

livfun

Broadway Proper

JUNE 2020 • FUN IN THE SUN

Summer Is Here!

Beat the Heat! Tips from BAYADA Home Health Care!

People aged 65 and over are more prone to heat exhaustion and stroke, as they are less likely to sense and respond to changes in temperature. Here are some tips to help you avoid getting heat exhaustion or even worse, heat stroke:

1. Make sure to drink plenty of cool beverages such as water or juice. Avoid alcoholic or caffeinated beverages. Avoid extremely cold beverages, as they can cause muscle cramps. Don't wait until you are thirsty to drink.
2. Avoid going outdoors during the peak hours of the day, from 11 a.m.-2 p.m. Try to sit in a shady spot, such as under an umbrella or tree, and avoid sitting in the direct sun if possible.
3. Wear lightweight clothing when outside. Avoid wearing too many layers which can retain the heat on you.
4. Avoid strenuous activity in the heat. Keep walking to a minimum.
5. Take a cool shower, bath or sponge bath to cool down after spending time outside.
6. When the humidity and heat indexes are high, try to stay in an air conditioned climate to avoid getting overheated.

Remember this little jingle...

A cup of water per hour
Gives you the power
To beat the heat
And stay on your feet!



Make sure to
drink plenty
of water!



Father's Day Duos

Many children are obviously cut from the same cloth as their parents. This Father's Day, take a look at these famous fathers and their equally famous offspring:

John Adams and John Quincy Adams

— The first father-son duo to both serve as U.S. presidents (second and sixth, respectively), the Adams men left a lasting impression on American society and politics.

Muhammad Ali and Laila Ali — "The Greatest" heavyweight boxing champion must have passed on his winning genes to his youngest daughter, who was undefeated during her own eight-year career in the ring.

Paul McCartney and Stella McCartney

— Papa Paul has earned worldwide fame as a former Beatle and prolific songwriter; daughter Stella is a respected fashion designer.

Jerry Stiller and Ben Stiller — Funny runs in this family: Jerry Stiller, known for roles in the sitcoms "Seinfeld" and "The King of Queens," is the proud father of actor/comedian Ben Stiller, star of "Meet the Parents," "Zoolander" and the "Night at the Museum" films.

Quincy Jones and Rashida Jones — Grammy Award-winning artist Quincy Jones is best known for producing records for Frank Sinatra, Aretha Franklin and Michael Jackson, but modern audiences may be more familiar with his daughter, actress Rashida Jones. She has starred in the TV shows "The Office" and "Parks and Recreation."

From all of us at Broadway Proper, we wish the fathers a wonderful Father's Day!

Photo Gallery



Cinco de Mayo was great with all those margaritas being delivered!



Pat enjoyed her Easter surprise!

(Photos continued on back.)

A Message From Leisure Care

As we continue to navigate the situation brought on by COVID-19, we remain vigilant about social distancing and infection control protocols, based on guidelines from the CDC and state health agencies. Instead of our monthly calendar, we are using this space to provide some additional puzzles and activities that you can enjoy at your leisure.

Thank you for your commitment to doing your part in keeping other residents and team members safe. For our most recent updates, visit www.leisurecare.com/communication-plan. Please speak with your management team if you have any questions.

Summertime Snicker

Q: What holds the sun up in the sky?
A: Sunbeams!

Brain Bender: What a Catch!

Four buddies—Calvin, Gary, Nate and Stan—went fishing. They each caught a different kind of fish: bass, walleye, perch and trout. From the clues below, can you determine the first and last names of each fisherman, what kind of fish he caught, and how much the fish weighed (3, 6, 8 or 10 pounds)?

1. Stan's last name isn't Hall.
2. Calvin, whose last name isn't Reynolds, didn't catch the smallest fish.
3. The man who caught the 8-pound fish didn't catch the walleye.
4. Mr. White didn't catch the 6-pound trout.
5. Nate caught the perch.
6. The fish were caught in the following order, from smallest to largest: Mr. Hall, Gary Benson, bass, and Calvin.

TV Dads

Match the father figure character to the TV show he appeared in.

