

livfun

Mackenzie Place - Colorado Springs

FEBRUARY 2020 • FITNESS FRENZY

A Bundle of Cars and Joy by Angelo P. Stambene

The slight, but unmistakable drawl in James Vanley's soft voice is distinctly Texan. In fact, Vanley lived for 50 years in Dallas, but also spent time in Oklahoma and was born in Burton, Kan. in 1935. Times were tough and money was short, but Vanley had cars to buy and a career in newspapers to begin.

"I sold papers on the street corner when I was about seven," Vanley said, "They'd give me 25 papers to sell; if I sold all 25 I made 50 cents." By 16 years old, Vanley's first career as a typesetter began. "We'd take the stories and we'd arrange them in the pages," he said.

Eventually, Vanley wanted some horsepower and "I was 16 when I bought a 1941 Ford, two door sedan for \$300," Vanley recalled. For the next dozen years, Vanley worked as a typesetter and eventually married a piano player named Joy. "She was the prettiest girl in church," Vanley said and "the best thing that ever happened to me."

James and Joy cruised around in an assortment of cars that would make any collector jealous. About every five years, James would buy a new car. "When they got up to 50,000 (miles) on them, I usually got rid of them," he said.

Some of the classics included at 1949 Mercury four door sedan, a 1954 Chevrolet two door sedan and even a Chevy Impala. "In 1959, I bought a '59 four door, hard top Impala Chevrolet, with a 348 cubic inch engine with three carburetors. It passed everything but the gas station," Vanley said.

When Vanley was 28 years old, he decided to change careers. "My brother-in-law was going to college at North Texas ... got his real estate license, and I thought I might just try that," Vanley said. "So I went and got my real estate license and my broker license, and I worked 30 years in real estate."

The best part of the job, according to Vanley was the clientele, "I met a lot of nice people in real estate and made pretty good money." With the money came even more classic cars, such as a 1967 Dodge Charger and a 1977 Ford Van. "It was like a camper ... you fold the back seats (down) and you had a table there you could sit and eat. The kids liked that," Vanley said. The van was the car his wife, Joy, drove the most.

The crown jewel of Vanley's collection though, was a convertible 1984 Mercedes. "It was black and it was really pretty," he said. "I always wanted one."

If you would like to share your story in the monthly calendar, please contact the front desk.



GET FIT FOR PHILANTHROPY

What is the Fitness Frenzy?

A month-long campaign to motivate you to stay active and fit while raising money for community nonprofit programs and the One Eighty Foundation.

The Fitness Frenzy encourages everyone to team up for fitness.

Grab your friends, your staff, your vendors, even the UPS driver to join in our efforts to raise money for the One Eighty Foundation. Raising money to improve the lives of children and families is the mission of the foundation, which was founded by Leisure Care CEO Dan Madsen.

Anyone can participate in the Fitness Frenzy.

All we need from you is a commitment to stay fit. Get all of the materials from your community and then set your physical and pledge goals. Whether it is walking, dancing, Wii Sports, sitting aerobics or team activities, track your active minutes per day. Then ask your family and friends to pledge money for your physical activity. It's a fun way to be active and pay it forward to others. But, most of all, it's just plain FUN!

How much fun? In 2019, our employees and residents were active for 3,719,184 minutes and raised an impressive \$46,720! The goal for the campaign this year is \$65,000, approximately \$1,250 per Leisure Care community.

How do I get involved? Sign up or find out more at the front desk and visit our event website and start collecting pledges today:

ONEEIGHTYFOUNDATION.EJOINME.ORG/2020FITNESSFRENZY!

Happy 2020! New Year's Party!



Mary Hughes and Fern Meston



Dean Arnold and James Vanley



Joan Godbey and friends



James Vanley and tiny hat



Linton Kingsbury and daughter

Love Around the World

Valentine's Day is celebrated across the globe, and many countries have unique holiday traditions.

Germany: Heart-shaped gingerbread cookies with romantic messages written in icing are popular valentine gifts among German couples.

South Korea: Women give chocolate to men on Valentine's Day, then the gesture is returned on White Day, March 14, when men are the gift-givers. Single friends get together on Black Day, April 14, and dine on bowls of noodles covered with a black bean sauce.

Mexico: The holiday is known as the Day of Love and Friendship in this country, where friends as well as romantic partners gift each other candy, flowers, balloons and stuffed animals.

