

# livfun

*The Willows*

SEPTEMBER 2020 • BELIEVE

## Let's Bring in the Harvest for September!

Dear Residents,

We're so glad you're here! If you recently joined our community, we'd like to say thank you for choosing The Willows. We value every one of our residents! If you have been with us a while, we want you to know how much we appreciate your continued residency! It takes special people like you to make our community a great place to call home! We sure do appreciate all you are doing to stay positive as we adjust to our new normal.

### Just a few notes:

If you are OVER FIFTY AND FEELING FABULOUS, I'm pleased to inform you that I am continuing the Fun Fitness Class that takes place every Monday, Wednesday, and Friday in the Cafe, 10:30 a.m. I've also added a new class introducing new techniques for stretching and relaxation on Tuesday and Thursday in the Theater. These simple new exercises are sure to stimulate your mind, body and soul!

Our COMMUNITY BULLETIN BOARD is for our residents to learn about things that are going on in our Community. I will be updating the Bulletin Board monthly with all Activities, as well as any entertainment that may be coming up!

LET US HEAR FROM YOU! We like to share good news and announcements from our residents in our monthly newsletter. If you've become a great-grandmother or grandpa, or if you have an anniversary we should know about, we encourage you to share it with us. If you provide the information before the 2nd of the month, the news should appear in the following month's newsletter.

I'd also like to take this opportunity to congratulate Heather Ferguson to her new position as Opal Manager. She has been with The Willows for over three years. She started as Receptionist and proceeded to work with our Health and Wellness Director, Deb for the past two years. She's always gone above and beyond and we are pleased to see her shine in her new position!

*Sue Kowalczyk*

Program Supervisor

*Fall is on the way ...*



## Martha Makes Music

The residents of the Willows were so lucky to be able to have one of our very own, Martha Thomas. Martha provided us with an evening of entertainment by playing all her old time wonderful favorites on the piano! Even with social distancing the house was full, not an empty seat in the place. We even had seats up in the balcony full. Nobody wanted to miss this show and what a show it was! Martha even got a standing ovation, and was presented with flowers from one of our very own, Walt. A truly great time was had by all!



*(Photos continued on back.)*



## Martha Makes Music (Continued)



*How sweet it is!*



## The Willows Ladies' Tea Party

It was a great time for all of those who were able to join in the Tea Party! So nice to sit and mingle with each other. It was a unanimous decision that we'll definitely have Tea Parties more often!



*More tea, please!*



*Ann said "It was the best tea party she'd ever been to," and is already signed up for the next one!*



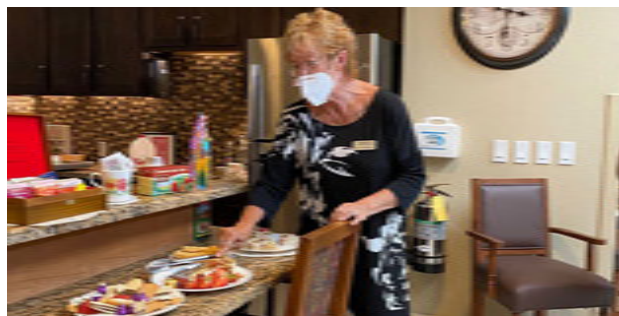
*Ready for our guests!*



*Delicious finger sandwiches & fresh fruit platter was enjoyed by all!*



*A lovely gift bag for all the ladies!*



*It was so awesome that Deb, our Health and Wellness Director could stop in and say hello!*

