

# livfun

*The Village at Mill Landing*

SEPTEMBER 2020 • BELIEVE



## Kentucky Derby...The Greatest Two Minutes in Sports!



This year with Covid-19, we have learned to expect the unexpected. The Kentucky Derby, presented by Woodford Reserve, announced that it would run on Sept. 5 instead of the traditional first Saturday in May. The 2020 Kentucky Derby will be the 146th Kentucky Derby.

In 2013, Churchill Downs and the Kentucky Derby began a system to qualify horses for the classic race by designating certain prep races with points; the higher the points value of a race, the tougher the competition. That's because only 20 horses are able to run in the Kentucky Derby each year, and it's a once-in-a-lifetime opportunity: only Triple Crown-nominated three-year-old Thoroughbreds are eligible to run.

The Kentucky Derby is more than a horse race, it's a tradition and an excellent reason for a party! Please join us Friday, Sept. 4, as we celebrate "Derby Day." We will host a variety of activities all day long, while adhering to the Covid-19 safety guidelines. We will have horse racing, trivia games, traditional Derby refreshments and a chance to place a friendly wager with the hopes of winning a prize. All activities will be held in our Hometown Cafe as we celebrate this long-standing tradition!

## Activity Calendar Updates

Can you believe it has been six months since an activity calendar has been included within your newsletter? We are so excited to be able to offer a month's glance of programs and activities. With that said, however, please note that all activities are subject to change pending any immediate concerns with the status of Covid-19 and protocols.

## Save the Date

The Village at Mill Landing will be holding our annual flu shot clinic for residents in October beginning at 9 a.m. in the Wellness Center. Be on the lookout for more information to come in the next month's newsletter!

## The Sunniest Flower

Bright and cheerful, sunflowers are late-summer blooms that have grown to be an annual crowd-pleasing sight.

The iconic sunflower is a tall, sturdy stalk topped with a vibrant gold blossom. There are over 70 varieties of the plant, from dwarf types that only reach 3 feet tall to mammoths that stand more than 15 feet high and can have heads about a foot wide. In addition to the classic yellow color, blooms can also be orange, red or purple, or have striped hues.

*(Continued on back.)*



# Commemorating the End of World War II

This month marks a historic milestone, the 75th anniversary of the end of World War II.

In May 1945, fighting in Europe ended with Germany's surrender. Three months later, the battle in the Pacific ceased after Japan surrendered. People across the globe celebrated with joy and relief.

Then on Sept. 2 in Tokyo Bay, the deck of the battleship USS Missouri served as the site of a momentous but solemn moment. In a ceremony broadcast throughout the world, Japanese delegates boarded the ship and signed formal surrender documents. Gen. Douglas MacArthur, commander of the Allied forces in the South Pacific, accepted and signed the agreement. Witnessing the event were representatives of nine Allied nations.

The six-year war was finally over, but many would not be returning home. More than 400,000 Americans and an estimated 65 million people worldwide gave their lives in the conflict.

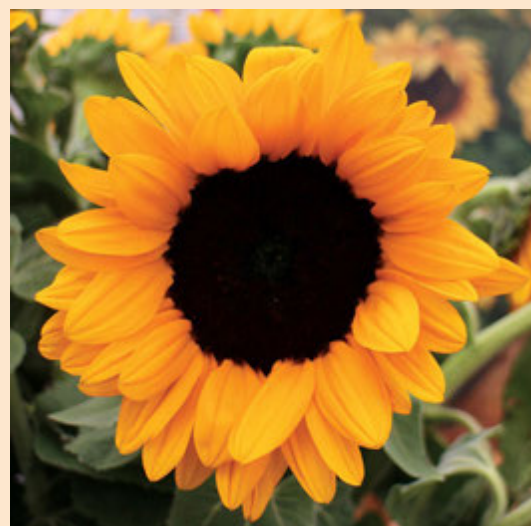
Efforts quickly turned to rebuilding battle-torn countries. The following years ushered in a baby boom and an era of post-war prosperity in the U.S.

The USS Missouri is now a museum and memorial ship that rests next to the USS Arizona Memorial at Pearl Harbor, Hawaii.

