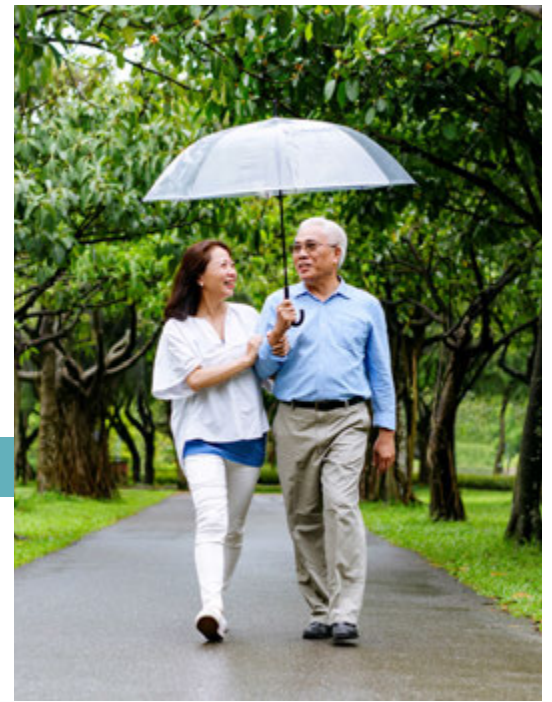


# livfun

Broadway Proper

APRIL 2020 · SOUNDS OF SPRING



## Until Next Year

That's a wrap on February Fitness Frenzy this year. Thank you to everyone who participated and donated to this wonderful cause. We raised over \$2,100 and had a total of 291,648 active minutes! That is incredible and you should all be very proud of yourselves! Enjoy some of the photos recapping our fun adventures in February. Also don't forget that just because February Fitness is over that doesn't mean you have to stop getting fit! Make sure to keep joining us in exercise and activities all year round! Until next year, thank you for all your hard work in getting Fit for Philanthropy!

*(Photos continued on back.)*



*Congratulations to our third place FFF Walk Winners!*



*Our second place goes to Aaron and Dorothy!*



*Our first place winners are Marie Russel (not pictured) and Kim Olsen! Congratulations!*



*Our walk at Reid Park was beautiful!*



*The Pima Air and Space Museum was one for the books!*



*Amy was our most active staff member! You go, girl!*



*Brittany and Burt made a great team!*



*Thank you to everyone who participated in the Carnival!*



*Seated Volleyball was a blast!*



## Communication From Leisure Care

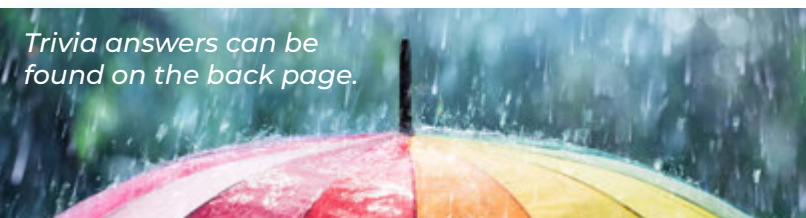
It goes without saying that we are living in an unprecedented and challenging time. When you opened this newsletter, you were likely expecting to see your monthly activities calendar. Due to COVID-19, we have canceled all activities throughout the community and are instead using this space to provide you helpful information and some ideas and activities while social distancing.

With 50 communities in 17 states, like all of you, we have been closely monitoring the developments that are changing daily and, in some cases, hourly. With that in mind, we are regularly modifying our protocol in alignment with best practices as determined by the CDC and state regulatory bodies, while also seeking alignment with our company values of doing the right thing. With all that is going on, our priorities have not changed; the health of our residents and employees remains our main focus.

For our most recent updates, visit [www.leisurecare.com/communication-plan](http://www.leisurecare.com/communication-plan). Please contact your management team if you have any questions about COVID-19.