Fictional Father

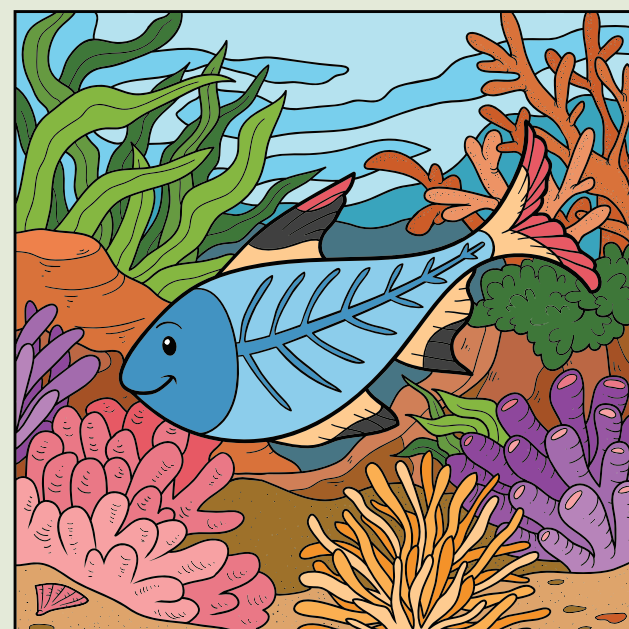
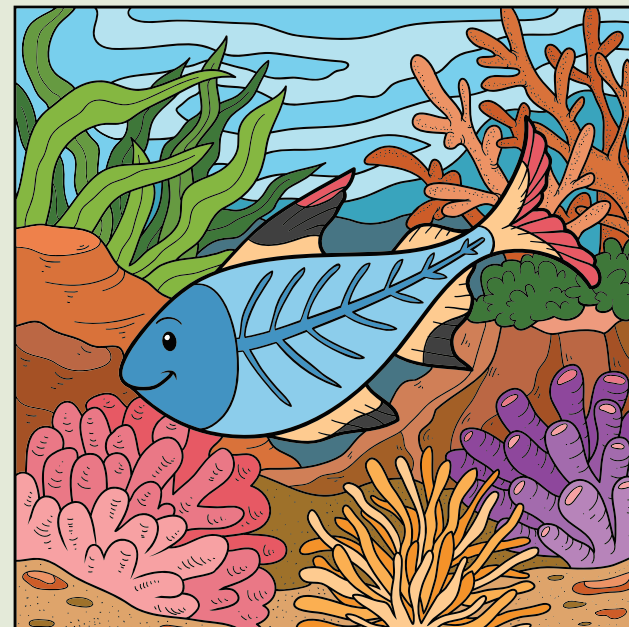
1. Tim Taylor
2. James Evans Sr.
3. Tom Corbett
4. Steve Douglas
5. Carl Winslow
6. Howard Cunningham
7. Jim Anderson

TV Show

- A. "Father Knows Best"
- B. "Home Improvement"
- C. "Good Times"
- D. "Family Matters"
- E. "My Three Sons"
- F. "Happy Days"
- G. "The Courtship of Eddie's Father"

Double Take

Fish around and find 10 differences in these two pictures.



Crossword Puzzle

1	2	3	4	5	6	7	8	9	10	11	12	13
14				15				16				
17				18				19				
20			21					22				
		23				24			25	26	27	
	28	29			30	31	32		33			
34				35		36		37				
38				39				40				
41				42				43				
44			45		46	47						
48			49	50		51						
		52			53	54			55	56	57	
58	59	60			61				62			
63					64				65			
66					67				68			

ACROSS

1. Use a dagger
5. Dull sound
9. Upper right-hand corner item
14. One not to be trusted
15. 1967 Montreal event
16. Comic strip Viking
17. Prefix for nautical or ballistics
18. "...had a farm, ___."
19. Pay homage to
20. Job holders
23. Rolled cube
24. Naples three
25. 7 Down sponsor, for short
28. Ordains
32. Befuddles
34. Leader assassinated in 1981
35. Forest creatures
37. German one
38. Work units
39. A la ___
40. ___ accompli
41. Dill herb
42. Laic response
43. Food lists
44. More to the point
46. Learned people
48. Grads-to-be: abbr.
49. Bulgaria's currency
51. Mich.'s neighbor
52. Besides
58. Informed
61. Circus performer
62. Church section
63. Boatman
64. Olympian Korbut
65. Lose one's footing
66. Beverages
67. Classic cars
68. Downhill conveyors

DOWN

1. Chunk
2. Row
3. Bern waterway
4. Shows to the public
5. Shrimp
6. Five dozen old Romans, plus two
7. Sports event
8. Gist
9. Distributed
10. Tiny amounts
11. In the past
12. Ruin the surface of
13. Prefix for shrunk or suppose
21. Launderer's concern
22. Rub away
25. Adaptable
26. Brilliant one
27. Those who help: abbr.
28. Sewer
29. Gardeners' machines
30. Cheese variety
31. Blisters
33. Pleadings
34. Theater necessities
36. Explosive peak
39. Gave a hoot
43. Educator Horace ___
45. Forefathers
47. Musical instruments
50. Projecting brim
52. Square footage
53. Far: pref.
54. Fictional villain
55. Merry prank
56. 57
57. Slangy responses
58. Band of electrical sparks
59. Court
60. Hole maker

Virtual Visits

You can get a free ticket to visit world-famous museums and attractions and use it without leaving the comfort of your chair. A wide range of virtual tours and online exhibits are available at your fingertips. Here are just a few you can explore.