## The Sunniest Flower (Continued)

Each of a sunflower's petals is a kind of flower called a ray floret. These petals surround the head's large center, which is made of thousands of tiny flowers that eventually dry up and fall off, revealing mature seeds. Depending on the variety of sunflower, the seeds can be harvested and sold as a snack food, processed into cooking oil, or packaged as birdseed.

A fascinating feature of sunflowers is that they follow the sun's movement through the sky from dawn to dusk. Called heliotropism, this movement occurs when the plants are young. Mature sunflowers typically face east.



## National Assisted Living Week

"Caring Is Essential"

Established by the National Center for Assisted Living (NCAL) in 1995, National Assisted Living Week® provides a unique opportunity for residents, their loved ones, staff, volunteers and the surrounding communities to recognize the role of assisted living in caring for America's seniors.

This year, Covid-19 has been an enormous, unforeseen challenge that has resulted in every person working in assisted living communities stepping up and going above and beyond expectations. At a time when the entire profession is doing so much, this year's National Assisted Living Week's theme, "Caring is Essential," reflects the hard work and dedication of all the essential

caregivers in assisted living facilities across the country.

We would like to take this opportunity to acknowledge and thank our dedicated staff here at The Village at Mill Landing! Thank you for all you do!



Join us in celebrating our Essential Caregivers!

## THE VILLAGE UNITY • MILL LANDING

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### Staff

**General Manager**  
Christine Hill

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**Health and Wellness Director**  
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**Health and Wellness Manager**  
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**Bookkeeper**  
Margaret Melia








