

# THE ACKERLY

AT SHERWOOD

## *The Garden Dining Room Menu For the week of January 9<sup>th</sup> – 15<sup>th</sup>*

### Sunday

Lunch: Asian Chicken Salad GF 11  
Supper: BBQ Chicken w/ Mashed Sweet Potato & Cornbread GF 12  
Soup: Split Pea & Ham GF

### Monday

Lunch: Tuna Noodle Casserole\* w/ Fresh Fruit 11  
Supper: Yogurt Chicken w/ Wild Rice Pilaf & Green Beans GF 12  
Soup: Beef Barley

### Tuesday

Lunch: Crunchy Beef Tacos\* (2) w/ Refried Beans & Rice 11  
Supper: Country Fried Steak\* w/ Baked Potato & Broccoli 12  
Soup: Cream of Mushroom GF

### Wednesday

Lunch: Chicken Strips\* w/ French Fries 10  
Supper: Italian Sausage Baked Ziti\* w/ side salad & Garlic Bread 14  
Soup: 3 Bean and Bacon GF

### Thursday

Lunch: Chili Dog\* w/ Coleslaw & Tator Tots 9  
Supper: Meatloaf w/ Mashed Potatoes and corn GF 12  
Soup: Potato Leek GF

### Friday

Lunch: Meatball Sub Sandwich\* w/ Potato Chips 10  
Supper: Baked Cajun Cod w/ Steamed Rice & Glazed Carrots GF 14  
Soup: Clam Chowder GF

### Saturday

Lunch: Chicken, Walnut & Raisin Croissant\* w/ Fresh Fruit 9  
Supper: Lemon Pepper Chicken w/ Roasted Potatoes & Zucchini GF 12  
Soup: Beer Cheese GF

\* Green Star items contain Gluten \* Gluten free sub is available -Example; Gluten free bread, Corn tortilla, GF Pasta Please Inform kitchen if you want GF alternative