>2:15 ● Opalescence, AR</p> <p>3:00 ● Afternoon Snack</p> <p>4:00 ● Happy Hour, LR</p> <p>6:30 ● When I Think of ..., AR</p> <p>7:00 ● Wheel of Fortune, LR</p> <p>7:15 ● Qubosity, AR</p>	<p>10:15 ● PrimeFit, LR 25</p> <p>10:45 ● Green Thumbs, AR</p> <p>11:00 ● Express Yourself, AR</p> <p>11:30 ● My Favorite ..., AR</p> <p>1:15 ● Bingo, AR</p> <p>1:45 ● Walk &amp; Talk, AR</p> <p>2:15 ● On This Day, AR</p> <p>3:00 ● Afternoon Snack</p> <p>7:00 ● Lawrence Welk, LR</p>
<p>10:00 ● Morning Snack, DR 26</p> <p>10:15 ● PrimeFit, LR</p> <p>10:45 ● Music Therapy, AR</p> <p>11:00 ● Dice Game, AR</p> <p>11:30 ● A Look Back: Our Favorite Pets, AR</p> <p>1:45 ● Walk &amp; Talk, AR</p> <p>2:15 ● Wonderful Watercolors, AR</p> <p>2:45 ● Current Events, AR</p> <p>3:00 ● Afternoon Snack</p> <p>7:00 ● Evening Social, DR</p>	<p>9:15 ● PrimeFit, LR 27</p> <p>9:45 ● Opalescence, LR</p> <p>10:00 ● Morning Break, DR</p> <p>10:00 ● Courtyard Crew, CY</p> <p>10:15 ● Name That Tune, LR</p> <p>11:30 ● Lucky Dice, AR</p> <p>1:45 ● Walk &amp; Talk, AR</p> <p>2:00 ● Movie Matinee, AR</p> <p>3:00 ● Afternoon Snack</p> <p>4:00 ● Happy Hour, LR</p> <p>7:00 ● Wheel of Fortune, LR</p>	<p>9:15 ● PrimeFit, LR 28</p> <p>10:00 ● Courtyard Crew, CY</p> <p>11:30 ● Conversation Ball, AR</p> <p>1:45 ● Walk &amp; Talk, AR</p> <p>3:00 ● Afternoon Snack</p> <p>4:00 ● Happy Hour, LR</p> <p>7:00 ● Wheel of Fortune, LR</p>	<p>9:15 ● PrimeFit, LR 29</p> <p>10:00 ● Courtyard Crew, CY</p> <p>11:00 ● Joggin' Your Noggin, AR</p> <p>1:45 ● Walk &amp; Talk, AR</p> <p>3:00 ● Afternoon Snack</p> <p>4:00 ● Happy Hour, LR</p> <p>6:00 ● Manicure Time, AR</p> <p>7:00 ● Wheel of Fortune, LR</p>	<p>9:15 ● PrimeFit, LR 30</p> <p>10:00 ● Courtyard Crew, CY</p> <p>11:00 ● Artistic Expressions, AR</p> <p>1:45 ● Walk &amp; Talk, AR</p> <p>3:00 ● Afternoon Snack</p> <p>4:00 ● Happy Hour, LR</p> <p>6:00 ● Balloon Bop</p> <p>7:00 ● Wheel of Fortune, LR</p> <p>7:30 ● Hollywood Bingo</p>	<p>9:15 ● PrimeFit, LR 31</p> <p>10:00 ● Courtyard Crew, CY</p> <p>1:45 ● Walk &amp; Talk, AR</p> <p>2:15 ● Opalescence, AR</p> <p>3:00 ● Laundry Laughs, AR</p> <p>3:00 ● Afternoon Snack</p> <p>4:00 ● Happy Hour, LR</p> <p>6:00 ● Connect Four</p> <p>7:00 ● Wheel of Fortune, LR</p>	 <p><b>opal key</b></p> <ul style="list-style-type: none"> <li>Physical</li> <li>Social</li> <li>Experiential</li> <li>Emotional &amp; Spiritual</li> <li>Creative &amp; Artistic</li> <li>Therapeutic</li> <li>Sensory</li> </ul>