## THE WILLOWS

*living better than ever*

4725 Bellwether Lane  
Oxford, FL 34484  
(352) 430-0076

### Staff

**General Manager**  
Pam Campbell

**Sales Manager**  
Anita Krolak

**Chef**  
Michael Haus


**Health and Wellness Director**  
Deb Gandy

**Office Manager**  
Isolina Aponte





**Program Supervisor**  
Sue Kowalczyk

**Plant Operations Supervisor**  
Jeffrey Bisconti



SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
	<b>Birthdays</b> Ann Azalea, 5th Elizabeth Kinney, 8th Carl Johnson, 16th Martha Thomas, 17th Paul Baczinski, 24th Velma Slayter, 29th	10:30 Simply Stretch Class: Calm your body & your mind, TH 1 11:15 Social Time:visit with your neighbors, reminisce, fun stories, jokes, discuss new activities, movies, etc., CA 2:00 Afternoon Movie, TH 2:00 Spa Time: Contact Sue for appointment, CA 3:00 Trivia, CA 4:00 The Willows "Coloring Club," CA 6:30 Evening Movie, TH	10:30 Fun Fitness, CA 2 11:15 Walk Away the Pounds, CA <b>12:00 Bank Run &amp; Prescription Pickup: Have all information to Activity Dept by Tuesday @ 5pm</b> 1:30 Bingo, CA 2:00 Afternoon Movie, TH 3:30 Bowling Contest Ladies vs. Men, JB 6:30 Evening Movie, TH	10:30 Simply Stretch Class: Calm your body & your mind, TH 3 11:15 Walk Away the Pounds, CA 1:30 Crafts with a Purpose, RP 2:00 Afternoon Movie, TH 3:30 Giant Crosswords, CA 6:30 Evening Movie, TH	10:30 Exercise with Legacy Therapy, CA 4 11:15 Walk Away the Pounds, CA 1:30 Bingo, CA 2:00 Men's Pool Club, JB 2:00 Afternoon Movie, TH <b>3:30 Cocktail Hour with your neighbors!, CA</b> 6:30 Evening Movie, TH	9:30 Coffee Talk, CA 5 10:30 Walk Away the Pounds on Your Own 11:00 Saturday Morning Book Club, CR 3:00 Cards with Your Neighbors, CR 3:30 Money Bingo, CA 4:30 Coloring on Your Own, CR 6:30 Evening Movie, TH
9:30 Perk Up with Coffee Talk, OP 6 10:30 Live Oaks Service, TH 11:00 Walk Away the Pounds on Your Own 1:00 Reminiscing with Your Neighbors, OP 3:00 Puzzles & Coloring on Your Own, CA 3:30 Bingo, DR 6:30 Evening Movie, TH	<b>LABOR DAY</b> 7 10:30 Fun Fitness, CA 11:15 Walk Away the Pounds, CA 1:30 Crafts with a Purpose, RP 1:30 Bingo, CA 2:00 Men's Pool Club, JB 2:00 Afternoon Movie, TH 3:00 Crafting Fun, RP 6:30 Evening Movie, TH	10:30 Simply Stretch Class: Calm your body & your mind, TH 8 11:15 Social Time:visit with your neighbors, reminisce, fun stories, jokes, discuss new activities, movies, etc., CA 2:00 Afternoon Movie, TH 2:00 Spa Time: Contact Sue for appointment, CA 3:00 Trivia, CA 4:00 The Willows "Coloring Club," CA 6:30 Evening Movie, TH	10:30 Fun Fitness, CA 9 11:15 Checkers or Chess, CR <b>12:00 Bank Run &amp; Prescription Pickup: Have all information to Activity