**Program Supervisor**  
Tracy LaFountain

**Maintenance Supervisor**  
Martin Pier



SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY		
	<b>Birthdays</b> Florence Drankhan, 3rd Kathy Bristol, 12th Kathy Meyers, 17th Libby Pannone, 18th	9:45 On This Day ..., WC 1 10:00 PrimeFit (Session 1), WC 11:00 PrimeFit (Session 2), WC 1:30 Lucky Dice (Session 1), AR 2:45 Spanish Class with Ava, CR 3:00 Lucky Dice (Session 2), AR 6:30 Bingo, FL	9:45 Listen Up, WC 2 10:00 PrimeFit (Session 1), WC 11:00 PrimeFit (Session 2), WC 1:30 Make a Word (Session 1), AR 3:00 Make a Word (Session 2), AR 6:30 Wednesday Night Feature Movie, CN	9:45 Today Is ..., WC 3 10:00 PrimeFit (Session 1), WC 11:00 PrimeFit (Session 2), WC 1:30 Bingo (Session 1), AR 3:00 Bingo (Session 2), AR 6:30 Residents' Choice, FL	10:00 <b>Derby Day Horse Races, CA</b> 4 11:00 <b>Derby Day Horse Races, CA</b> 1:30 <b>Derby Day Social, CA</b> 3:00 <b>Derby Day Social, CA</b> 6:30 Concierge's Choice, FL	Weekend Activity Packet Available Upon Request Shuffleboard, GR 2:00 Relaxing on the Porch & Patio, BP 2:30 Kentucky Derby Race, CR		
		6  9:30 Fireside Chats, FL 10:30 Coffee Clutch, DR 1:30 Sunday Movie Matinee, CN 6:30 Trivia Fun!, FL	7 <b>LABOR DAY</b>  Happy Labor Day! 9:30 Fireside Chats, FL 10:00 Relaxing on the Porch & Patio, BP 2:00 Movie Matinee, CN 6:30 Your Choice, FL	8 10:00 PrimeFit (Session 1), WC 11:00 PrimeFit (Session 2), WC 1:30 Left Center Right (Session 1), AR 2:45 Spanish Class with Ava, CR 3:00 Left Center Right (Session 2), AR 6:30 Bingo, FL	9 9:45 What's New?, WC 10:00 PrimeFit (Session 1), WC 11:00 PrimeFit (Session 2), WC 1:30 Make a Word (Session 1), AR 3:00 Make a Word (Session 2), AR 6:30 Wednesday Evening Movie Showing, CN	10 9:45 A Reason to Celebrate, WC 10:00 PrimeFit (Session 1), WC 11:00 PrimeFit (Session 2), WC 1:30 Bingo (Session 1), AR 3:00 Bingo (Session 2), AR 6:30 Your Call, FL	11 <b>PATRIOT DAY</b>  9:45 Did You Know?, WC 10:00 PrimeFit (Session 1), WC 11:00 PrimeFit (Session 2), WC 1:30 Pokeno (Session 1), AR 3:00 Pokeno (Session 2), AR 6:30 Concierge's Choice, FL	12  Weekend Activity Packet Available Upon Request Shuffleboard, GR 2:00 Relaxing on the Porch & Patio, BP
		13  9:30 Fireside Chats, FL 10:30 Coffee Clutch, DR 1:30 Sunday Movie Matinee, CN 6:30 Trivia Fun!, FL	14 9:45 Listen Up ..., WC 10:00 PrimeFit (Session 1), WC 11:00 PrimeFit (Session 2), WC 1:30 Craft Corner (Session 1), AR 3:00 Craft Corner (Session 2), AR	15 9:45 Listen to This ..., WC 10:00 PrimeFit (Session 1), WC 11:00 PrimeFit (Session 2), WC 1:30 Lucky Dice (Session 1), AR 2:45 Spanish Class with Ava, CR 3:00 Lucky Dice (Session 2), AR 6:30 Bingo, FL	16 9:45 A Reason to Celebrate, WC 10:00 PrimeFit (Session 1), WC 11:00 PrimeFit (Session 2), WC 1:30 Make a Word (Session 1), AR 3:00 Make a Word (Session 2), AR 6:30 Wednesday Night Feature Movie, CN	17 9:45 The More You Know, WC 10:00 PrimeFit (Session 1), WC 11:00 PrimeFit (Session 2), WC 1:30 Bingo (Session 1), AR 3:00 Bingo (Session 2), AR 6:30 Residents' Choice, FL	18 <b>ROSH HASHANAH BEGINS AT SUNSET</b>  9:45 What's New?, WC 10:00 PrimeFit (Session 1), WC 11:00 PrimeFit (Session 2), WC 1:30 Pokeno (Session 1), AR 3:00 Pokeno (Session 2), AR 6:30 Concierge's Choice, FL	19  Weekend Activity Packet Available Upon Request Shuffleboard, GR 2:00 Relaxing on the Porch & Patio, BP
		20  9:30 Fireside Chats, FL 10:30 Coffee Clutch, DR 1:30 Sunday Movie Matinee, CN 6:30 Trivia Fun!, FL	21 9:45 On This Day ..., WC 10:00 PrimeFit (Session 1), WC 11:00 PrimeFit (Session 2), WC 1:30 Craft Corner (Session 1), AR 3:00 Craft Corner (Session 2), AR	22 <b>AUTUMN BEGINS</b> 9:45 Did You Know?, WC 10:00 PrimeFit (Session 1), WC 11:00 PrimeFit (Session 2), WC 1:30 Left Center Right (Session 1), AR 2:45 Spanish Class with Ava, CR 3:00 Left Center Right (Session 2), AR 6:30 Bingo, FL	23 10:00 PrimeFit (Session 1), WC 11:00 PrimeFit (Session 2), WC 1:30 Make a Word (Session 1), AR 3:00 Make a Word (Session 2), AR 6:30 Wednesday Evening Movie Showing, CN	24 9:45 What's New?, WC 10:00 PrimeFit (Session 1), WC 11:00 PrimeFit (Session 2), WC 1:30 Bingo (Session 1), AR 3:00 Bingo (Session 2), AR 6:30 Your Call, FL	25 9:45 On This Day ..., WC 10:00 PrimeFit (Session 1), WC 11:00 PrimeFit (Session 2), WC 1:30 Pokeno (Session 1), AR 3:00 Pokeno (Session 2), AR 6:30 Concierge's Choice, FL	26  Weekend Activity Packet Available Upon Request Shuffleboard, GR 2:00 Relaxing on the Porch & Patio, BP
		<b>YOM KIPPUR BEGINS AT SUNSET</b> 27	28 9:45 The More You Know ..., WC 10:00 PrimeFit (Session 1), WC 11:00 PrimeFit (Session 2), WC 1:30 Craft Corner (Session 1), AR 3:00 Craft Corner (Session 2), AR	29 9:45 What's New?, WC 10:00 PrimeFit (Session 1), WC 11:00 PrimeFit (Session 2), WC 1:30 Lucky Dice (Session 1), AR 2:45 Spanish Class with Ava, CR 3:00 Lucky Dice (Session 2), AR 6:30 Bingo, FL	30 9:45 On This Day..., WC 10:00 PrimeFit (Session 1), WC 11:00 PrimeFit (Session 2), WC 1:30 Make a Word (Session 1), AR 3:00 Make a Word (Session 2), AR	<div><b>Locations</b> Activity Room, AR Back Patio, BP Card Room, CR Cedar Village, CV Chapel, CH Cinema, CN Dining Room, DR Front Lobby, FL Front Porch, FP Game Room, GR Hometown Café, CA Outing, OT Wellness Center, WC</div> <div><b>Activities are subject to change.</b> All programs are conducted by The Village at Mill Landing staff, unless otherwise noted (excluding religious services). Please sign up for outings in advance, as space is limited. See Tracy LaFountain, Program Supervisor, or a staff member for questions.</div>		