## April Trivia

- How fast can raindrops fall?
- How many jelly beans are produced for Easter each year?
- What cloud shares its name with the Latin word for "rain"?
- What is the name of the dinner during the celebration of Passover?
- Green, white, purple and orange: Which of these is *not* a color of asparagus?
- Who wrote, "... April, dressed in all his trim Hath put a spirit of youth in everything"?
- What is April's birthstone?
- What is the name of April's full moon?
- Who sang the 1957 hit song "April Love"?
- About how many umbrellas are sold each year in the U.S.?
- Who was the U.S. president during the first White House Easter egg roll in 1878?
- What do they call an umbrella in England?
- In what year did the first Earth Day (April 22) take place?
- What common bird is known as the herald of springtime?



Trivia answers can be found on the back page.

## Keep Active With These Activities

- Carry on a daily routine as much as possible.
- Stay connected with family and friends by telephone, writing them a letter or email, or by using social media.
- Keep physically active as much as you can. Take advantage of the limited walks when possible, move around your apartment, and do simple seated stretches.
- Use this time as an opportunity. Read that book you've been wanting to get to, work on your favorite crafting project or hobby, take on a puzzle (Try the ones here in the newsletter!), start a journal, or learn something new.
- Unleash your inner artist with coloring pages or take up drawing or sketching.
- Organize something you've put off, such as that pile of papers, a drawer or shelf.
- Listen to your favorite music.
- If it's possible, use your TV's streaming service to catch up on some classic movies or one of those popular TV shows everyone's talking about.
- Use your device to research a topic you've always been interested in, learn some phrases in a foreign language, watch a YouTube tutorial or TED talk, or just laugh at some animal videos!
- Above all, maintain a positive attitude. You have likely coped with difficult situations before, and be reassured that you will cope with this current situation as well.

## Sudoku

The object of Sudoku is to fill all the blank squares with the correct numbers. Each row, column, and 3x3 subsection must include all digits 1-9 in any order.

*Solution can be found on the back page.*

8			1	3				
9	7	5			4			6
	4							
7					9			3
		3	6	7	2	4		
			5					
	3							5
4			3			1	7	8
				4	1			2

## Crossword Puzzle

1	2	3	4	5		6	7	8	9		10	11	12	13
14						15					16			
17						18					19			
20				21	22						23			
			24					25	26					
27	28	29					30					31	32	33
34						35						36		
37				38	39							40		
41				42								43		
44				45					46	47				
			48					49						
50	51	52					53					54	55	56
57						58	59				60	61		
62						63					64			
65						66					67			

### ACROSS

- Ice cream serving
- Man's nickname
- Second in a series
- Disease that attacks the muscles
- Mixture
- Future indicator
- \_\_\_ costs; regardless of the difficulty
- Very cruel
- Hankering
- Property buyer's concern
- Biblical line
- Rapidly growing item
- Got away
- Potato implement
- Cherished
- UV forerunners
- Jai \_\_\_
- Does an usher's job
- \_\_\_ tree; cornered
- Film set in a jungle
- Work unit
- Restores to health
- Pinnacle
- Cockney abode
- European river
- Makes changes in
- Mars' Greek counterpart
- Anthology entries
- Hastily
- "Wanna make \_\_\_?"
- Pronoun
- Painful problem
- Claw
- Ending for some girls' names
- Stable staple
- African antelope
- Like horse hooves
- Scottish language
- Violates
- SPCA's advice
- Place for sheep
- Pearl Buck heroine
- Word with olive or motor
- Gallup respondent
- Regally clothed
- \_\_\_ Bator, Mongolia
- Polite person's word
- Sound of grief
- Weary
- Kuwaiti leader
- Sri Lanka exports
- \_\_\_ Murray
- Opposed
- Suffix for wind or sand
- Genius
- Accomplishments
- Strip of wood
- San \_\_\_, California
- Warning device
- "Beetle Bailey" figure
- Postpone
- 100 paise
- Pierce
- Puts a burden on
- Painful spots
- Oak droppings
- Like a streaker
- Homes for some: abbr.
- Fruity concoction
- B, for one
- Was achy and feverish
- Fat
- Grows gray
- College major
- Singer's range
- Picnic spoilers
- Insult
- Sharpen
- Football players
- Gout spot
- One of a pair
- Chicken \_\_\_ king