- The Louvre, Paris.
Louvre.fr/en/visites-en-ligne
- National Gallery of Art, Washington, D.C.
NGA.gov
- Smithsonian National Museum of Natural History, Washington, D.C.
NaturalHistory.SI.edu
- San Diego Zoo, San Diego.
Zoo.SanDiegoZoo.org
- Monterey Bay Aquarium, Monterey, Calif.
MontereyBayAquarium.org/animals/live-cams

Word Ladders

In each set below, use the clues to change the first word, one letter at a time, to get the last word.

DAD

- ___ Took action
- ___ A cube with dots

TIE

- ___ Wide chasm
- ___ Sea-loving bird
- ___ Bovine patriarch

BALL

FISH

- ___ A tightly closed hand
- ___ Tiny water droplets
- ___ Chewing gum flavor
- ___ Two cups
- ___ Sewing accessories

FINS

Photo Gallery

(Continued)



We hope you all enjoyed your Cinco de Mayo!



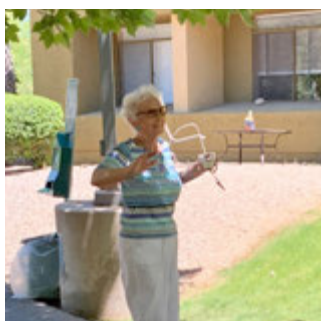
Crazy Hat Day while still staying 6 feet apart



Hawaiian Day was a blast! Thanks for the great drinks, Christina!



Easter was a little different this year, but it was still fun!



Margarita in hand, Helen was having a wonderful time listening to the mariachi band!



Nancy was our winner of the In Your Home Scavenger Hunt!



Thank you to everyone who participated in Leisure Care Heroes Day! More pictures to come next month!



Our Leisure Care Heroes!

BROADWAY PROPER

LIVING BETTER THAN EVER

400 South Broadway Place
Tucson, Arizona 85710
520.296.3238

Staff

General Manager

Christina Millay

Guest Services Manager

Raymond Mensing

Community Sales Manager

Robin Jacob

Sales Advisor

Brittany Pearce

Sales and Move-in Coordinator

Amy Kent

Chef

John Bass

Health and Wellness Manager

April Gomez

Health and Wellness Coordinator

Tessa Cryts

Office Manager

Katrina Ellsworth

Program Supervisor

Megan Wicker

PrimeFit Instructor

Joel Yoder

Housekeeping Supervisor

Mario Apalategui

Plant Operations Supervisor

Tom Fischella

June Birthdays

Norman Jennings, 4th	Jean Lohner, 14th
David Young, 4th	Ellen Nicholson, 21st
Margaret Doran, 6th	Jeane Cook, 21st
Kady Arnold, 7th	Barb Emmert, 21st
Georgia Stean, 13th	Marge Norris, 21st
Marjorie Jones, 13th	Tom Patrick, 24th
Marilyn Powers, 14th	Jean Lind, 25th
	Art Oslen, 26th

Puzzle Solutions

Brain Bender: What a Catch!

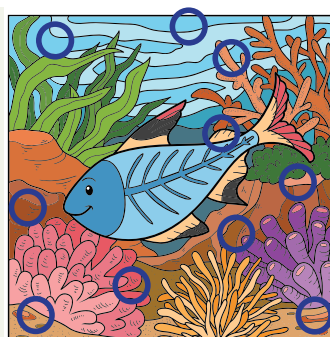
Nate Hall caught the 3-pound perch. Gary Benson caught the 6-pound trout. Stan Reynolds caught the 8-pound bass. Calvin White caught the 10-pound walleye.

TV Dads

1. B; 2. C; 3. G; 4. E; 5. D; 6. F; 7. A

Word Ladders

1. dad, did, die, tie; 2. golf, gulf, gull, bull, ball; 3. fish, fist, mist, mint, pint, pins, fins



S	T	A	B	P	L	O	P	S	T	A	M	P							
L	I	A	R	E	X	P	O	H	A	G	A	R							
A	E	R	O	E	I	E	I	A	D	O	R	E							
B	R	E	A	D	W	I	N	N	E	R	S								
				D	I	E	T	R	E	P	G	A							
				D	E	C	R	E	E	S	A	D	D	L	E	S			
				S	A	D	A	T	D	O	E	S	E	I	N	S			
				E	R	G	S	C	A	R	T	E	F	A	I	T			
				A	N	E	T	A	M	E	N	M	E	N	U	S			
				T	E	R	S	E	R	S	A	V	A	N	T	S			
				S	R	S	L	E	V	I	N	D							
								A	D	D	I	T	I	O	N	A	L	L	Y
				A	W	A	R	E	S	E	A	L	N	A	V	E			
				R	O	W	E	R	O	L	G	A	T	R	I	P			
				C	O	L	A	S	R	E	O	S	S	K	I	S			