# THE RESERVE RESTAURANT

## BREAKFAST SERVED 7:00 AM - 9:30 AM

#### Continental Plate 2

Fresh Fruit Cup, Light & Fit or Activia Yogurt Muffin of the Day

#### 🤎 Hot Cereals 1.50

Oatmeal or Cream of Wheat Served with Raisins and Brown Sugar Warm Milk

#### Berry Parfait 5/3

Fresh Berries topped with Yogurt and Granola

#### Cold Cereals 1.50

Cheerios, Honey-Nut Cheerios, Raisin Bran, Frosted Mini-Wheats, Frosted Flakes, Granola

## FDP HEARTY SPECIALTIES

#### FDP Two Eggs 4.50

Two Eggs (any style), Hash Browns and Toast Choice of: Bacon, Sausage Link or Patty

#### \*Ham Steak or Corned Beef Hash 6

4 oz Ham Steak/Corned Beef Hash, Two Eggs (any style), Hash Browns and Toast

#### FDP One Egg 3.75

One Egg (any style), Hash Browns and Toast Choice of: Bacon, Sausage Link or Patty

#### **Country Fried Steak 6**

Battered Cubed Steak topped with Country Style Gravy and Hash Browns

## **EGG DISHES**

#### \*Create Your Own Omelet 5

Spinach, Mushrooms, Tomatoes, Peppers, Salsa, Onions, Ham, Bacon Bits, Sausage, or Cheese

#### \*Eggs Benedict 7/4

English Muffins, Two Poached Eggs, Sliced Ham, and Sauce Hollandaise, Served with Fresh Fruit

#### 💙 \*Spinach and Feta Egg Whites 6

Sautéed Spinach, Scrambled Egg Whites, topped with Feta Cheese, served with Fresh Fruit Cup

## **GRIDDLE ME THIS, GRIDDLER!**

#### Buttermilk Pancakes 4/2 Two Buttermilk Pancakes with Syrup

#### Golden Waffle 4/3

Maple Syrup Add Fruit 1

## **SPECIALS**

Lox and Bagels (Everyday) 5 Biscuits and Sausage Gravy 5 (Sundays and Thursdays)

Assorted Danishes 1.25 - 4; Muffin of the Day 0.5; Cup of Berries 3

## \*South of the Border Burrito 4

Eggs, Cheddar and Jack Cheeses. Tomatoes. Onions and Bacon in a 12" Flour Tortilla, Served with a Side of Salsa

#### **V**\*Egg White Scramble 5

Egg Whites scrambled with Peppers, Onions, and Tomatoes, served with Fresh Fruit

Silver Dollar Pancakes 2/1 Four Mini Buttermilk Pancakes with Syrup

#### French Toast 4/2

Thick Sliced Egg Bread, Egg Battered, and Served with Maple Syrup and Powdered Sugar

## SIDES

\*Egg (any style) 1 Bacon, Sausage, or Toast 2 Hash Browns, Bagel, Yogurt, or Fresh Fruit Cup 3

Executive Chef Doug DeWindt - Dining Room Manager Michael Robichaud

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## \*McWindy 2.75

Toasted English Muffin, Sliced Ham, One Egg (any style), and American Cheese

# THE RESERVE RESTAURANT

## LUNCH SERVED 11:30 AM - 1:30 PM

Fairwinds Signature Soups 4/2 Hot and Fresh daily served with

### Fruit and Berry Parfait 5/3

Seasonal Fruits and Berries on Yogurt Topped with Granola

#### 🕈 \*From The Deli 6/5

Turkey Breast, Ham, Beef, Tuna, Chicken, Egg Salad, or Veggie (1 Side)

#### \*Half Sandwich & Cup of Soup 5

1/2 Deli Sandwich or 1/2 Grilled Cheese With Cup of Daily Soup (1 Side)

#### Toasted BLT 6/4

Bacon, Lettuce, Tomato, and Mayo Choice of Bread (1 Side)

#### Lox and Bagel 6

Smoked Salmon, Cream Cheese, Onions, Capers, Tomatoes, and choice of Toasted Bagel

#### Classic Caesar Salad 4

Romaine, Croutons, and Parmesan Add Chicken, Fried Shrimp or Shrimp Cocktail 4

#### FDP House Salad 4

Mixed Greens, Carrots, Cucumbers, and Tomato Add Chicken, Fried Shrimp or Shrimp Cocktail 4

#### The Reserve 4

Scoop of Tuna, Chicken or Egg Salad on Mixed Greens with Tomatoes, Cucumbers and Roll

#### \*Chinese Chicken Salad 7/5

Mixed Greens, Chicken, Noodles, Carrots, Celery, Mushrooms, Mandarin Oranges, Cashews, and Crispy Wontons tossed in \*Ginger Dressing

#### Southwest Veggie Wrap 7

12" Flour Tortilla, Tomato, Lettuce, Red Onion, Green Chili, Avocado, Pepper Jack, Salsa Mayo (1 Side)