Dept by Tuesday @ 5pm</b> 1:30 Bingo, CA 2:00 Afternoon Movie, TH 3:30 Let's Bake Some Treats!, CA <b>3:30 Ladies' card games, CR</b> 6:30 Evening Movie, TH	10:30 Simply Stretch Class: Calm your body & your mind, TH 10 11:15 Walk Away the Pounds, CA 1:30 Crafts with a Purpose, RP 2:00 Afternoon Movie, TH 3:30 Bean Bag Toss, JB 6:30 Evening Movie, TH	<b>PATRIOT DAY</b> 11 10:30 Exercise with Legacy Therapy, CA 11:15 Walk Away the Pounds, CA 1:30 Bingo, CA 2:00 Men's Pool Club, JB 2:00 Afternoon Movie, TH <b>3:30 Cocktail Hour with your neighbors!, CA</b> 6:30 Evening Movie, TH	9:30 Coffee Talk, CA 12 10:30 Walk Away the Pounds on Your Own 11:00 Saturday Morning Book Club, CR 3:00 Cards with Your Neighbors, CR 3:30 Money Bingo, CA 4:30 Coloring on Your Own, CR 6:30 Evening Movie, TH
9:30 Perk Up with Coffee Talk, OP 13 10:30 Live Oaks Service, TH 11:00 Walk Away the Pounds on Your Own 1:00 Reminiscing with Your Neighbors, OP 3:00 Puzzles & Coloring on Your Own, CA 3:30 Bingo, DR 6:30 Evening Movie, TH	10:30 Fun Fitness, CA 14 11:15 Walk Away the Pounds, CA 1:30 Crafts with a Purpose, RP 1:30 Bingo, CA 2:00 Men's Pool Club, JB 2:00 Afternoon Movie, TH 3:00 Crafting Fun, RP 6:30 Evening Movie, TH	10:30 Simply Stretch Class: Calm your body & your mind, TH 15 2:00 Afternoon Movie, TH 2:00 Spa Time: Contact Sue for appointment, CA 3:00 Trivia, CA 4:00 The Willows "Coloring Club," CA 6:30 Evening Movie, TH	10:30 Fun Fitness, CA 16 11:15 Walk Away the Pounds, CA <b>12:00 Bank Run &amp; Prescription Pickup: Have all information to Activity Dept by Tuesday @ 5pm</b> 1:30 Bingo, CA 2:00 Afternoon Movie, TH 2:30 Putt-Putt Golf, JB <b>3:30 Willows' Men's Club Board Games/Puzzles &amp; Cold Beer!, CR</b> 6:30 Evening Movie, TH	10:30 Simply Stretch Class: Calm your body & your mind, TH 17 1:30 Crafts with a Purpose, RP 2:00 Afternoon Movie, TH 3:30 Singalong to Your Favorite Songs!, CA 6:30 Evening Movie, TH	<b>ROSH HASHANAH BEGINS AT SUNSET</b> 18 10:30 Exercise with Legacy Therapy, CA 11:15 Walk Away the Pounds, CA 1:30 Bingo, CA 2:00 Men's Pool Club, JB 2:00 Afternoon Movie, TH <b>3:30 Awesome Music &amp; Dancin' Via Social Distancing, DR</b> 6:30 Evening Movie, TH	9:30 Coffee Talk, CA 19 10:30 Walk Away the Pounds on Your Own 11:00 Saturday Morning Book Club, CR 3:00 Cards with Your Neighbors, CR 3:30 Money Bingo, CA 4:30 Coloring on Your Own, CR 6:30 Evening Movie, TH