### DOWN

1. SPCA's advice
2. Place for sheep
3. Pearl Buck heroine
4. Word with olive or motor
5. Gallup respondent
6. Regally clothed
7. \_\_\_ Bator, Mongolia
8. Polite person's word
9. Sound of grief
10. Weary
11. Kuwaiti leader
12. Sri Lanka exports
13. \_\_\_ Murray
19. Opposed
22. Suffix for wind or sand
24. Genius
25. Accomplishments
26. Strip of wood

*Solution can be found on the back page.*

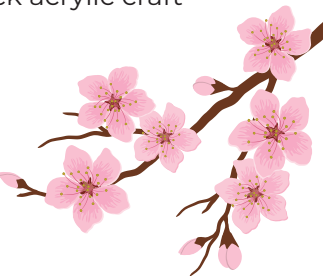
## Craft Corner

### Soda Bottle Spring Blossoms

It's easy to paint a beautiful cherry tree in bloom—just use a soda bottle as a stamp!

#### Materials:

- White piece of paper
- Paintbrush
- Dark brown or black acrylic craft paint or marker
- Light pink acrylic craft paint
- Small paper plate
- Empty plastic soda bottle



#### Directions:

Paint or draw a tree branch on the paper using the dark paint or marker. Let dry.

Pour some pink paint on the paper plate. Dip the bottom of the soda bottle into the paint so that the five bumps on the bottom of the bottle are covered.

Use the bottle to stamp pink cherry blossom flowers along the tree branch. Before stamping each flower, dip the bottle into the pink paint for a fresh coat.

Once dry, hang your artwork for all to see.

### Fragrant Flowers

Bring the scent of spring to a room, closet or drawer with this handmade air freshener.

#### Materials:

- Felt
- Scissors
- Sheet pan
- Parchment paper
- Essential oil (any scent)
- Needle and thread
- String
- Hot glue gun and glue

#### Directions:

Cut four circles out of the felt, each a bit smaller than the other. Cut evenly spaced slits around the edge of each circle to create petals.

Cover the sheet pan with parchment paper. Arrange the felt circles on the pan in a single layer and sprinkle each circle with a few drops of essential oil. Leave the pan in a sunny spot for an hour to let the scent soak in.

Layer the circles in a stack from largest to smallest. Sew an "X" through the center of the stack. To make a hanger, knot together two ends of a piece of string to create a loop, then glue the knotted end to the back of the flower.

When the scent fades, sprinkle the flower with more essential oil and let dry in a sunny spot.



# 50 Years of Earth Day

The modern-day environmental movement kicked off 50 years ago on the first Earth Day, April 22, 1970.

The annual event was created by Gaylord Nelson, a senator from Wisconsin who wanted to organize what he called a "national teach-in on the environment" that would educate the public about growing concerns such as pollution and deforestation. On the first Earth Day, 20 million people took part in rallies, raising awareness about environmental issues and appealing to protect the health of the planet.

Today, about 1 billion people in nearly 200 countries celebrate Earth Day. Join us at noon Poolside on April 22 as we get down to Earth with Bayada and great some beautiful fairy gardens!



## April Birthdays

Helen Pickens, 3rd	Barbara Kurtz, 17th
Barbara Adams, 4th	Charles Dumm, 17th
Ginni Zachariasen, 5th	Ted Pichel, 18th
Sharon Maggert, 6th	Lois Levy, 24th
Rowdy Stults, 7th	Sharon Smith, 25th
Donna Beatty, 8th	Karen Andrick, 28th
Juanita Peck, 9th	Ruth Ellen Purvis, 30th

## Library News

The Broadway Proper Library is located on the 3rd floor between hallways A and B and operates on the honor system. Select a book, and when you're finished, drop it in the return basket.