South Africa: The expression "wear your heart on your sleeve" is fitting for South African women, who pin the name of their love interest to their shirtsleeve for the day.

Peru: Orchids are the flower of choice for valentines here, since they are native to this South American nation.

Philippines: Hundreds of couples in this Asian country tie the knot in mass wedding ceremonies on Feb. 14.

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SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
Locations Arbours Lobby, AL Arbours Loft, L Arbours Piano Lounge, PL Arbours Theatre, AT Ballroom, BLM Bistro, B Creative Arts Room, CR Game Room, GR Library, LB Living Room, LR	Nancy Lewis Park, NLP Outing, O Outing \$, O-\$ Palmer's Dining Room, PDR Prepaid Outing \$, PPO-\$ PrimeFit, PF PrimeFit Pool, PFPL Stratton's Dining Room, SDR Terrace Driveway, TD Theatre, TH	Transportation Monday, 8:30 a.m. & 1 p.m.: Austin Bluffs, Academy, N. Union, N. Nevada Tuesday, 8:30 a.m. & 1 p.m.: Powers, Austin Bluffs, Academy & Union	Birthdays Catherine Dunn, 1st Suzanne Schenk, 2nd Ed Weissler, 3rd Trudy Hembree, 3rd Florence Zemitis, 3rd Jean Bennison, 4th Dorothy Priewe, 4th Tedde Myers, 8th Nina Gross, 9th Donald Good, 11th	Beverly Broin, 11th Donald Peterson, 12th Gloria Kessinger, 14th Bernadine Shipley, 18th Virginia Gray, 21st Robert Stratton, 23rd Janet Wilcox, 24th Mary Leinweber, 26th Joanne Dickinson, 27th		
9:15 Head to Toe 30, PF 2 10:00 Nondenominational Services, BLM 11:00 Sunday Brunch Buffet, B 11:00 Aqua Motion, PFPL 1:00 Tiddly Wink Dominoes, L 2:00 Groundhog Movie & Snack, TH 2:00 Poker, B 3:15 Bunco!, B 4:00 Hymns of Faith Singalong with Gordon Johnson, AL 4:30 Super Bowl Party!, B 5:30 Bingo Night!, BLM	9:15 Head to Toe 60, PF 3 10:00 Bible Study, BLM 10:00 Wii Bowling, TH 10:00 Mexican Train Dominoes, B 10:30 Fitness Frenzy, B 10:30 Uno, L 10:30 Aqua Fit Water Aerobics, PF 1:00 Resident-Led Bridge, CR 2:00 Ping Pong, PF 2:15 Poker, B	9:15 Head to Toe 30, PF 4 10:00 Arbours Head to Toe, L 10:30 Valentine Craft, BLM 10:30 Fitness Frenzy, B 10:45 Balance Principles, PF 1:30 Poker, B 3:00 Afternoon Movie, TH 3:00 Head to Toe 30, PF 3:00 Bingo!, BLM 4:30 Biaggis Italiano Dinner Outing, O	9:00 Catholic Communion Service, AT 5 9:15 Head to Toe 60, PF 9:30 Seamstress, PF 10:30 Fitness Frenzy, B 10:30 Uno!, L 10:30 Aqua Fit Water Aerobics, PFPL 11:00 Supervised Swim & Water Walking, PFPL 11:00 Town Hall Meeting, BLM 2:00 Rummikub, LB 3:00 Balance Beginners, PF 3:00 Music with Starlighters, PL	9:00 Cripple Creek, O 6 9:15 Head to Toe 30, PF 10:00 Arbours Head to Toe 30, L 10:30 Uno, L 10:30 Fitness Frenzy, B 10:45 Balance Principles, PF 1:00 Tiddly Wink Dominoes!, L 2:00 Poker, B 3:00 Afternoon Movie, TH 3:00 Head to Toe 30, PF 4:30 Philanthropic Dinner, B	9:15 Head to Toe 60, PF 7 9:30 Hand & Foot Card Game, B 10:00 Wii Bowling, TH 10:00 Uno, L 10:15 Positively Living with Daniel, CR 10:30 Fitness Frenzy, B 1:00 Chair Yoga, PF 2:30 Happy Hour: The Christians, B 3:00 Balance Beginners, PF 6:30 Movie Night!, TH	9:15 Head to Toe 30, PF 8 9:00 Golf Acres Mobile Optical, B 9:15 Head to Toe 30, PF 9:30 Hand & Foot Card Game, B 10:30 Aqua Fit Water Aerobics, PFPL 1:00 Tiddly Wink Dominoes, L 1:45 Blood Pressure Check, PF 2:15 Walking Club with Rebecca, PF 2:15 Poker, B 3:00 Afternoon Movie, TH 3:00 Tai Chi Flow, PF 3:45 Seated Tai Chi, PF