9:30 Perk Up with Coffee Talk, OP 20 10:30 Live Oaks Service, TH 11:00 Walk Away the Pounds on Your Own 1:00 Reminiscing with Your Neighbors, OP 3:00 Puzzles & Coloring on Your Own, CA 3:30 Bingo, DR 6:30 Evening Movie, TH	10:30 Fun Fitness, CA 21 11:15 Walk Away the Pounds, CA 1:30 Crafts with a Purpose, RP 1:30 Bingo, CA 2:00 Men's Pool Club, JB 2:00 Afternoon Movie, TH 3:00 Crafting Fun, RP 6:30 Evening Movie, TH	<b>AUTUMN BEGINS</b> 22 10:30 Simply Stretch Class: Calm your body & your mind, TH 2:00 Afternoon Movie, TH 2:00 Spa Time: Contact Sue for appointment, CA 3:00 Trivia, CA 4:00 The Willows "Coloring Club," CA 6:30 Evening Movie, TH	10:30 Fun Fitness, CA 23 11:15 Walk Away the Pounds, CA <b>12:00 Bank Run &amp; Prescription Pickup: Have all information to Activity Dept by Tuesday @ 5pm</b> 1:30 Bingo, CA 2:00 Afternoon Movie, TH 6:30 Evening Movie, TH	10:30 Simply Stretch Class: Calm your body & your mind, TH 24 1:30 Crafts with a Purpose, RP 2:00 Afternoon Movie, TH <b>3:30 Let's Make Creamsicle Floats, CA</b> 6:30 Evening Movie, TH	10:30 Exercise with Legacy Therapy, CA 25 11:15 Walk Away the Pounds, CA 1:30 Bingo, CA 2:00 Men's Pool Club, JB 2:00 Afternoon Movie, TH <b>3:30 Resident Talent Contest: Winner Gets a Prize! See Sue in advance to let her know your talent!, CA</b> 6:30 Evening Movie, TH <b>6:30 Live Entertainment Pat &amp; Earle LeVier, OP</b>	9:30 Coffee Talk, CA 26 10:30 Walk Away the Pounds on Your Own 11:00 Saturday Morning Book Club, CR 3:00 Cards with Your Neighbors, CR 3:30 Money Bingo, CA 4:30 Coloring on Your Own, CR 6:30 Evening Movie, TH
<b>YOM KIPPUR BEGINS AT SUNSET</b> 27 9:30 Perk Up with Coffee Talk, OP 10:30 Live Oaks Service, TH 11:00 Walk Away the Pounds on Your Own 1:00 Reminiscing with Your Neighbors, OP 3:00 Puzzles & Coloring on Your Own, CA 3:30 Bingo, DR 6:30 Evening Movie, TH	10:30 Fun Fitness, CA 28 11:15 Walk Away the Pounds, CA 1:30 Crafts with a Purpose, RP 1:30 Bingo, CA 2:00 Men's Pool Club, JB 2:00 Afternoon Movie, TH 3:00 Crafting Fun, RP 6:30 Evening Movie, TH	10:30 Simply Stretch Class: Calm your body & your mind, TH 29 2:00 Afternoon Movie, TH 2:00 Spa Time: Contact Sue for appointment, CA 3:00 Trivia, CA 4:00 The Willows "Coloring Club," CA 6:30 Evening Movie, TH	10:30 Fun Fitness, CA 30 11:15 Walk Away the Pounds, CA <b>12:00 Bank Run &amp; Prescription Pickup: Have all information to Activity Dept by Tuesday @ 5pm</b> 1:30 Bingo, CA 2:00 Afternoon Movie, TH <b>3:30 "Willows Men's Club" Board Games/Puzzles &amp; Cold Beer!, CR</b> 6:30 Evening Movie, TH	<div><div><b>Locations</b> Cafe, CA Card Room, CR Computer Room, COR Dining Room, DR</div><div><b>Transportation</b> Thursday, 9 a.m.-3 p.m.: All Travel For Doctors Appointments Are Currently On Hold Via Bus</div></div> <div><div>Fitness Center, FC Jukebox Room, JB Library, LB Lobby, L Memory Care, MC</div><div>Outing, O Outside Patio, OP Resident Program Room, RP Theatre, TH</div></div>		