SUNDAY		MONDAY		TUESDAY		WEDNESDAY		THURSDAY		FRIDAY		SATURDAY	
<div>Locations</div> <div>Activity Room, AR</div> <div>Assisted Living Activity Room, AL</div> <div>Assisted Living Dining Room, AD</div> <div>Cafe, CA</div> <div>Birthdays</div> <div>Claire Keymel, 17th</div>		<div>Cinema, CN</div> <div>Courtyard, CY</div> <div>Dining Room, DR</div> <div>Living Room, LR</div> <div>Outing, OT</div>		1 <div>9:15 PrimeFit, LR</div> <div>10:00 Courtyard Crew, CY</div> <div>11:30 Shake Loose a Memory, AR</div> <div>1:45 Walk &amp; Talk, AR</div> <div>3:00 Lemonade Social, DR</div> <div>4:00 Happy Hour, LR</div> <div>7:00 Wheel of Fortune, LR</div>		2 <div>9:15 PrimeFit, LR</div> <div>10:00 Courtyard Crew, CY</div> <div>11:30 Conversation Starters, AR</div> <div>1:45 Walk &amp; Talk, AR</div> <div>4:00 Happy Hour, LR</div> <div>6:30 Eldergrow Garden, AR</div> <div>7:00 Wheel of Fortune, LR</div> <div>7:15 Bingo</div>		3 <div>9:15 PrimeFit, LR</div> <div>9:45 Describe This ..., LR</div> <div>10:00 Courtyard Crew, CY</div> <div>11:00 Artistic Expressions, AR</div> <div>11:30 Shake Loose a Memory, AR</div> <div>1:45 Walk &amp; Talk, AR</div> <div>2:00 In the Garden, AR</div> <div>4:00 Happy Hour, LR</div> <div>6:30 Making Our Music, AR</div> <div>7:00 Wheel of Fortune, LR</div> <div>7:15 Life Stations</div>		4 <div>9:15 PrimeFit, LR</div> <div>10:00 Courtyard Crew, CY</div> <div>11:30 Conversation Starters, AR</div> <div>1:45 Walk &amp; Talk, AR</div> <div>2:15 Opalescence, AR</div> <div>3:00 Laundry Laughs, AR</div> <div>4:00 Happy Hour, LR</div> <div>6:00 Twenty Questions, AR</div> <div>7:00 Wheel of Fortune, LR</div> <div>7:15 Sing with Me, AR</div>		5 <div>10:15 PrimeFit, LR</div> <div>10:45 The Music of Our Hearts, AR</div> <div>11:00 Designer Drawings, AR</div> <div>11:30 My Favorite ..., AR</div> <div>1:45 Walk &amp; Talk, AR</div> <div>2:15 Good News in the News, AR</div> <div>3:30 Activity Stations, AR</div> <div>4:30 Hand Sanitizing Wellness Visits</div> <div>6:30 Movement to Music, LR</div> <div>7:00 <i>Lawrence Welk, LR</i></div> <div>7:30 Mindful Meditation</div>	
6 <div>10:15 PrimeFit, LR</div> <div>11:00 Flower Arranging, AR</div> <div>1:15 iN2L Games, AR</div> <div>1:45 Walk &amp; Talk, AR</div> <div>2:45 Current Events, AR</div> <div>3:30 Activity Stations, AR</div> <div>4:30 Hand Sanitizing Wellness Visits</div> <div>6:30 Movement to Music, LR</div> <div>7:00 Evening Social, DR</div> <div>7:30 Mindful Meditation</div>		LABOR DAY 7 <div>9:15 PrimeFit, LR</div> <div>10:00 Courtyard Crew, CY</div> <div>11:30 Lucky Dice, AR</div> <div>1:45 Walk &amp; Talk, AR</div> <div>2:00 Movie Matinee, AR</div> <div>4:00 Happy Hour, LR</div> <div>7:00 Wheel of Fortune, LR</div>		8 <div>9:15 PrimeFit, LR</div> <div>9:45 The Answer is in the Box, LR</div> <div>10:00 Courtyard Crew, CY</div> <div>11:30 Conversation Ball, AR</div> <div>1:45 Walk &amp; Talk, AR</div> <div>4:00 Happy Hour, LR</div> <div>7:00 Wheel of Fortune, LR</div>		9 <div>9:15 PrimeFit, LR</div> <div>9:45 Start Your Day with a Chuckle, LR</div> <div>10:00 Courtyard Crew, CY</div> <div>11:00 Spectrum of Shading, AR</div> <div>11:30 Remember When ...</div> <div>1:45 Walk &amp; Talk, AR</div> <div>4:00 Happy Hour, LR</div> <div>6:30 Eldergrow Garden, AR</div> <div>7:00 Wheel of Fortune, LR</div> <div>7:15 Get to Know Your Neighbor, AR</div>		10 <div>9:15 PrimeFit, LR</div> <div>10:00 Courtyard Crew, CY</div> <div>11:00 Artistic Expressions, AR</div> <div>11:30 Conversation Ball, AR</div> <div>1:45 Walk &amp; Talk, AR</div> <div>4:00 Happy Hour, LR</div> <div>6:00 List Them: A to Z, AR</div> <div>6:30 Which Came First?, AR</div> <div>7:00 Wheel of Fortune, LR</div> <div>7:15 Let's Play Cards, AR</div>		PATRIOT DAY 11 <div>9:15 PrimeFit, LR</div> <div>9:45 Twenty Questions, LR</div> <div>10:00 Courtyard Crew, CY</div> <div>11:30 Remember When ...