9:15 Head to Toe 30, PF 9 10:00 Nondenominational Services, BLM 11:00 Sunday Brunch Buffet, B 11:00 Aqua Motion, PFPL 2:00 Poker, B 3:15 Bunco!, B 4:00 Hymns with Gordon Johnson, AL 4:30 Oscar Night!, TH 5:30 Bingo Night!, BLM	9:15 Head to Toe 60, PF 10 10:00 Bible Study, BLM 10:00 Wii Bowling, TH 10:00 Mexican Train Dominoes, B 10:30 Fitness Frenzy, B 10:30 Uno, L 10:30 Aqua Fit Water Aerobics, PF 1:00 Resident-Led Bridge, CR 2:00 Ping Pong, PF 2:15 Poker, B 4:30 Texas T Bone Dinner Outing, O-\$	9:15 Head to Toe 30, PF 11 10:00 Arbours Head to Toe, L 10:30 Low Vision Support Group, CR 10:30 Fitness Frenzy, B 10:45 Balance Principles, PF 11:30 Lunch & Learn, BLM 1:30 Poker, B 3:00 Afternoon Movie, TH 3:00 Head to Toe 30, PF 3:00 Bingo!, BLM	9:00 Catholic Communion Service, AT 12 9:15 Head to Toe 60, PF 10:30 Aqua Fit Water Aerobics, PFPL 10:30 Jewelry Making with Rita, CR 10:30 Uno!, L 10:30 Fitness Frenzy, B 11:00 Supervised Swim & Water Walking, PFPL 1:00 Tiddly Wink Dominoes, L 2:00 Rummikub, LB 3:00 Dessert & Piano with Bud, PL 3:00 Balance Beginners, PF 5:00 Love Songs with Nate Stuart, LR	9:15 Head to Toe 30, PF 13 10:00 Pikes Peak Library, B 10:00 Arbours Head to Toe 30, L 10:00 Ask An Attorney, LB 10:30 Fitness Frenzy, B 10:30 Lunch + Movie Outing, O 10:45 Balance Principles, PF 1:00 Tiddly Wink Dominoes!, L 2:00 Poker, B 3:00 Afternoon Movie, TH 3:00 Head to Toe 30, PF	VALENTINE'S DAY 14 9:15 Head to Toe 60, PF 9:30 Hand & Foot Card Game, B 10:00 Wii Bowling, TH 10:00 Uno!, L 10:00 "Life's An Adventure" With Randy Mac!, BLM 10:15 Positively Living with Daniel, CR 10:30 Fitness Frenzy, B 1:00 Chair Yoga, PF 2:30 FEBRUARY BIRTHDAY BASH WITH GEORGE SISNEROS, B 3:00 Balance Beginners, PF 6:30 Valentine Movie Night!, TH	9:15 Head to Toe 30, PF 15 9:30 Hand & Foot Card Game, B 10:30 Aqua Fit Water Aerobics, PFPL 10:30 Barnes & Noble & Olive Garden, O 1:45 Blood Pressure Check, PF 2:15 Poker, B 2:15 Walking Club with Rebecca, PF 3:00 Afternoon Movie, TH 3:00 Tai Chi Flow, PF 3:45 Seated Tai Chi, PF
9:15 Head to Toe 30, PF 16 10:00 Nondenominational Services, BLM 11:00 Sunday Brunch Buffet, B 11:00 Aqua Motion, PFPL 1:00 Tiddly Wink Dominoes, L 2:00 Poker, B 3:15 Bunco!, B 4:00 Hymns of Faith Singalong with Gordon Johnson, AL 5:30 Bingo Night!, BLM	PRESIDENTS DAY 17 9:15 Head to Toe 60, PF 10:00 Bible Study, BLM 10:00 Wii Bowling, TH 10:00 Mexican Train Dominoes, B 10:30 Fitness Frenzy, B 10:30 Uno, L 10:30 Aqua Fit Water Aerobics, PF 1:00 Resident-Led Bridge, CR 2:00 Ping Pong, PF 2:15 Poker, B	9:15 Head to Toe 30, PF 18 10:00 Vitals Clinic with Optimal, LB 10:00 Arbours Head to Toe, L 10:30 Fitness Frenzy, B 10:45 