SUNDAY		MONDAY		TUESDAY		WEDNESDAY		THURSDAY		FRIDAY		SATURDAY			
		<b>Transportation</b> Thursday, 9 a.m.-3 p.m.: All Travel For Doctors Appointments Are Currently On Hold Via Bus		9:15  Daily Chronicle 1 9:30  Noodle Exercise, TO 11:00  Bingo 1:00  Family Feud, S 1:30  Story Time 2:00  Coffee Talk, S 3:30 <i>Prayers &amp; Hymns, SE</i> 4:00  Stroll Around the Block, PF 7:00  Evening Goodies		9:15  Daily Chronicle 2 9:30  Noodle Ball, TO 10:00  Spa Time, TO 2:00  Coffee Talk, S 3:30  Puzzles with Friends 4:00  Our Afternoon Walk, TO 6:00  Ring Toss in the Living Room, TO 7:00  Evening Goodies		9:15  Daily Chronicle 3 9:30  Stretching to the Oldies, TO 10:30  Coloring 11:00  Bingo 1:00  Arts & Crafts 2:00  Coffee Talk, S 4:00  Stretching on the Patio 6:00  Cornhole in the Living Room, S 7:00  Evening Goodies		9:15  Daily Chronicle 4 9:30  Noodle Ball, TO 10:30  Color Me Happy 2:00  Coffee Talk, S 2:15  What's in a Picture 2:45  Bingo! <b>3:00  Neighbor Night, S</b> 4:00  Soaking Up the Afternoon Sun 6:00  Hand Massages 7:00  Evening Goodies		9:15  Daily Chronicle 5 9:30  Noodle Exercise, TO 2:00  Coffee Talk, S 2:30  Bingo 3:30  How Much Is It? 4:00  Let's Take a Walk Around the Block, SS 6:00  Horseshoes in the Living Room, S 7:00  Evening Goodies			
		9:15  Daily Chronicle 6 9:30  Stretching with Noodles, PF 10:00  Sunday Spiritual Services, SE 10:30  Church Hymns Singalong, SE 1:30  Afternoon Prayers & Hymns, SE 2:00  Coffee Talk, S 3:15  I Spy, E 6:00  Cornhole in the Living Room, S 7:00  Evening Goodies		<b>LABOR DAY</b> 7 9:15  Daily Chronicle 9:30  Noodle Ball, TO 11:00  Coloring 2:00  Coffee Talk, S 3:30 <i>Ring Toss</i> 4:00  Catching Some Rays 6:00  Retro TV, S 7:00  Evening Goodies		9:15  Daily Chronicle 8 9:30  Noodle Exercise, TO 11:00  Bingo 1:00  Family Feud, S 1:30  Story Time 2:00  Coffee Talk, S 3:30 <i>Prayers &amp; Hymns, SE</i> 4:00  Stroll Around the Block, PF 4:00  Arts & Crafts, SS 7:00  Evening Goodies		9:15  Daily Chronicle 9 9:30  Noodle Ball, TO 10:00  Spa Time, TO 2:00  Coffee Talk, S 3:30  Puzzles with Friends 4:00  Our Afternoon Walk, TO 6:00  Ring Toss in the Living Room, TO 7:00  Evening Goodies		9:15  Daily Chronicle 10 9:30  Stretching to the Oldies, TO 10:30  Coloring 11:00  Bingo 1:00  Arts & Crafts 2:00  Coffee Talk, S 6:00  Cornhole in the Living Room, S 7:00  Evening Goodies		<b>PATRIOT DAY</b> 11 9:15  Daily Chronicle 9:30  Noodle Ball, TO 10:30  Color Me Happy 2:00  Coffee Talk, S 2:15  What's in a Picture 2:45  Bingo! <b>3:00  Neighbor Night, S</b> 4:00  Soaking Up the Afternoon Sun 6:00  Hand Massages 7:00  Evening Goodies		9:15  Daily Chronicle 12 9:30  Noodle Exercise, TO 2:00  Coffee Talk, S 2:30  Bingo 3:30  How Much Is It? 4:00  Let's Take a Walk Around the Block, SS 6:00  Horseshoes in the Living Room, S 7:00  Evening Goodies	
9:15  Daily Chronicle 13 9:30  Stretching with Noodles, PF 10:00  Sunday Spiritual Services, SE 10:30  Church Hymns Singalong, SE 1:30  Afternoon Prayers & Hymns, SE 2:00  Coffee Talk, S 3:15  I Spy, E 6:00  Cornhole in the Living Room, S 7:00  Evening Goodies		9:15  Daily Chronicle 14 9:30  Noodle Ball, TO 11:00  Coloring 2:00  Coffee Talk, S 4:00  Catching Some Rays 6:00  Retro TV, S 7:00  Evening Goodies		9:15  Daily Chronicle 15 9:30  Noodle Exercise, TO 11:00  Bingo 1:00  Family Feud, S 1:30  Story Time 2:00  Coffee Talk, S 3:30 <i>Prayers &amp; Hymns, SE</i> 4:00  Stroll Around the Block, PF 7:00  Evening Goodies		9:15  Daily Chronicle 16 9:30  Noodle Ball, TO 10:00  Spa Time, TO 2:00  Coffee Talk, S 3:30  Puzzles with Friends 4:00  Our Afternoon Walk, TO 6:00  Ring Toss in the Living Room, TO 7:00  Evening