</div> <div>1:45 Walk &amp; Talk, AR</div> <div>2:15 Opalescence, AR</div> <div>3:00 Laundry Laughs, AR</div> <div>4:00 Happy Hour, LR</div> <div>6:30 When I Think of ..., AR</div> <div>7:00 Wheel of Fortune, LR</div> <div>7:15 How Much Did It Cost?, AR</div>		12 <div>10:15 PrimeFit, LR</div> <div>10:45 Green Thumbs, AR</div> <div>11:00 Express Yourself, AR</div> <div>11:30 Let's Talk, AR</div> <div>1:15 Bingo, AR</div> <div>1:45 Walk &amp; Talk, AR</div> <div>2:15 On This Day, AR</div> <div>3:30 Activity Stations, AR</div> <div>4:30 Hand Sanitizing Wellness Visits</div> <div>6:30 Movement to Music, LR</div> <div>7:00 <i>Lawrence Welk, LR</i></div> <div>7:30 Mindful Meditation</div>	
13 <div>10:00 AM Cup of Coffee, DR</div> <div>10:15 PrimeFit, LR</div> <div>11:00 A Time to Rhyme, AR</div> <div>1:15 Laundry Laughs, AR</div> <div>1:45 Walk &amp; Talk, AR</div> <div>2:15 These Three Things, AR</div> <div>2:45 Current Events, AR</div> <div>3:30 Activity Stations, AR</div> <div>4:30 Hand Sanitizing Wellness Visits</div> <div>6:30 Movement to Music, LR</div> <div>7:00 Evening Social, DR</div> <div>7:30 Mindful Meditation</div>		14 <div>9:15 PrimeFit, LR</div> <div>9:45 Opalescence, LR</div> <div>10:00 Courtyard Crew, CY</div> <div>10:15 Name That Tune, LR</div> <div>11:30 Lucky Dice, AR</div> <div>1:45 Walk &amp; Talk, AR</div> <div>2:00 Movie Matinee, AR</div> <div>4:00 Happy Hour, LR</div> <div>7:00 Wheel of Fortune, LR</div>		15 <div>9:15 PrimeFit, LR</div> <div>10:00 Courtyard Crew, CY</div> <div>11:30 Shake Loose a Memory, AR</div> <div>1:45 Walk &amp; Talk, AR</div> <div>3:00 Lemonade Social, DR</div> <div>4:00 Happy Hour, LR</div> <div>7:00 Wheel of Fortune, LR</div>		16 <div>9:15 PrimeFit, LR</div> <div>10:00 Courtyard Crew, CY</div> <div>11:30 Conversation Starters, AR</div> <div>1:45 Walk &amp; Talk, AR</div> <div>4:00 Happy Hour, LR</div> <div>6:30 Eldergrow Garden, AR</div> <div>7:00 Wheel of Fortune, LR</div> <div>7:15 Word Games, AR</div>		17 <div>9:15 PrimeFit, LR</div> <div>10:00 Courtyard Crew, CY</div> <div>11:00 Artistic Expressions, AR</div> <div>11:30 Shake Loose a Memory, AR</div> <div>1:45 Walk &amp; Talk, AR</div> <div>2:00 In the Garden, AR</div> <div>4:00 Happy Hour, LR</div> <div>6:30 Answer Me This ..., AR</div> <div>7:00 Wheel of Fortune, LR</div> <div>7:15 Life Stations</div>		18 <div>ROSH HASHANAH BEGINS AT SUNSET</div> <div>9:15 PrimeFit, LR</div> <div>10:00 Courtyard Crew, CY</div> <div>11:30 Conversation Starters, AR</div> <div>1:45 Walk &amp; Talk, AR</div> <div>2:15 Opalescence, AR</div> <div>3:00 Laundry Laughs, AR</div> <div>4:00 Happy Hour, LR</div> <div>6:00 Name Five, AR</div> <div>7:00 Wheel of Fortune, LR</div> <div>7:15 Sing with Me, AR</div>		19 <div>10:15 PrimeFit, LR</div> <div>10:45 The Music of Our Hearts, AR</div> <div>11:00 Designer Drawings, AR</div> <div>11:30 Conversation Cards, AR</div> <div>1:45 Walk &amp; Talk, AR</div> <div>2:15 Good News in the News, AR</div> <div>3:30 Activity Stations, AR</div> <div>4:30 Hand Sanitizing Wellness Visits</div> <div>6:30 Movement to Music, LR</div> <div>7:00 <i>Lawrence Welk, LR</i></div> <div>7:30 Mindful Meditation</div>	