Balance Principles, PF 1:30 AL Town Hall, AT 1:30 Poker, B 2:30 Music with Dan Gariepy, PL 3:00 Afternoon Movie, TH 3:00 Head to Toe 30, PF 3:00 Double Jackpot Bingo, BLM 4:30 Musashi Japanese Dinner Outing, O	9:00 Catholic Communion Service, AT 19 9:15 Head to Toe 60, PF 10:30 Aqua Fit Water Aerobics, PFPL 10:30 Uno!, L 10:30 Fitness Frenzy, B 11:00 Supervised Swim & Water Walking, PFPL 2:00 Rummikub, LB 3:00 Balance Beginners, PF 3:00 Music with David Michalicek, PL	9:00 Denver Aquarium Outing, O 20 9:15 Head to Toe 30, PF 10:00 Arbours Head to Toe 30, L 10:30 Uno, L 10:30 Fitness Frenzy, B 10:45 Balance Principles, PF 1:00 Tiddly Wink Dominoes!, L 2:00 Poker, B 3:00 Afternoon Movie, TH 3:00 Head to Toe 30, PF 4:30 Prime Rib, B	9:15 Head to Toe 60, PF 21 9:30 Hand & Foot Card Game, B 10:00 Wii Bowling, TH 10:00 Uno, L 10:15 Positively Living with Daniel, CR 10:30 Fitness Frenzy, B 1:00 Chair Yoga, PF 2:30 Happy Hour with Amy Hindman, B 3:00 Balance Beginners, PF 6:30 Movie Night!, TH	9:15 Head to Toe 30, PF 22 9:30 Hand & Foot Card Game, B 10:30 Aqua Fit Water Aerobics, PFPL 1:00 Tiddly Wink Dominoes, L 1:45 Blood Pressure Check, PF 2:15 Poker, B 2:15 Walking Club with Rebecca, PF 3:00 Afternoon Movie, TH 3:00 Tai Chi Flow, PF 3:45 Seated Tai Chi, PF
9:15 Head to Toe 30, PF 23 10:00 Nondenominational Services, BLM 11:00 Sunday Brunch Buffet, B 11:00 Aqua Motion, PFPL 1:00 Colorado Springs Philharmonic, O 2:00 Poker, B 3:15 Bunco!, B 4:00 Hymns with Gordon Johnson, AL 5:30 Bingo Night!, BLM	9:15 Head to Toe 60, PF 24 10:00 Bible Study, BLM 10:00 Wii Bowling, TH 10:00 Mexican Train Dominoes, B 10:30 Fitness Frenzy, B 10:30 Uno, L 10:30 Aqua Fit Water Aerobics, PF 1:00 Resident-Led Bridge, CR 2:00 Ping Pong, PF 2:15 Poker, B 4:30 Pueblo Viejo Dinner Outing, O	9:15 Head to Toe 30, PF 25 10:00 Arbours Head to Toe, L 10:00 Music with Skip Moore, PL 10:30 Fitness Frenzy, B 10:45 Balance Principles, PF 3:00 Afternoon Movie, TH 3:00 Head to Toe 30, PF 4:30 Mardi Gras Celebration!, B	ASH WEDNESDAY 26 9:00 Catholic Communion Service, AT 9:15 Head to Toe 60, PF 10:30 Aqua Fit Water Aerobics, PFPL 10:30 Uno!, L 10:30 Fitness Frenzy, B 11:00 Supervised Swim & Water Walking, PFPL 2:00 Rummikub, LB 3:00 Balance Beginners, PF	9:15 Head to Toe 30, PF 27 10:00 Pikes Peak Library, B 10:00 Arbours Head to Toe 30, L 10:30 Fitness Frenzy, B 10:30 Air Force Planetarium & Lunch, O 10:45 Balance Principles, PF 1:00 Tiddly Wink Dominoes!, L 2:00 Poker, B 3:00 Afternoon Movie, TH 3:00 Head to Toe 30, PF 3:30 BOOK CLUB, CR	9:15 Head to Toe 60, PF 28 9:30 Hand & Foot Card Game, B 10:00 Wii Bowling, TH 10:00 Uno!, L 10:15 Positively Living with Daniel, CR 10:30 Fitness Frenzy, B 1:00 Chair Yoga, PF 2:30 Happy Hour, B 3:00 Balance Beginners, PF 6:30 Movie Night!, TH	9:15 Head to Toe 30, PF 29 9:30 Hand & Foot Card Game, B 10:30 Aqua Fit Water Aerobics, PFPL 1:45 Blood Pressure Check, PF 2:15 Walking Club with Rebecca, PF 2:15 Poker, B 3:00 Afternoon Movie, TH 3:00 Tai Chi Flow, PF 3:45 Seated Tai Chi, PF