#### 🛡 FDP Club Wrap 7

12" Flour Tortilla, Roast Turkey, Bacon, Lettuce, Tomato, and Ranch Dressing (1 Side)

### FROM THE GRILL

#### Chef's Daily Special 7/6

Selection Served with Soup or Salad, 2 Sides and Dessert of the Day

#### Hebrew National Hot Dog 6

All Beef 1/4 lb. Hot Dog on a Toasted Bun Please ask server for Relish, Diced Onions or Tomato (1 Side)

#### \*Grilled Deli Sandwich 8/6

Choice of \*Deli Meat Choice of Bread and Cheese (1 Side)

#### \*Three Egg Omelet 5

Choice of Two Ingredients, Choice of Cheese, and Choice of Toast (1 Side)

#### \*Open-Faced Filet Sandwich 13

Tenderloin on Grilled Garlic Bread Caramelized Onions & Provolone (2 Sides)

#### \*Atlantic Salmon 11/8

Steamed or Grilled (2 Sides)

#### \*The Grillers 8

Choice of \*Angus, \*Turkey or Chicken Breast, Choice of Cheese, Lettuce, Tomato and Onion, Served on a Brioche Bun (1 side)

#### \*Patty Melt or Tuna Melt 8

\*Angus Patty or Tuna Salad on Sourdough Bread with Grilled Onions and American Cheese (1 side)

#### The Classic Reuben 8/6

Corned Beef, Swiss Cheese, Thousand Island Dressing, and Sauerkraut on Grilled Rye Bread (1 Side)

#### \*Carb Smart Protein Plate 7

Choice of \*Angus, \*Turkey or Chicken Breast, Tomatoes, and Cottage Cheese

#### Philly Cheesesteak 8

Peppers, Onions and Provolone (1 side)

Applesauce, Whole Fruit, Fresh Fruit Cup, Coleslaw, or Lay's Classic Chips 1 Salad or Fruit of the Day, Cottage Cheese, or 1/2 Avocado 1.50 French Fries, Sweet Potato Fries, or Onion Rings 2

#### Cup of Berries 3

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## DINNER SERVED 4:00 PM - 7:00 PM

### **STARTERS**

Soup Du Jour 4/2 Bowl/Cup

Spanakopita 8/6 Spinach, Feta, and Oregano-Lemon Dip (5/3)

\*Jumbo Shrimp 8/6

Fried, Grilled, or Cocktail with Side Salad (6/4)

Chili Bowl 5 Chopped Red Onion and Grated Cheese

Mini Quesadilla 6

Served with Tomatoes, Onion, and Green Chilis Add Chicken or Shrimp 2

Chicken Wings or Tenders 5/4

Served with Carrot and Celery Sticks, and Blue Cheese Dressing (6/4)

\*Caesar / House Salad 4

Add Chicken Breast 4; Add Four Shrimp 5

## **ON THE LIGHTER SIDE**

Crab Cakes and Caesar 12/9

Pesto Aioli and Garlic Toast

\*Carb Smart Protein Plate 7

Choice of \*Angus, \*Turkey or Chicken Breast, Tomatoes, and Cottage Cheese

#### Cobb Salad 11/8

Chicken, Bacon, Bleu Cheese, Avocado, Tomato, Egg, and Green Onion on Mixed Greens

### Veggie Wrap 7

Tomato, Lettuce, Onion, Green Chili, Avocado, Pepper Jack Cheese

\*Angel Hair Pasta 7

Marinara and Parmesan Cheese, served with Garlic Toast Add Chicken Breast 4; Add Four Shrimp 5

## FROM THE GRILL

#### **Chicken Pesto Melt 8**

Open Faced Grilled Chicken Breast on Sourdough Bread with Provolone Cheese, Onion, Tomato, and Pesto (1 Side)

### Grilled Chicken Breast, Turkey, or Garden

**Burger 8** Served on Toasted Brioche Bun with Lettuce, Tomato, Pickles (1 Side)

#### \*Grilled Angus Burger 8 oz 8

Angus Patty on Brioche Bun with Lettuce, Tomato, and Mayo. Add bacon or chili upon request. (1 Side)

#### \*Twin Sliders 7/5

Grilled Mini-Angus Burgers on Toasted Brioche Bun with Lettuce, Tomato, Pickles, and Special Sauce

## MAIN ENTRÉES

### Artichoke Chicken 8

Grilled Chicken Breast, Artichoke, and Sundried Tomatoes (1 Side)

\*Filet of Atlantic Salmon 13/10

Poached or Grilled with Sun Dried Tomato Aioli (2 Sides)

Grilled Baby Back Ribs 14/11 Honey Barbecue (2 Sides)

### \*Lamb Loin Chops 17/13

Two Australian Double Chops, Cooked to Your Liking, and Served with Mint Jelly (2 Sides)

\*Filet Mignon 7 oz 17

With Maitre d'Hotel Butter (2 Sides)

Vegetable du Jour, Salad of the Day, Starch du Jour, Applesauce, or Fruit of the Day 1 French Fries, Sweet Potato Fries, or Onion Rings 2 All Berry Cup 3

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