20 <div>10:00 Morning Break, DR</div> <div>10:15 PrimeFit, LR</div> <div>10:45 In the Garden, AR</div> <div>11:00 Time to Rhyme, AR</div> <div>1:15 iN2L Games, AR</div> <div>1:45 Walk &amp; Talk, AR</div> <div>2:45 Current Events, AR</div> <div>3:30 Activity Stations, AR</div> <div>4:30 Hand Sanitizing Wellness Visits</div> <div>6:30 Movement to Music, LR</div> <div>7:00 Evening Social, DR</div> <div>7:30 Mindful Meditation</div>		21 <div>9:15 PrimeFit, LR</div> <div>10:00 Courtyard Crew, CY</div> <div>10:15 Time to Rhyme, LR</div> <div>11:30 Lucky Dice, AR</div> <div>1:45 Walk &amp; Talk, AR</div> <div>2:00 Movie Matinee, AR</div> <div>4:00 Happy Hour, LR</div> <div>7:00 Wheel of Fortune, LR</div>		22 <div>AUTUMN BEGINS</div> <div>9:15 PrimeFit, LR</div> <div>10:00 Courtyard Crew, CY</div> <div>11:30 Conversation Ball, AR</div> <div>1:45 Walk &amp; Talk, AR</div> <div>4:00 Happy Hour, LR</div> <div>7:00 Wheel of Fortune, LR</div>		23 <div>9:15 PrimeFit, LR</div> <div>9:45 Start Your Day with a Chuckle, LR</div> <div>10:00 Courtyard Crew, CY</div> <div>11:30 Remember When ...</div> <div>1:45 Walk &amp; Talk, AR</div> <div>4:00 Happy Hour, LR</div> <div>6:30 Eldergrow Garden, AR</div> <div>7:00 Wheel of Fortune, LR</div> <div>7:15 Bingo</div>		24 <div>9:15 PrimeFit, LR</div> <div>10:00 Courtyard Crew, CY</div> <div>11:00 Artistic Expressions, AR</div> <div>11:30 Conversation Ball, AR</div> <div>1:45 Walk &amp; Talk, AR</div> <div>2:15 Green Thumbs, AR</div> <div>4:00 Happy Hour, LR</div> <div>6:00 Bloopers in the News, AR</div> <div>7:00 Wheel of Fortune, LR</div> <div>7:15 Let's Play Cards, AR</div>		25 <div>9:15 PrimeFit, LR</div> <div>9:45 Twenty Questions, LR</div> <div>10:00 Courtyard Crew, CY</div> <div>11:30 Remember When ...</div> <div>1:45 Walk &amp; Talk, AR</div> <div>2:15 Opalescence, AR</div> <div>3:00 Laundry Laughs, AR</div> <div>4:00 Happy Hour, LR</div> <div>6:30 When I Think of ..., AR</div> <div>7:00 Wheel of Fortune, LR</div> <div>7:15 Qubosity, AR</div>		26 <div>10:15 PrimeFit, LR</div> <div>10:45 Green Thumbs, AR</div> <div>11:00 Express Yourself, AR</div> <div>11:30 My Favorite ..., AR</div> <div>1:15 Bingo, AR</div> <div>1:45 Walk &amp; Talk, AR</div> <div>2:15 On This Day, AR</div> <div>3:30 Activity Stations, AR</div> <div>4:30 Hand Sanitizing Wellness Visits</div> <div>6:30 Movement to Music, LR</div> <div>7:00 <i>Lawrence Welk, LR</i></div> <div>7:30 Mindful Meditation</div>	
27 <div>YOM KIPPUR BEGINS AT SUNSET</div> <div>10:00 Morning Snack, DR</div> <div>10:15 PrimeFit, LR</div> <div>10:45 Music Therapy, AR</div> <div>11:00 Dice Game, AR</div> <div>1:45 Walk &amp; Talk, AR</div> <div>2:45 Current Events, AR</div> <div>3:30 Activity Stations, AR</div> <div>4:30 Hand Sanitizing Wellness Visits</div> <div>6:30 Movement to Music, LR</div> <div>7:00 Evening Social, DR</div> <div>7:30 Mindful Meditation</div>		28 <div>9:15 PrimeFit, LR</div> <div>9:45 Opalescence, LR</div> <div>10:00 Courtyard Crew, CY</div> <div>10:15 Name That Tune, LR</div> <div>11:30 Lucky Dice, AR</div> <div>1:45 Walk &amp; Talk, AR</div> <div>2:00 Movie Matinee, AR</div> <div>4:00 Happy Hour, LR</div> <div>7:00 Wheel of Fortune, LR</div>		29 <div>9:15 PrimeFit, LR</div> <div>10:00 Courtyard Crew, CY</div> <div>1:45 Walk &amp; Talk, AR</div> <div>3:00 Lemonade Social, DR</div> <div>4:00 Happy Hour, LR</div> <div>7:00 Wheel of Fortune, LR</div>		30 <div>9:15 PrimeFit, LR</div> <div>10:00 Courtyard Crew, CY</div> <div>1:45 Walk &amp; Talk, AR</div> <div>4:00 Happy Hour, LR</div> <div>6:30 Eldergrow Garden, AR</div> <div>7:00 Wheel of Fortune, LR</div> <div>7:15 Bingo</div>		<div><div><div></div><div><div> Physical</div><div> Social</div><div> Experiential</div><div> Emotional &amp; Spiritual</div><div> Creative &amp; Artistic</div><div> Therapeutic</div><div> Sensory</div></div></div><div><div>Activities are subject to change.</div><div>All programs are conducted by The Village at Mill Landing staff, unless otherwise noted (excluding religious services).</div><div>See Tracy LaFountain, Program Supervisor, or a staff member for questions.</div></div></div>					