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
Birthdays Gloria Kessinger, 14th Daily Programs are subject to change. Afternoon Snack served daily at 2:30 p.m. opal key Physical Social Experiential Emotional & Spiritual Creative & Artistic Therapeutic Sensory						
9:20 ● Reach & Stretch 9:45 ● Nondenominational Church Service 10:00 ● Morning Movie Matinee 1:15 ● Afternoon Exercise 1:30 ● Good News & Views 2:00 ● Cornhole or Toss the Ball 2:30 ● Snack & Chat! 3:00 ● Travel with Rick Steves! 3:45 ● Hymn Sing 4:30 ● Super Bowl Sunday! 6:00 ● Hand Therapy 2	9:20 ● Reach & Stretch 10:00 ● Eldergrow 10:45 ● Indoor Gardening 11:00 ● Trivia Time 1:15 ● Afternoon Exercise 2:00 ● Cornhole or Toss the Ball 2:30 ● Snack & Chat! 3:00 ● Music Memories 3:30 ● Reminiscing & Discussion 4:15 ● Word Puzzles 6:00 ● Hand Massage 3	9:20 ● Reach & Stretch 9:50 ● Bingo 11:00 ● Conversation Cards 1:15 ● Afternoon Exercise 1:45 ● Short Story Reading 2:00 ● Karaoke Singalong 2:30 ● Snack & Chat! 3:15 ● Spiritual Sparkle & Devotional 4:00 ● Exercise with PrimeFit 6:00 ● Tuesday Night Concert Series 4	9:20 ● Reach & Stretch 10:00 ● Concert on Qello 10:00 ● Scenic Drive 11:00 ● Indoor Gardening 11:15 ● Tana & Dalmatian Pet Visit 1:15 ● Afternoon Exercise 1:45 ● Coloring 2:30 ● Snack & Chat! 3:00 ● Music Social in the Piano Lounge! 4:00 ● Let's Play Ball! 6:00 ● Documentary Dabble Night 6:30 ● Hand Massage 5	9:20 ● Reach & Stretch 10:00 ● Memories in the Making 11:30 ● Good News & Views 1:15 ● Afternoon Exercise 1:45 ● Short Story Reading 2:30 ● Snack & Chat! 3:00 ● Trivia & Crossword 3:30 ● Name That Tune! 4:00 ● Exercise with PrimeFit 6:30 ● Thursday Throwback Classic TV 6	9:20 ● Reach & Stretch 9:50 ● Arts & Crafts 10:15 ● Indoor Gardening 1:15 ● Afternoon Exercise 1:30 ● Friday Book Club! 2:30 ● Snack & Chat! 2:30 ● Happy Hour & Concert on Quello! 2:30 ● Entertainment in the Bistro 3:00 ● Hand Massage 4:00 ● Singalong on IN2L 6:00 ● Comedy TV Night 7	9:20 ● Reach & Stretch 9:50 ● Make Cards: National Send a Card Day 11:00 ● Exercise in PrimeFit 11:00 ● Indoor Gardening 1:15 ● Afternoon Exercise 1:45 ● Short Story Reading 2:00 ● Dice Games! 2:30 ● Snack & Chat! 3:00 ● Walking Club 4:00 ● Hand Therapy 6:00 ● Saturday Night Movie 8
9:20 ● Reach & Stretch 9:45 ● Nondenominational Church Service 10:00 ● Morning Movie Matinee 1:15 ● Afternoon Exercise 1:30 ● Good News & Views 2:00 ● Cornhole or Toss the Ball 2:30 ● Snack & Chat! 3:00 ● Travel with Rick Steves! 3:45 ● Hymn Sing 4:00 ● Classic TV 6:00 ● Hand Therapy 6:00 ● Oscars Night! 