Goodies		9:15  Daily Chronicle 17 9:30  Stretching to the Oldies, TO 10:30  Coloring 11:00  Bingo 1:00  Arts & Crafts 2:00  Coffee Talk, S 6:00  Cornhole in the Living Room, S 7:00  Evening Goodies		<b>ROSH HASHANAH BEGINS AT SUNSET</b> 18 9:15  Daily Chronicle 9:30  Noodle Ball, TO 10:30  Color Me Happy 2:00  Coffee Talk, S 2:15  What's in a Picture 2:45  Bingo! <b>3:00  Neighbor Night, S</b> 4:00  Soaking Up the Afternoon Sun 6:00  Hand Massages 7:00  Evening Goodies		9:15  Daily Chronicle 19 9:30  Noodle Exercise, TO 2:00  Coffee Talk, S 2:30  Bingo 3:30  How Much Is It? 4:00  Let's Take a Walk Around the Block, SS 6:00  Horseshoes in the Living Room, S 7:00  Evening Goodies			
9:15  Daily Chronicle 20 9:30  Stretching with Noodles, PF 10:00  Sunday Spiritual Services, SE 10:30  Church Hymns Singalong, SE 1:30  Afternoon Prayers & Hymns, SE 2:00  Coffee Talk, S 3:15  I Spy, E 6:00  Cornhole in the Living Room, S 7:00  Evening Goodies		9:15  Daily Chronicle 21 9:30  Noodle Ball, TO 11:00  Coloring 2:00  Coffee Talk, S 3:00  Puzzles with Friends 3:30 <i>Ring Toss</i> 4:00  Catching Some Rays 6:00  Retro TV, S 7:00  Evening Goodies		<b>AUTUMN BEGINS</b> 22 9:15  Daily Chronicle 9:30  Noodle Exercise, TO 11:00  Bingo 1:00  Family Feud, S 1:30  Story Time 2:00  Coffee Talk, S 3:30 <i>Prayers &amp; Hymns, SE</i> 4:00  Stroll Around the Block, PF 4:00  Arts & Crafts, SS 7:00  Evening Goodies		9:15  Daily Chronicle 23 9:30  Noodle Ball, TO 10:00  Spa Time, TO 2:00  Coffee Talk, S 3:30  Puzzles with Friends 4:00  Our Afternoon Walk, TO 6:00  Ring Toss in the Living Room, TO 7:00  Evening Goodies		9:15  Daily Chronicle 24 9:30  Stretching to the Oldies, TO 10:30  Coloring 11:00  Bingo 1:00  Arts & Crafts <b>1:00  Monthly Birthday Party, SE</b> 2:00  Coffee Talk, S 6:00  Cornhole in the Living Room, S 7:00  Evening Goodies		9:15  Daily Chronicle 25 9:30  Noodle Ball, TO 10:30  Color Me Happy 2:00  Coffee Talk, S 2:15  What's in a Picture 2:45  Bingo! <b>3:00  Neighbor Night, S</b> 4:00  Soaking Up the Afternoon Sun 6:00  Hand Massages 7:00  Evening Goodies		9:15  Daily Chronicle 26 9:30  Noodle Exercise, TO 2:00  Coffee Talk, S 2:30  Bingo 3:30  How Much Is It? 4:00  Let's Take a Walk Around the Block, SS 6:00  Horseshoes in the Living Room, S 7:00  Evening Goodies			
<b>YOM KIPPUR BEGINS AT SUNSET</b> 27 9:15  Daily Chronicle 9:30  Stretching with Noodles, PF 10:00  Sunday Spiritual Services, SE 10:30  Church Hymns Singalong, SE 1:30  Afternoon Prayers & Hymns, SE 2:00  Coffee Talk, S 3:15  I Spy, E 6:00  Cornhole in the Living Room, S 7:00  Evening Goodies		9:15  Daily Chronicle 28 9:30  Noodle Ball, TO 11:00  Coloring 2:00  Coffee Talk, S 4:00  Catching Some Rays 6:00  Retro TV, S 7:00  Evening Goodies		9:15  Daily Chronicle 29 9:30  Noodle Exercise, TO 11:00  Bingo 1:00  Family Feud, S 1:30  Story Time 2:00  Coffee Talk, S 3:30 <i>Prayers &amp; Hymns, SE</i> 4:00  Stroll Around the Block, PF 7:00  Evening Goodies		9:15  Daily Chronicle 30 9:30  Noodle Ball, TO 10:00  Spa Time, TO 2:00  Coffee Talk, S 3:30  Puzzles with Friends 4:00  Our Afternoon Walk, TO 6:00  Ring Toss in the Living Room, TO 7:00  Evening Goodies		<div>Locations Creative &amp; Artistic Wellness, CA Experiential Wellness, E PrimeFit, PF</div> <div>Daily Refreshments are served: 10:30 a.m., 2:30 p.m. &amp; 7:30 p.m. <b>Daily Programs are subject to change.</b></div>						<div>Sensory Stimulation, SS Social Integration, S Spiritual &amp; Emotional Wellness, SE Therapeutic Opportunities, TO</div> <div><b>opal key</b>  Physical  Social  Experiential  Emotional &amp; Spiritual  Creative &amp; Artistic  Therapeutic  Sensory</div>	