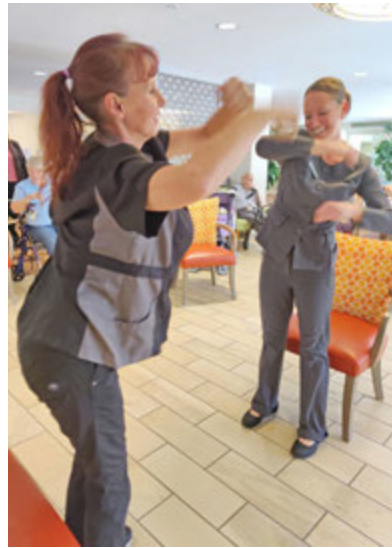
Currently, we have a good supply of large-print books thanks to the efforts of Jan Malik.

There is also a bookcase located on the second floor with many good books for your enjoyment located between A and B halls.

One fun fact about Broadway Proper is that we can boast about our own authors! Resident-written and -published books will be exhibited soon on a bookcase located in the F/H alcove on the 3rd floor. If you would like to have your published works located here, please contact Megan in Activities.

More news next month.

## Until Next Year (Continued)



Christina and Tessa impressed us all with over 100 seated squats!



Thanks again to all our winners and participants in our month-long Fitness Challenge!



Ray and April pushing through the pain with smiles and laughter!

## BROADWAY PROPER

LIVING BETTER THAN EVER

400 South Broadway Place  
Tucson, Arizona 85710  
520.296.3238

## Staff

**General Manager**  
Christina Millay

**Guest Services Manager**  
Raymond Mensing

**Community Sales Manager**  
Robin Jacob

**Sales Advisor**  
Brittany Pearce

**Sales and Move-in Coordinator**  
Amy Kent

**Chef**  
John Bass

**Health and Wellness Manager**  
April Gomez

**Health and Wellness Coordinator**  
Tessa Cryts

**Office Manager**  
Katrina Ellsworth

**Program Supervisor**  
Megan Wicker

**PrimeFit Instructor**  
Joel Yoder

**Housekeeping Supervisor**  
Mario Apalategui

**Plant Operations Supervisor**  
Tom Fischella

## Puzzle Solutions (from pages 2-3)

### April Trivia Answers

- |                  |                        |                         |
|------------------|------------------------|-------------------------|
| 1. Up to 22 mph! | 6. William Shakespeare | 11. Rutherford B. Hayes |
| 2. 16 billion    | 7. Diamond             | 12. A "brolly"          |
| 3. Nimbus        | 8. The pink moon       | 13. 1970                |
| 4. Seder         | 9. Pat Boone           | 14. Robin               |
| 5. Orange        | 10. 33 million         |                         |

### Crossword Solution

```

SCOOP RUSS BETA
POLIO OLIO OMEN
ATALL BARBARIAN
YEN LIEN VERSE
WEED FLED
MASHER DEAR RST
ALAI SEATS UPA
TARZANOFTHEAPES
ERG CURES PEAK
OME ODER ALTERS
ARES ODES
AMAIN ABET SHE
GALLSTONE TALON
ETTE OATS ELAND
SHOD ERSE RAPES
    
```

### Sudoku Solution

8	6	2	1	3	5	7	4	9
9	7	5	8	2	4	3	1	6
3	4	1	9	6	7	2	8	5
7	1	6	4	8	9	5	2	3
5	8	3	6	7	2	4	9	1
2	9	4	5	1	3	8	6	7
1	3	7	2	9	8	6	5	4
4	2	9	3	5	6	1	7	8
6	5	8	7	4	1	9	3	2