9	9:20 ● Reach & Stretch 10:00 ● Cooking with Rhonda 10:45 ● Indoor Gardening 11:00 ● Trivia Time 1:15 ● Afternoon Exercise 2:00 ● Cornhole or Toss the Ball 2:30 ● Snack & Chat! 3:00 ● Music Memories 3:30 ● Reminiscing & Discussion 4:15 ● Word Puzzles 6:00 ● Hand Massage 10	9:20 ● Reach & Stretch 9:50 ● Bingo 11:00 ● Conversation Cards 1:15 ● Afternoon Exercise 1:45 ● Short Story Reading 2:00 ● Karaoke Singalong 2:30 ● Snack & Chat! 3:15 ● Spiritual Sparkle & Devotional 4:00 ● Exercise with PrimeFit 6:00 ● Tuesday Night Concert Series 11	9:20 ● Reach & Stretch 10:00 ● Concert on Qello 10:00 ● Scenic Drive 11:00 ● Indoor Gardening 11:15 ● Tana & Dalmatian Pet Visit 1:15 ● Afternoon Exercise 1:45 ● Coloring 2:15 ● Abe Lincoln's Birthday! Fun Facts/Trivia 2:30 ● Snack & Chat! 3:00 ● Music Social in the Piano Lounge! 4:00 ● Let's Play Ball! 6:00 ● Documentary Dabble Night 6:30 ● Hand Massage 12	9:20 ● Reach & Stretch 10:00 ● Memories in the Making 11:30 ● Good News & Views 1:15 ● Afternoon Exercise 1:45 ● Short Story Reading 2:00 ● Board Games Resident Choice 2:30 ● Snack & Chat! 3:00 ● Trivia & Crossword 3:30 ● Name That Tune! 4:00 ● Exercise with PrimeFit 6:30 ● Thursday Throwback Classic TV 13	VALENTINE'S DAY 9:20 ● Reach & Stretch 9:50 ● Arts & Crafts 10:15 ● Indoor Gardening 1:15 ● Afternoon Exercise 1:30 ● Friday Book Club! 2:15 ● Valentine's Day Social! 2:30 ● Snack & Chat! 3:00 ● Hand Massage 4:00 ● Singalong on IN2L 6:00 ● Comedy TV Night 14	9:20 ● Reach & Stretch 9:50 ● Bingo or Jingo 11:00 ● Exercise in PrimeFit 11:00 ● Indoor Gardening 1:15 ● Afternoon Exercise 1:45 ● Short Story Reading 2:00 ● Jigsaw Puzzles! 2:30 ● Snack & Chat! 3:00 ● Walking Club 4:00 ● Hand Therapy 6:00 ● Saturday Night Movie 15
9:20 ● Reach & Stretch 9:45 ● Nondenominational Church Service 10:00 ● Morning Movie Matinee 1:15 ● Afternoon Exercise 1:30 ● Good News & Views 2:00 ● Cornhole or Toss the Ball 2:30 ● Snack & Chat! 3:00 ● Travel with Rick Steves! 3:45 ● Hymn Sing 4:00 ● Classic TV 6:00 ● Hand Therapy 16	PRESIDENTS DAY 9:20 ● Reach & Stretch 10:00 ● Eldergrow 10:00 ● Presidents Day! 10:45 ● Indoor Gardening 11:00 ● Trivia Time 1:15 ● Afternoon Exercise 2:00 ● Cornhole or Toss the Ball 2:30 ● Snack & Chat! 3:00 ● Music Memories 3:30 ● Reminiscing & Discussion 4:15 ● Word Puzzles 6:00 ● Hand Massage 17	9:20 ● Reach & Stretch 9:50 ● Bingo 11:00 ● Conversation Cards 1:15 ● Afternoon Exercise 1:45 ● Short Story Reading 2:00 ● Karaoke Singalong 2:30 ● Snack & Chat! 3:15 ● Spiritual Sparkle & Devotional 4:00 ● Exercise with PrimeFit 6:00 ● Tuesday Night Concert Series 18	9:20 ● Reach & Stretch 10:00 ● Concert on Qello 10:00 ● Scenic Drive 11:00 ● Indoor Gardening 11:15 ● Tana & Dalmatian Pet Visit 1:15 ● Afternoon Exercise 1:45 ● Coloring 2:30 ● Snack & Chat! 3:00 ● Music Social in the Piano Lounge! 4:00 ● Let's Play Ball! 6:00 ● Documentary Dabble Night 6:30 ● Hand Massage 19	9:20 ● Reach & Stretch 10:00 ● Memories in the Making 11:30 ● Good News & Views 1:15 ● Afternoon Exercise 1:45 ● Short Story Reading 2:30 ● Snack & Chat! 3:00 ● Trivia & Crossword 3:30 ● Name That Tune! 4:00 ● Exercise with PrimeFit 6:30 ● Thursday Throwback Classic TV 20	9:20 ● Reach & Stretch 9:50 ● Arts & Crafts 10:15 ● Indoor Gardening 1:15 ● Afternoon Exercise 1:30 ● Friday Book Club! 2:30 ● Snack & Chat! 2:30 ● Happy Hour & Concert on Quello! 2:30 ● Entertainment in the Bistro 3:00 ● Hand Massage 4:00 ● Singalong on IN2L 6:00 ● Comedy TV Night 21	9:20 ● Reach & Stretch 9:50 ● Bingo or Jingo 11:00 ● Exercise in PrimeFit 11:00 ● Indoor Gardening 1:15 ● Afternoon Exercise 1:45 ● Short Story Reading 2:00 ● Dice Games! 2:30 ● Snack & Chat! 3:00 ● Walking Club 4:00 ● Hand Therapy 6:00 ● Saturday Night Movie 22
9:20 ● Reach & Stretch 9:45 ● Nondenominational Church Service 10:00 ● Morning Movie Matinee 1:15 ● Afternoon Exercise 1:30 ● Good News & Views 2:00 ● Cornhole or Toss the Ball 2:30 ● Snack & Chat! 3:00 ● Travel with Rick Steves! 3:45 ● Hymn Sing 4:00 ● Classic TV 6:00 ● Hand Therapy 23	9:20 ● Reach & Stretch 10:00 ● Cooking with Rhonda 10:45 ● Indoor Gardening 11:00 ● Trivia Time 1:15 ● Afternoon Exercise 2:00 ● Cornhole or Toss the Ball 2:30 ● Snack & Chat! 3:00 ● Music Memories 3:30 ● Reminiscing & Discussion 4:15 ● Word Puzzles 6:00 ● Hand Massage 24	9:20 ● Reach & Stretch 9:50 ● Bingo 11:00 ● Conversation Cards 1:15 ● Afternoon Exercise 1:45 ● Short Story Reading 2:00 ● Karaoke Singalong 2:30 ● Snack & Chat! 3:00 ● Music with George! 3:15 ● Spiritual Sparkle & Devotional 4:00 ● Exercise with PrimeFit 6:00 ● Tuesday Night Concert Series 25	ASH WEDNESDAY 9:00 ● Ash Wednesday 9:20 ● Reach & Stretch 10:00 ● Concert on Qello 10:00 ● Scenic Drive 11:00 ● Indoor Gardening 11:15 ● Tana & Dalmatian Pet Visit 1:15 ● Afternoon Exercise 1:45 ● Coloring 2:30 ● Snack & Chat! 3:00 ● Music Social in the Piano Lounge! 4:00 ● Let's Play Ball! 6:00 ● Documentary Dabble Night 6:30 ● Hand Massage 26	9:20 ● Reach & Stretch 10:00 ● Memories in the Making 11:30 ● Good News & Views 1:15 ● Afternoon Exercise 1:45 ● Short Story Reading 2:00 ● Bowling League! 2:30 ● Snack & Chat! 3:00 ● Trivia & Crossword 3:30 ● Name That Tune! 4:00 ● Exercise with PrimeFit 6:30 ● Thursday Throwback Classic TV 27	9:20 ● Reach & Stretch 9:50 ● Arts & Crafts 10:15 ● Indoor Gardening 1:15 ● Afternoon Exercise 1:30 ● Friday Book Club! 2:30 ● Snack & Chat! 2:30 ● Happy Hour & Concert on Quello! 2:30 ● Entertainment in the Bistro 3:00 ● Hand Massage 4:00 ● Singalong on IN2L 6:00 ● Comedy TV Night 28	9:20 ● Reach & Stretch 9:50 ● Bingo or Jingo 11:00 ● Exercise in PrimeFit 11:00 ● Indoor Gardening 1:15 ● Afternoon Exercise 1:45 ● Short Story Reading 2:00 ● Leap Year Social! 2:30 ● Snack & Chat! 3:00 ● Walking Club 4:00 ● Hand Therapy 6:00 ● Saturday Night Movie 29